

Lake to Forest Triathlon

Overall Results by Distance: Long

PRELIMINARY RESULTS

SUBJECT TO CHANGE
Thu, Aug 4, 2005 17:40

OvrAll /	Gndr /	Div	N°	Name	Hometown/Sponsor	Div	Swim	min/100yds	T1	Bike	MPH	T2	Run	min/mi	Penalty	Total
1 /	1 /	1	193	Mcdurmid-Finley		Long Relay Mixed 11	00:23:21.0	01:33.4	00:00:21.3	00:53:33.7	28.01	00:00:18.2	00:38:55.5	06:16.7	+00:00	01:56:29.8
2 /	1 /	1	130	THOMPSON, Roger		Long M 30 - 34	00:24:43.4	01:38.9	00:00:51.4	00:59:08.7	25.36	00:00:32.8	00:39:35.7	06:23.2	+00:00	02:04:52.0
3 /	2 /	2	76	HADLEY, Brian	Sponsored by The Pai	Long M 30 - 34	00:26:27.3	01:45.8	00:01:19.2	01:00:26.1	24.82	00:00:41.1	00:38:22.5	06:11.4	+00:00	02:07:16.3
4 /	3 /	2	192	Sanpoint Title		Long Relay Mixed 11	00:21:47.0	01:27.1	00:00:06.0	01:00:18.4	24.87	00:00:16.4	00:46:17.5	07:28.0	+00:00	02:08:45.3
5 /	4 /	1	58	CHESNUT, Cameron	Vertical Earth	Long M 19 - 24	00:26:07.9	01:44.5	00:00:53.9	01:01:20.8	24.45	00:00:33.9	00:40:00.2	06:27.1	+00:00	02:08:56.7
6 /	5 /	3	158	Scates Family Racer		Long Relay Mixed 11	00:32:42.6	02:10.8	00:00:23.0	00:58:03.2	25.84	00:00:16.6	00:38:56.8	06:16.9	+00:00	02:10:22.3
7 /	6 /	3	140	WIRTH, Greg		Long M 30 - 34	00:24:49.2	01:39.3	00:01:26.5	01:06:36.7	22.52	00:00:32.0	00:39:03.4	06:18.0	+00:00	02:12:27.9
8 /	7 /	4	194	Waterline		Long Relay Mixed 11	00:24:50.5	01:39.4	00:00:00.0	00:00:00.0		01:00:39.8	00:46:48.5	07:33.0	+00:00	02:12:38.0
9 /	8 /	4	116	RANSON, Nicholas		Long M 30 - 34	00:25:43.0	01:42.9	00:01:16.5	01:05:04.7	23.05	00:00:53.1	00:44:53.5	07:14.5	+00:00	02:17:50.8
10 /	9 /	1	151	3 Gen		Long Relay M 111 an	00:23:33.0	01:34.2	00:00:19.9	01:13:57.1	20.28	00:00:22.0	00:40:31.6	06:32.2	+00:00	02:18:43.6
11 /	10 /	2	196	SAJOVIC, Mark		Long M 19 - 24	00:26:02.2	01:44.1	00:00:58.0	01:09:39.8	21.53	00:00:41.8	00:41:51.9	06:45.1	+00:00	02:19:13.7
12 /	11 /	1	55	BURNHAM, Ted		Long M 35 - 39	00:26:05.7	01:44.4	00:01:33.8	01:08:14.1	21.98	00:00:53.9	00:42:30.7	06:51.4	+00:00	02:19:18.3
13 /	12 /	1	82	HERTEL, Keith		Long M 40 - 44	00:26:31.8	01:46.1	00:01:20.6	01:06:41.6	22.49	00:00:48.7	00:44:06.5	07:06.9	+00:00	02:19:29.3
14 /	13 /	1	138	WELLING, Douglas	University of Idaho	Long M 25 - 29	00:28:20.1	01:53.3	00:01:11.4	01:05:02.7	23.06	00:00:31.6	00:44:32.9	07:11.1	+00:00	02:19:38.8
15 /	14 /	2	125	STEPHENS, Bob	Mechanical Engineeri	Long M 40 - 44	00:29:07.4	01:56.5	00:01:38.4	01:08:23.6	21.93	00:00:55.2	00:40:48.4	06:34.9	+00:00	02:20:53.0
16 /	15 /	1	131	TOWNSHEND, Brend		Long M 18 and under	00:30:47.8	02:03.2	00:01:28.4	01:05:47.2	22.80	00:00:49.1	00:44:36.8	07:11.8	+00:00	02:23:29.3
17 /	16 /	1	155	Hypoxia		Long Relay M 110 an	00:34:56.7	02:19.8	00:00:27.3	01:06:53.8	22.42	00:00:22.0	00:42:22.7	06:50.1	+00:00	02:25:02.5
18 /	17 /	1	144	YOST, Cory		Long M 45 - 49	00:34:18.1	02:17.2	00:01:35.3	01:06:27.1	22.57	00:00:54.4	00:42:04.9	06:47.3	+00:00	02:25:19.9
19 /	18 /	3	195	GANNON, Timothy		Long M 19 - 24	00:29:35.7	01:58.4	00:01:30.6	01:08:47.3	21.81	00:00:52.3	00:44:43.8	07:12.9	+00:00	02:25:29.7
20 /	1 /	1	37	SEIFERT, Ann		Long F 45 - 49	00:29:06.5	01:56.4	00:01:42.5	01:10:16.9	21.34	00:00:42.3	00:45:23.5	07:19.3	+00:00	02:27:11.7
21 /	19 /	3	141	WOOD-GAINES, Kirk		Long M 40 - 44	00:29:01.0	01:56.1	00:01:26.8	01:10:28.7	21.28	00:00:51.7	00:45:32.6	07:20.8	+00:00	02:27:20.9
22 /	20 /	2	146	Baranski		Long Relay M 110 an	00:36:18.5	02:25.2	00:00:36.9	01:08:22.4	21.94	00:00:17.9	00:41:46.0	06:44.2	+00:00	02:27:21.8
23 /	21 /	2	81	HERN, Kent		Long M 45 - 49	00:27:34.1	01:50.3	00:01:30.7	01:09:18.3	21.64	00:00:45.5	00:48:30.1	07:49.4	+00:00	02:27:38.7
24 /	1 /	5	175	Wolf		Long Relay Mixed 11	00:31:51.3	02:07.4	00:00:26.7	01:17:32.7	19.34	00:00:21.6	00:37:49.2	06:06.0	+00:00	02:28:01.4
25 /	22 /	4	104	MAUGHAN, Michael		Long M 19 - 24	00:35:20.0	02:21.3	00:01:32.9	01:08:01.2	22.05	00:00:40.3	00:42:58.8	06:56.0	+00:00	02:28:33.2
26 /	23 /	1	132	TRAVIS, Bill		Long M 55 - 59	00:27:29.5	01:50.0	00:01:33.0	01:07:59.4	22.06	00:01:12.8	00:50:57.0	08:13.1	+00:00	02:29:11.6
27 /	2 /	1	26	MORIN, Laura		Long F 19 - 24	00:31:38.5	02:06.6	00:01:12.0	01:06:35.1	22.53	00:00:32.9	00:49:14.5	07:56.5	+00:00	02:29:13.0
28 /	24 /	2	118	RASMUSSEN, Robert		Long M 55 - 59	00:28:30.3	01:54.0	00:03:12.8	01:10:47.2	21.19	00:00:54.0	00:45:57.9	07:24.8	+00:00	02:29:22.3
29 /	25 /	2	147	Out of Hope		Long Relay M 111 an	00:29:07.9	01:56.5	00:00:31.2	01:17:49.0	19.28	00:00:16.8	00:41:42.3	06:43.6	+00:00	02:29:27.2
30 /	26 /	4	86	HOLMES, Greg		Long M 40 - 44	00:34:19.7	02:17.3	00:03:10.8	01:06:08.8	22.68	00:01:06.8	00:45:16.2	07:18.1	+00:00	02:30:02.3
31 /	27 /	5	85	HOFFMAN, Jonathan		Long M 19 - 24	00:26:15.3	01:45.0	00:02:47.8	01:11:26.0	21.00	00:01:15.4	00:49:04.8	07:55.0	+00:00	02:30:49.4
32 /	28 /	5	95	LAMSON, Russ		Long M 30 - 34	00:32:22.3	02:09.5	00:02:36.5	01:11:07.8	21.09	00:01:06.3	00:43:43.8	07:03.2	+00:00	02:30:56.8
33 /	29 /	3	159	Kuh and Company		Long Relay M 111 an	00:27:52.9	01:51.5	00:00:27.7	01:25:13.1	17.60	00:00:18.7	00:37:29.8	06:02.9	+00:00	02:31:22.2
34 /	30 /	3	97	LEWIS, Stephen		Long M 45 - 49	00:36:17.4	02:25.2	00:02:02.5	01:08:31.0	21.89	00:01:53.8	00:42:40.5	06:53.0	+00:00	02:31:25.2

