

Lake to Forest Triathlon

Overall Results by Distance: Short

PRELIMINARY RESULTS

SUBJECT TO CHANGE
Thu, Aug 4, 2005 17:40

OvrAll / Gndr / Div	N°	Name	Hometown/Sponsor	Div	Swim	min/100yds	T1	Bike	MPH	T2	Run	min/mi	Penalty	Total
1 / 1 / 1	335	SMITH, Jeff	Mountain View Cyclers	Sprint M 19 - 24	00:06:36.6	01:30.1	00:01:00.1	00:35:23.5	18.65	00:00:41.8	00:15:01.7	04:50.9	+00:00	00:58:43.7
2 / 2 / 1	295	EASTMAN, Trevor	,	Sprint M 25 - 29	00:07:00.2	01:35.5	00:01:17.2	00:40:10.2	16.43	00:01:12.9	00:16:09.7	05:12.8	+00:00	01:05:50.3
3 / 3 / 1	332	SHERWOOD, Rich	VERTICAL EARTH	Sprint M 40 - 44	00:11:03.6	02:30.8	00:01:16.8	00:38:38.1	17.08	00:00:56.2	00:16:23.6	05:17.3	+00:00	01:08:18.4
4 / 4 / 1	348	YORK, Cameron	,	Sprint M 30 - 34	00:10:57.0	02:29.3	00:02:50.5	00:37:32.3	17.58	00:01:10.5	00:16:47.5	05:25.0	+00:00	01:09:17.9
5 / 5 / 2	299	FRENCH, Lee	,	Sprint M 30 - 34	00:07:45.8	01:45.9	00:01:55.6	00:43:20.9	15.23	00:00:39.9	00:16:09.1	05:12.6	+00:00	01:09:51.4
6 / 6 / 1	315	LUKE, Greg	,	Sprint M 35 - 39	00:08:29.5	01:55.8	00:01:12.3	00:42:51.9	15.40	00:00:59.2	00:17:27.1	05:37.8	+00:00	01:11:00.0
7 / 7 / 1	316	LUKE, Jason	,	Sprint M 18 and und	00:08:39.9	01:58.2	00:02:31.4	00:43:42.3	15.10	00:00:36.3	00:16:54.1	05:27.1	+00:00	01:12:36.1
8 / 8 / 2	341	TOWNSHEND, Micha	,	Sprint M 18 and und	00:09:29.1	02:09.3	00:02:20.4	00:43:42.1	15.10	00:01:04.4	00:15:48.0	05:05.8	+00:00	01:12:38.4
9 / 9 / 3	328	ROY, Scott	,	Sprint M 30 - 34	00:06:41.3	01:31.2	00:01:19.0	00:48:02.1	13.74	00:00:47.1	00:16:43.1	05:23.6	+00:00	01:13:32.5
10 / 10 / 2	333	SIPE, Mark	,	Sprint M 40 - 44	00:10:10.8	02:18.8	00:02:04.7	00:41:45.5	15.81	00:01:12.4	00:18:33.9	05:59.4	+00:00	01:13:47.4
11 / 11 / 2	280	ANDERSON, Andy	,	Sprint M 25 - 29	00:08:47.5	01:59.9	00:01:55.8	00:44:03.9	14.98	00:01:55.3	00:17:28.6	05:38.3	+00:00	01:14:11.1
12 / 12 / 2	394	BENNETT, Brad	,	Sprint M 19 - 24	00:10:36.7	02:24.7	00:02:00.7	00:44:37.5	14.79	00:01:52.8	00:15:39.9	05:03.2	+00:00	01:14:47.6
13 / 1 / 1	385	Rusty Men		Sprint Relay M	00:09:18.5	02:06.9	00:02:50.3	00:45:18.8	14.57	00:00:19.3	00:17:15.3	05:34.0	+00:00	01:15:02.2
14 / 13 / 3	384	WIERSMA, Don	,	Sprint M 40 - 44	00:11:15.5	02:33.5	00:02:56.2	00:41:59.0	15.72	00:01:18.9	00:17:39.7	05:41.9	+00:00	01:15:09.4
15 / 14 / 2	311	LAWLESS, David	,	Sprint M 35 - 39	00:09:27.7	02:09.0	00:01:44.5	00:43:27.7	15.19	00:01:13.1	00:19:24.2	06:15.5	+00:00	01:15:17.2
16 / 15 / 4	305	HURST, Tom	,	Sprint M 40 - 44	00:09:38.8	02:11.5	00:04:48.5	00:42:34.7	15.50	00:01:40.7	00:17:45.6	05:43.8	+00:00	01:16:28.4
17 / 1 / 1	267	SPINK, Kelley	,	Sprint F 30 - 34	00:10:23.1	02:21.6	00:01:55.6	00:45:58.0	14.36	00:00:38.0	00:17:38.6	05:41.5	+00:00	01:16:33.4
18 / 16 / 3	286	BOUISS, Cameron	,	Sprint M 25 - 29	00:11:26.9	02:36.1	00:02:04.3	00:42:56.3	15.37	00:01:37.1	00:18:37.7	06:00.6	+00:00	01:16:42.3
19 / 17 / 4	308	JONAKIN, James	,	Sprint M 25 - 29	00:10:27.6	02:22.6	00:02:24.0	00:43:14.1	15.27	00:01:06.5	00:20:08.9	06:30.0	+00:00	01:17:21.1
20 / 18 / 4	396	HOUSE, Andy	,	Sprint M 30 - 34	00:10:21.3	02:21.2	00:02:18.6	00:45:10.2	14.61	00:01:03.6	00:18:29.5	05:57.9	+00:00	01:17:23.2
21 / 2 / 2	256	PINTO, Rhonda	UI Off-Road Vandals	Sprint F 30 - 34	00:11:04.6	02:31.0	00:02:15.2	00:43:43.8	15.09	00:01:18.4	00:19:04.1	06:09.1	+00:00	01:17:26.1
22 / 19 / 5	289	COOPER, Noah	,	Sprint M 30 - 34	00:12:31.5	02:50.8	00:01:48.2	00:44:08.9	14.95	00:00:43.8	00:18:29.2	05:57.8	+00:00	01:17:41.5
23 / 20 / 3	323	MOORE, Jeff	,	Sprint M 35 - 39	00:09:11.7	02:05.4	00:01:43.4	00:47:50.6	13.80	00:00:47.7	00:18:10.8	05:51.9	+00:00	01:17:44.3
24 / 21 / 6	312	LINDENFELSER, Jim	,	Sprint M 30 - 34	00:10:40.6	02:25.6	00:02:16.1	00:44:58.4	14.68	00:01:13.3	00:18:41.3	06:01.7	+00:00	01:17:49.7
25 / 22 / 5	329	SANDE, Patrick	,	Sprint M 25 - 29	00:13:38.0	03:05.9	00:02:05.2	00:43:30.5	15.17	00:01:25.2	00:17:15.8	05:34.1	+00:00	01:17:54.6
26 / 23 / 1	400	OTIS, Don	,	Sprint M 45 - 49	00:10:26.8	02:22.5	00:02:06.9	00:46:45.9	14.11	00:01:32.9	00:17:30.1	05:38.7	+00:00	01:18:22.5
27 / 24 / 1	343	WEID, Paul	,	Sprint M 50 - 54	00:10:29.8	02:23.1	00:02:57.3	00:43:03.0	15.33	00:02:07.3	00:19:53.