Legend: Div - Your place in your age group or division
Gndr - Your place in your gender for the distance
OvrAll - Your place overall for the distance

Lake to Forest Triathlon

Overall Results by Distance: Long

PRELIMINARY RESULTS

SUBJECT TO CHANGE
Thu, Aug 4, 2005 17:40

OvrAll / Gndr / Div	N°	Name	Hometown/Sponsor	Div	Swim	min/100yds	T1	Bike	MPH	T2	Run	min/mi	Penalty	Total
35 / 31 / 4	129	THOMPSON, Rick	,	Long M 45 - 49	00:30:19.6	02:01.3	00:01:21.3	01:13:15.0	20.48	00:00:45.1	00:47:21.3	07:38.3	+00:00	02:33:02.4
36 / 32 / 2	78	HAGLER, Rob	,	Long M 35 - 39	00:32:14.9	02:09.0	00:02:27.8	01:11:11.6	21.07	00:00:57.5	00:46:12.7	07:27.2	+00:00	02:33:04.5
37 / 33 / 5	135	WACO, Steve	,	Long M 45 - 49	00:33:41.8	02:14.8	00:02:24.1	01:11:43.4	20.91	00:00:59.5	00:45:35.4	07:21.2	+00:00	02:34:24.2
38 / 34 / 3	66	ELKIN, Chad	,	Long M 35 - 39	00:32:12.4	02:08.8	00:01:30.1	01:15:01.3	19.99	00:00:58.0	00:46:02.5	07:25.6	+00:00	02:35:44.4
39 / 35 / 2	88	JEFFRES, Carson	,	Long M 25 - 29	00:35:10.3	02:20.7	00:03:21.8	01:09:39.1	21.54	00:01:54.9	00:45:47.6	07:23.2	+00:00	02:35:53.7
40 / 36 / 6	53	BOND, David	,	Long M 30 - 34	00:31:51.4	02:07.4	00:01:54.5	01:11:57.6	20.84	00:01:17.2	00:29:45.6	04:48.0	+00:00	02:36:46.0
41 / 3 / 1	183	Simwest		Long Relay F	00:23:24.2	01:33.6	00:00:27.8	01:17:14.5	19.42	00:01:32.1	00:55:40.2	08:58.8	+00:00	02:38:18.9
42 / 37 / 7	67	ELLIOTT, Tom	,	Long M 30 - 34	00:34:25.8	02:17.7	00:01:54.7	01:12:21.1	20.73	00:01:29.3	00:48:44.8	07:51.7	+00:00	02:38:55.6
43 / 38 / 5	103	MASON, Andrew	,	Long M 40 - 44	00:31:58.7	02:07.9	00:03:53.3	01:12:03.4	20.82	00:02:43.0	00:49:23.2	07:57.9	+00:00	02:40:01.6
44 / 39 / 6	117	RAPOPORT, Mike	,	Long M 40 - 44	00:29:41.7	01:58.8	00:01:55.6	01:12:03.1	20.82	00:01:46.1	00:54:58.2	08:52.0	+00:00	02:40:38.3
45 / 40 / 6	128	SWANSON, Patrick	,	Long M 19 - 24	00:30:22.1	02:01.5	00:02:01.0	01:18:10.3	19.19	00:01:04.0	00:49:31.9	07:59.4	+00:00	02:41:09.4
46 / 41 / 8	69	ENGEL, Brian	,	Long M 30 - 34	00:32:21.0	02:09.4	00:03:02.6	01:12:20.0	20.74	00:02:04.0	00:51:32.7	08:18.8	+00:00	02:41:20.4
47 / 42 / 4	57	CANNON, Shawn	,	Long M 35 - 39	00:34:40.4	02:18.7	00:01:51.9	01:11:06.4	21.10	00:02:13.9	00:51:43.2	08:20.5	+00:00	02:41:35.9
48 / 43 / 5	98	LIEUALLEN, Doug	,	Long M 35 - 39	00:27:34.7	01:50.3	00:02:01.8	01:14:57.3	20.01	00:00:31.3	00:56:32.5	09:07.2	+00:00	02:41:37.6
49 / 44 / 6	178	HAYNES, Austin	,	Long M 45 - 49	00:28:20.0	01:53.3	00:01:15.9	01:14:47.7	20.05	00:01:12.5	00:57:02.0	09:11.9	+00:00	02:42:38.1
50 / 45 / 1	106	MEIER, Paul	,	Long M 50 - 54	00:41:34.6	02:46.3	00:02:57.3	01:11:25.9	21.00	00:01:11.0	00:45:49.4	07:23.5	+00:00	02:42:58.3
51 / 4 / 1	27	MORRISSEY, Lisa	,	Long F 40 - 44	00:33:56.0	02:15.7	00:05:02.5	01:13:23.9	20.44	00:02:57.3	00:47:48.3	07:42.6	+00:00	02:43:08.0
52 / 46 / 6	84	HILTS, Michael	,	Long M 35 - 39	00:33:07.8	02:12.5	00:02:49.6	01:13:52.4	20.31	00:01:49.9	00:51:51.3	08:21.8	+00:00	02:43:31.0
53 / 5 / 2	43	WATSON, Kim	,	Long F 40 - 44	00:32:37.3	02:10.5	00:01:26.3	01:16:52.9	19.51	00:00:56.8	00:52:19.9	08:26.4	+00:00	02:44:13.2
54 / 6 / 1	14	HAUGEN, Sally	,	Long F 35 - 39	00:31:25.7	02:05.7	00:02:32.1	01:18:55.1	19.01	00:01:40.3	00:49:54.1	08:02.9	+00:00	02:44:27.3
55 / 47 / 7	62	DUNN, Scott	,	Long M 40 - 44	00:32:45.3	02:11.0	00:03:12.9	01:13:18.8	20.46	00:01:04.9	00:54:17.4	08:45.4	+00:00	02:44:39.4
56 / 48 / 2	137	WATKINS, Stan	,	Long M 50 - 54	00:36:31.4	02:26.1	00:01:59.0	01:13:05.3	20.52	00:01:20.1	00:51:56.7	08:22.7	+00:00	02:44:52.5
57 / 49 / 7	61	DEERING, Nathan	,	Long M 35 - 39	00:30:04.8	02:00.3	00:03:25.9	01:16:21.2	19.65	00:01:35.2	00:53:27.2	08:37.3	+00:00	02:44:54.4
58 / 7 / 2	1	ARMACOST, Cathy	,	Long F 45 -49	00:32:33.7	02:10.2	00:01:54.0	01:15:28.6	19.87	00:00:47.3	00:54:21.1	08:46.0	+00:00	02:45:04.2
59 / 50 / 7	92	KAESTNER, Dan	,	Long M 45 - 49	00:33:40.3	02:14.7	00:03:03.5	01:17:30.0	19.35	00:01:25.8	00:49:40.9	08:00.8	+00:00	02:45:20.5
60 / 51 / 8	71	FOWLER, Dave	,	Long M 35 - 39	00:34:29.8	02:18.0	00:02:04.9	01:18:04.3	19.21	00:01:21.0	00:49:28.1	07:58.7	+00:00	02:45:28.1
61 / 8 / 1	29	OBETZ, Molly	,	Long F 30 - 34	00:32:40.7	02:10.7	00:02:39.2	01:20:08.2	18.72	00:01:31.6	00:48:30.5	07:49.5	+00:00	02:45:30.3
62 / 52 / 1	154	Pend Oreille Stone-er		Long Relay Mixed 11	00:34:13.2	02:16.9	00:00:30.6	01:18:41.5	19.06	00:00:19.4	00:52:55.5	08:32.2	+00:00	02:46:40.2
63 / 53 / 8	73	GOOKSTETTER, Sco	,	Long M 45 - 49	00:36:28.4	02:25.9	00:02:07.0	01:15:27.8	19.88	00:01:15.6	00:51:46.9	08:21.1	+00:00	02:47:05.8
64 / 54 / 4	148	Faloon		Long Relay M 111 an	00:34:16.8	02:17.1	00:00:38.6	01:19:48.0	18.80	00:00:29.1	00:51:54.5	08:22.3	+00:00	02:47:07.0
65 / 55 / 9	74	GRAVES, Scott	,	Long M 30 - 34	00:32:26.9	02:09.8	00:02:35.8	01:13:43.6	20.35	00:01:29.7	00:56:55.2	09:10.9	+00:00	02:47:11.3
66 / 56 / 9	47	ABSALONSON, Rand	,	Long M 35 - 39	00:32:15.3	02:09.0	00:02:01.0	01:17:31.5	19.35	00:01:30.9	00:54:13.0	08:44.7	+00:00	02:47:31.7
67 / 57 / 8	122	SAVARISE, Mark	,	Long M 40 - 44	00:32:17.4	02:09.2	00:02:58.7	01:17:16.1	19.41	00:01:26.0	00:53:34.4	08:38.5	+00:00	02:47:32.6
68 / 9 / 2	180	KERRIGAN, Loran	SPOKANE, WA USA	Long F 19 - 24	00:30:31.0	02:02.1	00:01:07.2	01:18:22.9	19.14	00:00:47.8	00:57:00.4	09:11.7	+00:00	02:47:49.4

Legend: Div - Your place in your age group or division
Gndr - Your place in your gender for the distance
OvrAll - Your place overall for the distance

Lake to Forest Triathlon

Overall Results by Distance: Long

PRELIMINARY RESULTS

SUBJECT TO CHANGE
Thu, Aug 4, 2005 17:40

OvrAll /	Gndr /	Div	N°	Name	Hometown/Sponsor	Div	Swim	min/100yds	T1	Bike	MPH	T2	Run	min/mi	Penalty	Total
69 /	58 /	9	94	LAMAR, Tom	,	Long M 40 - 44	00:29:42.7	01:58.8	00:01:46.8	01:19:24.9	18.89	00:01:10.4	00:56:39.0	09:08.2	+00:00	02:48:43.9
70 /	59 /	9	123	SIMPSON, Tom	,	Long M 45 - 49	00:29:08.1	01:56.5	00:03:17.5	01:18:13.8	19.17	00:02:18.6	00:55:47.3	08:59.9	+00:00	02:48:45.4
71 /	60 /	6	150	CCC		Long Relay Mixed 11	00:38:06.2	02:32.4	00:00:40.7	01:04:06.1	23.40	00:00:23.1	01:05:42.0	10:35.8	+00:00	02:48:58.1
72 /	61 /	10	56	BUSH, Jerry	,	Long M 40 - 44	00:35:41.4	02:22.8	00:02:15.8	01:16:44.6	19.55	00:01:31.8	00:52:45.7	08:30.6	+00:00	02:48:59.4
73 /	62 /	7	134	ULMEN, Jeremy	,	Long M 19 - 24	00:42:44.8	02:51.0	00:02:53.4	01:15:10.2	19.95	00:01:32.8	00:46:42.9	07:32.1	+00:00	02:49:04.1
74 /	63 /	3	111	PEGAU, Rw	,	Long M 25 - 29	00:37:43.5	02:30.9	00:02:21.2	01:22:00.4	18.29	00:01:04.4	00:46:00.7	07:25.3	+00:00	02:49:10.3
75 /	10 /	1	13	HANNA, Arienne	,	Long F 18 and under	00:32:00.3	02:08.0	00:01:05.9	01:22:11.6	18.25	00:00:45.2	00:53:31.0	08:37.9	+00:00	02:49:34.0
76 /	11 /	3	32	ROBERTSON, Dori	,	Long F 40 - 44	00:34:25.1	02:17.7	00:04:16.4	01:24:33.4	17.74	00:01:27.0	00:45:03.2	07:16.0	+00:00	02:49:45.1
77 /	64 /	2	157	Team B6H-ER		Long Relay Mixed 11	00:32:32.4	02:10.2	00:00:24.6	01:23:57.3	17.87	00:00:20.6	00:52:35.1	08:28.9	+00:00	02:49:50.0
78 /	12 /	4	191	TONNEMAKER, Soni	,	Long F 40 - 44	00:37:01.0	02:28.1	00:02:54.8	01:16:18.5	19.66	00:01:34.0	00:52:06.2	08:24.2	+00:00	02:49:54.5
79 /	65 /	10	68	ELLSON, Philip	,	Long M 30 - 34	00:37:24.6	02:29.6	00:02:43.1	01:16:07.5	19.70	00:01:20.6	00:53:43.5	08:39.9	+00:00	02:51:19.3
80 /	66 /	3	112	PIERCE, John	,	Long M 55 - 59	00:34:50.5	02:19.4	00:04:09.5	01:21:11.3	18.48	00:01:31.6	00:49:56.5	08:03.3	+00:00	02:51:39.4
81 /	67 /	11	142	WOODRUFF, Kim	,	Long M 40 - 44	00:31:47.5	02:07.2	00:04:13.4	01:15:18.1	19.92	00:02:04.0	00:58:41.4	09:28.0	+00:00	02:52:04.4
82 /	68 /	10	136	WALLIS, Robert	,	Long M 45 - 49	00:37:57.5	02:31.8	00:03:07.5	01:17:59.0	19.23	00:01:19.7	00:51:58.3	08:23.0	+00:00	02:52:22.0
83 /	13 /	1	2	BASTIAN, Maria	,	Long F 25 - 29	00:36:49.5	02:27.3	00:03:30.2	01:20:01.5	18.74	00:00:49.4	00:51:17.0	08:16.3	+00:00	02:52:27.6
84 /	69 /	7	149	gownDown		Long Relay Mixed 11	00:49:46.0	03:19.1	00:00:28.4	01:09:15.6	21.66	00:00:17.6	00:52:43.1	08:30.2	+00:00	02:52:30.7
85 /	70 /	4	181	ULSCHMID, Tiede	,	Long M 25 - 29	00:44:13.6	02:56.9	00:02:56.6	01:12:37.8	20.65	00:01:18.8	00:51:28.8	08:18.2	+00:00	02:52:35.6
86 /	71 /	11	143	WYATT, Jim	,	Long M 45 - 49	00:39:41.6	02:38.8	00:04:27.4	01:20:03.1	18.74	00:01:22.2	00:47:11.3	07:36.7	+00:00	02:52:45.6
87 /	14 /	2	156	Sporty Forties		Long Relay F	00:36:55.0	02:27.7	00:00:32.7	01:21:24.3	18.43	00:00:35.0	00:53:29.1	08:37.6	+00:00	02:52:56.1
88 /	15 /	2	20	KRUSE, Gretchen	,	Long F 35 - 39	00:36:39.4	02:26.6	00:01:33.2	01:18:24.1	19.13	00:00:51.7	00:55:40.9	08:58.9	+00:00	02:53:09.3
89 /	72 /	12	89	JENSEN, George	,	Long M 45 - 49	00:26:33.3	01:46.2	00:02:34.0	01:17:45.6	19.29	00:01:34.9	01:04:51.1	10:27.6	+00:00	02:53:18.9
90 /	73 /	13	54	BURGSTAHLER, Sco	,	Long M 45 - 49	00:30:36.1	02:02.4	00:04:02.3	01:16:18.7	19.66	00:01:13.8	01:02:11.3	10:01.8	+00:00	02:54:22.2
91 /	74 /	12	48	ADAMSON, Scott	,	Long M 40 - 44	00:27:43.7	01:50.9	00:02:43.2	01:20:20.4	18.67	00:01:46.5	01:01:54.8	09:59.2	+00:00	02:54:28.6
92 /	16 /	5	198	FRASER, Janine	,	Long F 40 - 44	00:38:15.6	02:33.0	00:02:12.6	01:23:11.6	18.03	00:01:12.0	00:49:55.2	08:03.1	+00:00	02:54:47.0
93 /	75 /	14	99	LUND, Todd	,	Long M 45 - 49	00:42:14.1	02:48.9	00:02:08.1	01:19:17.4	18.92	00:01:05.6	00:50:13.4	08:06.0	+00:00	02:54:58.6
94 /	17 /	3	5	CYPROVA, Neda	,	Long F 35 - 39	00:39:10.6	02:36.7	00:03:11.3	01:24:22.4	17.78	00:02:01.0	00:46:58.0	07:34.5	+00:00	02:55:43.3
95 /	76 /	4	120	RICHARDS, Clark	,	Long M 55 - 59	00:41:16.5	02:45.1	00:03:40.7	01:21:03.6	18.50	00:01:35.7	00:48:58.5	07:54.0	+00:00	02:56:35.0
96 /	77 /	13	100	LUTZ, Chris	,	Long M 40 - 44	00:42:50.7	02:51.4	00:03:51.7	01:12:18.6	20.74	00:01:34.2	00:56:43.2	09:08.9	+00:00	02:57:18.4
97 /	78 /	14	189	PICKERING, Michael	,	Long M 40 - 44	00:42:36.2	02:50.4	00:01:41.1	01:22:31.2	18.18	00:01:40.7	00:49:03.0	07:54.7	+00:00	02:57:32.2
98 /	79 /	15	124	SOLA, Bob	,	Long M 45 - 49	00:31:38.0	02:06.5	00:03:03.7	01:36:08.2	15.60	00:02:04.8	00:46:13.8	07:27.4	+00:00	02:59:08.5
99 /	80 /	10	65	ELDORE, Ken	,	Long M 35 - 39	00:47:20.5	03:09.4	00:02:31.7	01:20:05.4	18.73	00:01:09.1	00:48:02.3	07:44.9	+00:00	02:59:09.0
100 /	18 /	2	25	MCLAUGHLIN, Heath	,	Long F 30 - 34	00:49:15.2	03:17.0	00:03:00.0	01:21:50.4	18.33	00:01:22.4	00:43:42.2	07:02.9	+00:00	02:59:10.2
101 /	81 /	5	80	HANSSSEN, Bill	,	Long M 55 - 59	00:37:23.0	02:29.5	00:01:55.4	01:21:08.4	18.49	00:01:09.7	00:57:53.2	09:20.2	+00:00	02:59:29.7
102 /	19 /	6	44	WOODRUFF, Gina	,	Long F 40 - 44	00:34:53.5	02:19.6	00:02:51.6	01:21:22.8	18.43	00:02:03.9	00:58:38.6	09:27.5	+00:00	02:59:50.4

Legend: Div - Your place in your age group or division
Gndr - Your place in your gender for the distance
OvrAll - Your place overall for the distance

Lake to Forest Triathlon

Overall Results by Distance: Long

PRELIMINARY RESULTS

SUBJECT TO CHANGE
Thu, Aug 4, 2005 17:40

OvrAll /	Gndr /	Div	N°	Name	Hometown/Sponsor	Div	Swim	min/100yds	T1	Bike	MPH	T2	Run	min/mi	Penalty	Total
103 /	82 /	3	51	ASHENBRENNER, D	,	Long M 50 - 54	00:34:24.2	02:17.6	00:02:43.6	01:22:37.5	18.15	00:01:26.2	00:59:25.3	09:35.0	+00:00	03:00:36.8
104 /	83 /	11	139	WILSON, Mark	,	Long M 35 - 39	00:34:11.4	02:16.8	00:01:42.9	01:21:11.5	18.47	00:00:52.4	01:03:07.7	10:10.9	+00:00	03:01:05.9
105 /	20 /	3	23	MAY, Deborah	,	Long F 45 - 49	00:39:50.9	02:39.4	00:02:26.8	01:19:58.7	18.76	00:01:13.8	00:57:43.4	09:18.6	+00:00	03:01:13.6
106 /	84 /	6	77	HADLEY, Don	,	Long M 55 - 59	00:35:16.1	02:21.1	00:03:55.0	01:21:32.7	18.39	00:02:33.0	00:58:24.6	09:25.3	+00:00	03:01:41.4
107 /	85 /	16	109	MYERS, Paul	,	Long M 45 - 49	00:33:21.4	02:13.4	00:03:28.1	01:25:54.5	17.46	00:02:03.0	00:57:05.9	09:12.6	+00:00	03:01:52.9
108 /	21 /	3	17	HUDSPETH, Karissa	,	Long F 30 - 34	00:41:06.6	02:44.4	00:02:31.4	01:24:34.3	17.74	00:01:27.0	00:52:35.8	08:29.0	+00:00	03:02:15.1
109 /	22 /	4	186	BARNES, Shannon	,	Long F 35 - 39	00:34:33.5	02:18.2	00:02:40.6	01:25:00.0	17.65	00:01:19.1	00:59:24.0	09:34.8	+00:00	03:02:57.2
110 /	86 /	12	91	JOHNSON, Tracy	,	Long M 35 - 39	00:42:49.1	02:51.3	00:04:42.8	01:22:31.7	18.18	00:01:38.6	00:51:47.0	08:21.1	+00:00	03:03:29.2
111 /	87 /	17	110	OAKLEY, Russ	,	Long M 45 - 49	00:32:26.3	02:09.8	00:02:07.5	01:27:38.3	17.12	00:01:34.7	01:00:21.3	09:44.1	+00:00	03:04:08.1
112 /	23 /	3	6	DARAKJY, Annie	,	Long F 19 - 24	00:29:35.5	01:58.4	00:02:23.2	01:34:46.4	15.83	00:01:12.7	00:56:21.8	09:05.5	+00:00	03:04:19.6
113 /	88 /	5	119	REESE, Nathan	,	Long M 25 - 29	00:33:57.4	02:15.8	00:04:21.3	01:19:41.7	18.82	00:01:48.5	01:04:44.3	10:26.5	+00:00	03:04:33.2
114 /	89 /	13	96	LEE, Brandon	,	Long M 35 - 39	00:41:36.5	02:46.4	00:03:10.7	01:23:11.5	18.03	00:01:36.4	00:55:00.1	08:52.3	+00:00	03:04:35.2
115 /	90 /	14	60	COLLEE, Randy	,	Long M 35 - 39	00:41:06.4	02:44.4	00:02:48.8	01:21:37.0	18.38	00:02:02.3	00:57:02.0	09:11.9	+00:00	03:04:36.5
116 /	91 /	11	126	STILES, Doug	,	Long M 30 - 34	00:38:36.1	02:34.4	00:03:04.5	01:13:29.1	20.41	00:02:31.7	01:07:01.6	10:48.6	+00:00	03:04:43.0
117 /	2 /	5	176	Obaliton	,	Long Relay M 111 an	00:45:21.1	03:01.4	00:01:01.1	01:21:17.2	18.45	00:00:24.5	00:56:45.5	09:09.3	+00:00	03:04:49.4
118 /	92 /	18	75	GROESBECK, Tom	,	Long M 45 - 49	00:36:03.1	02:24.2	00:03:24.1	01:21:03.5	18.51	00:02:02.4	01:02:25.4	10:04.1	+00:00	03:04:58.5
119 /	93 /	12	52	BLACK, Scott	,	Long M 30 - 34	00:44:54.9	02:59.7	00:03:02.3	01:14:30.5	20.13	00:01:23.4	01:01:12.5	09:52.3	+00:00	03:05:03.6
120 /	24 /	4	4	COPELAND, Mo	,	Long F 45 - 49	00:38:06.7	02:32.4	00:02:19.9	01:25:27.1	17.55	00:01:28.9	00:59:19.0	09:34.0	+00:00	03:06:41.6
121 /	94 /	13	87	HUDSPETH, Stephen	,	Long M 30 - 34	00:35:25.8	02:21.7	00:02:09.5	01:21:26.5	18.42	00:01:39.9	01:06:12.2	10:40.7	+00:00	03:06:53.9
122 /	95 /	3	145	arnold/smith	,	Long Relay M 110 an	00:36:18.2	02:25.2	00:00:41.3	01:21:21.8	18.44	00:00:25.5	01:08:12.2	11:00.0	+00:00	03:06:59.0
123 /	25 /	4	190	PETERSON, Jennifer	,	Long F 19 - 24	00:47:11.2	03:08.7	00:03:45.1	01:23:11.3	18.03	00:01:20.8	00:51:39.8	08:20.0	+00:00	03:07:08.2
124 /	96 /	15	177	MILLAN, Luis	,	Long M 35 - 39	00:38:09.3	02:32.6	00:03:27.7	01:24:12.0	17.81	00:02:12.0	00:59:45.2	09:38.3	+00:00	03:07:46.2
125 /	26 /	5	12	GAMACHE, Cheryl	,	Long F 45 - 49	00:44:10.8	02:56.7	00:03:32.6	01:23:28.0	17.97	00:01:56.4	00:55:00.3	08:52.3	+00:00	03:08:08.1
126 /	27 /	5	31	PULIZZI, Rhia	,	Long F 19 - 24	00:29:04.8	01:56.3	00:03:14.0	01:27:35.9	17.12	00:01:50.0	01:08:03.4	10:58.6	+00:00	03:09:48.1
127 /	28 /	1	34	SALVADORE, Kathy	,	Long F 50 - 54	00:41:45.7	02:47.0	00:04:08.2	01:25:04.3	17.63	00:02:08.7	00:56:50.0	09:10.0	+00:00	03:09:56.9
128 /	97 /	4	121	RUBIO, Rick	,	Long M 50 - 54	00:34:20.8	02:17.4	00:02:38.0	01:28:43.7	16.91	00:01:37.4	01:02:37.6	10:06.1	+00:00	03:09:57.5
129 /	98 /	7	93	KELLER, Steve	,	Long M 55 - 59	00:35:06.7	02:20.4	00:02:14.8	01:26:55.9	17.25	00:01:11.6	01:04:40.5	10:25.9	+00:00	03:10:09.5
130 /	29 /	6	40	SMITH, Vicky	,	Long F 45 - 49	00:36:59.5	02:28.0	00:03:49.7	01:21:52.4	18.32	00:02:14.3	01:05:31.4	10:34.1	+00:00	03:10:27.3
131 /	30 /	1	184	TRAVIS, Carol	,	Long F 55 - 59	00:35:18.9	02:21.3	00:02:58.3	01:29:47.1	16.71	00:01:48.3	01:01:13.1	09:52.4	+00:00	03:11:05.7
132 /	31 /	7	22	MAUER, Julie	,	Long F 40 - 44	00:35:55.9	02:23.7	00:03:30.8	01:28:53.7	16.87	00:01:53.1	01:00:52.9	09:49.2	+00:00	03:11:06.4
133 /	32 /	8	16	HOLMES, Lori	,	Long F 40 - 44	00:34:09.2	02:16.6	00:03:25.2	01:26:08.5	17.41	00:01:48.4	01:05:47.4	10:36.7	+00:00	03:11:18.7
134 /	99 /	15	64	DYE, Dennis	,	Long M 40 - 44	00:32:32.3	02:10.2	00:03:56.1	01:31:18.1	16.43	00:02:13.2	01:02:32.8	10:05.3	+00:00	03:12:32.5
135 /	33 /	5	45	WORDEN, Kathy	,	Long F 35 - 39	00:34:07.5	02:16.5	00:04:16.0	01:34:37.2	15.85	00:01:11.4	00:58:22.7	09:25.0	+00:00	03:12:34.8
136 /	34 /	9	30	PARTOLL, Linda	,	Long F 40 - 44	00:36:34.8	02:26.3	00:04:04.9	01:29:46.2	16.71	00:02:07.8	01:00:28.8	09:45.3	+00:00	03:13:02.5

Legend: Div - Your place in your age group or division
Gndr - Your place in your gender for the distance
OvrAll - Your place overall for the distance

Lake to Forest Triathlon

Overall Results by Distance: Long

PRELIMINARY RESULTS

SUBJECT TO CHANGE
Thu, Aug 4, 2005 17:40

OvrAll /	Gndr /	Div	N°	Name	Hometown/Sponsor	Div	Swim	min/100yds	T1	Bike	MPH	T2	Run	min/mi	Penalty	Total
137 /	100 /	19	70	ENGEL, George	,	Long M 45 - 49	00:44:07.3	02:56.5	00:03:54.0	01:26:18.1	17.38	00:01:52.5	00:58:17.3	09:24.1	+00:00	03:14:29.2
138 /	101 /	16	102	MARTIN, Michael	,	Long M 40 - 44	00:36:38.5	02:26.6	00:02:43.4	01:27:15.4	17.19	00:01:54.1	01:06:47.0	10:46.3	+00:00	03:15:18.4
139 /	102 /	2	63	DYE, David	,	Long M 18 and under	00:42:52.9	02:51.5	00:05:05.0	01:25:17.2	17.59	00:00:59.8	01:02:50.6	10:08.2	+00:00	03:17:05.5
140 /	103 /	20	114	POWERS, Rick	,	Long M 45 - 49	00:47:36.6	03:10.4	00:03:02.5	01:22:37.9	18.15	00:01:40.7	01:02:52.9	10:08.5	+00:00	03:17:50.6
141 /	104 /	8	79	HALOWSKI, Allan	,	Long M 55 - 59	00:41:19.0	02:45.3	00:04:30.0	01:22:29.7	18.18	00:02:05.8	01:09:55.4	11:16.7	+00:00	03:20:19.9
142 /	35 /	10	24	MCDONALD, Terri	,	Long F 40 - 44	00:44:59.5	03:00.0	00:02:19.6	01:30:18.7	16.61	00:03:07.2	01:00:05.3	09:41.5	+00:00	03:20:50.3
143 /	36 /	6	188	GORE, Diana	,	Long F 35 - 39	00:44:08.7	02:56.6	00:03:34.0	01:29:27.1	16.77	00:01:44.9	01:02:01.0	10:00.2	+00:00	03:20:55.7
144 /	37 /	11	182	HALE, Lisa	,	Long F 40 - 44	00:51:11.1	03:24.7	00:04:51.7	01:40:20.0	14.95	00:02:11.1	00:42:43.2	06:53.4	+00:00	03:21:17.1
145 /	38 /	4	42	WARWAS, Amy	,	Long F 30 - 34	00:40:04.7	02:40.3	00:06:23.1	01:27:14.1	17.19	00:02:23.9	01:05:51.7	10:37.4	+00:00	03:21:57.5
146 /	39 /	12	7	DYE, Karla	,	Long F 40 - 44	00:41:19.2	02:45.3	00:03:32.8	01:31:12.8	16.44	00:01:28.7	01:04:24.8	10:23.4	+00:00	03:21:58.3
147 /	105 /	16	49	ADDINGTON, Brad	,	Long M 35 - 39	00:43:44.4	02:55.0	00:06:25.0	01:32:06.7	16.28	00:04:00.0	00:56:23.3	09:05.7	+00:00	03:22:39.4
148 /	106 /	21	105	MAYO, Matthew	,	Long M 45 - 49	00:50:48.6	03:23.2	00:05:29.7	01:20:26.7	18.65	00:02:26.2	01:03:34.6	10:15.3	+00:00	03:22:45.8
149 /	40 /	13	39	SMITH, Cindy	,	Long F 40 - 44	00:48:00.8	03:12.1	00:05:27.6	01:26:38.6	17.31	00:02:49.0	01:00:05.8	09:41.6	+00:00	03:23:01.8
150 /	41 /	2	10	FENNESSY, Ann	,	Long F 55 - 59	00:42:19.9	02:49.3	00:03:47.9	01:30:39.2	16.55	00:02:05.8	01:04:49.8	10:27.4	+00:00	03:23:42.6
151 /	107 /	9	101	MAIXNER, Bob	,	Long M 55 - 59	00:39:11.8	02:36.8	00:06:58.3	01:30:17.3	16.61	00:03:19.9	01:03:57.7	10:19.0	+00:00	03:23:45.0
152 /	108 /	1	153	Lifetime Highs		Long Family Relay	00:39:23.0	02:37.5	00:00:34.8	01:50:20.1	13.59	00:00:30.4	00:53:39.7	08:39.3	+00:00	03:24:28.0
153 /	109 /	17	59	CLIFF, Ed	,	Long M 35 - 39	00:50:35.2	03:22.3	00:03:42.7	01:25:54.6	17.46	00:01:35.1	01:02:43.7	10:07.0	+00:00	03:24:31.3
154 /	42 /	7	35	SATER, Christy	,	Long F 45 -49	00:44:57.5	02:59.8	00:02:14.6	01:28:51.4	16.88	00:01:31.3	01:07:16.7	10:51.1	+00:00	03:24:51.5
155 /	110 /	10	113	POLIKOWSKY, Berni	,	Long M 55 - 59	00:47:26.8	03:09.8	00:04:41.8	01:33:33.1	16.03	00:01:45.1	00:59:42.8	09:37.9	+00:00	03:27:09.6
156 /	43 /	5	18	KNAPP, Kelly	,	Long F 30 - 34	00:45:33.9	03:02.3	00:03:25.3	01:36:54.3	15.48	00:01:57.0	01:01:34.2	09:55.8	+00:00	03:29:24.7
157 /	44 /	7	9	EWERS, Jane	,	Long F 35 - 39	00:50:00.2	03:20.0	00:02:05.6	01:34:17.3	15.91	00:01:25.7	01:02:38.7	10:06.2	+00:00	03:30:27.5
158 /	45 /	14	46	WRIGHT, Mary	,	Long F 40 - 44	00:46:20.3	03:05.4	00:01:52.2	01:38:01.3	15.30	00:01:32.7	01:02:49.5	10:08.0	+00:00	03:30:36.0
159 /	46 /	6	8	ENGEL, Susan	,	Long F 30 - 34	00:39:59.7	02:40.0	00:00:00.0	00:00:00.0		00:00:00.0	00:00:00.0		+00:00	03:33:18.0
160 /	47 /	7	41	SPEER, Gloria	,	Long F 30 - 34	00:38:53.6	02:35.6	00:03:41.9	01:39:00.3	15.15	00:01:46.9	01:10:16.7	11:20.1	+00:00	03:33:39.4
161 /	48 /	8	33	ROGERS, Stephanie	,	Long F 30 - 34	00:50:47.3	03:23.2	00:04:00.5	01:35:00.1	15.79	00:02:30.9	01:03:02.5	10:10.1	+00:00	03:35:21.3
162 /	49 /	8	28	OAKLEY, Anne	,	Long F 45 -49	00:34:01.8	02:16.1	00:04:19.6	01:41:26.9	14.79	00:00:59.9	01:15:06.0	12:06.8	+00:00	03:35:54.2
163 /	50 /	15	36	SCHREIBMAN, Shell	,	Long F 40 - 44	00:45:29.4	03:02.0	00:03:27.7	01:36:53.7	15.48	00:03:21.5	01:08:02.9	10:58.5	+00:00	03:37:15.2
164 /	111 /	8	197	BLAKLEY, Morgan	,	Long M 19 - 24	00:53:37.8	03:34.5	00:02:32.9	01:33:25.8	16.05	00:01:21.6	01:06:17.8	10:41.6	+00:00	03:37:15.9
165 /	112 /	18	108	MILLER, David	,	Long M 35 - 39	00:48:01.6	03:12.1	00:03:21.5	01:43:28.8	14.50	00:01:08.1	01:07:19.2	10:51.5	+00:00	03:43:19.2
166 /	51 /	2	11	FRISCH, Jan	,	Long F 50 - 54	00:46:10.9	03:04.7	00:03:46.1	01:37:13.0	15.43	00:02:19.2	01:14:45.1	12:03.4	+00:00	03:44:14.3
167 /	52 /	2	3	BOOTH, Susanne	,	Long F 25 - 29	00:48:06.3	03:12.4	00:03:29.2	01:39:34.5	15.06	00:01:42.2	01:11:42.0	11:33.9	+00:00	03:44:34.2
168 /	113 /	14	127	SUTHERLAND, Noah	8oz40FH2O	Long M 30 - 34	00:48:32.4	03:14.2	00:04:10.0	01:35:37.5	15.69	00:01:49.2	01:16:16.2	12:18.1	+00:00	03:46:25.3
169 /	53 /	9	19	KNIGHT, Virginia	,	Long F 45 -49	00:45:29.4	03:02.0	00:04:34.8	01:37:05.8	15.45	00:02:30.2	01:17:15.5	12:27.7	+00:00	03:46:55.7
170 /	114 /	2	152	Self-Generated		Long Family Relay	00:49:51.9	03:19.5	00:00:33.4	01:47:21.6	13.97	00:00:26.1	01:23:00.3	13:23.3	+00:00	04:01:13.3

Legend: Div - Your place in your age group or division
Gndr - Your place in your gender for the distance
OvrAll - Your place overall for the distance

PRELIMINARY RESULTS

SUBJECT TO CHANGE
Thu, Aug 4, 2005 17:40

OvrAll / Gndr / Div	N°	Name	Hometown/Sponsor Div	Swim	min/100yds	T1	Bike	MPH	T2	Run	min/mi	Penality	Total
171 / 54 / 2	21	MABILE, Christine	, Long F 18 and under	00:28:50.8	01:55.4	00:04:10.6	02:03:28.3	12.15	00:01:01.7	01:27:55.7	14:10.9	+00:00	04:05:27.1
1 / 1 / 1	38	SLANGER, Sarah	, Long F 30 - 34	00:32:34.9	02:10.3	01:12:40.4	00:01:08.7	<<<<<<	00:47:52.9	00:00:00.0	00:00.0	+00:00	DQ
0 / 0 / 0	83	HIEBERT, Caleb	, Long M 25 - 29	00:30:37.3	02:02.5	00:01:49.4	00:00:00.0		00:00:00.0	00:00:00.0		+00:00	DQ

Legend: Div - Your place in your age group or division
Gndr - Your place in your gender for the distance
OvrAll - Your place overall for the distance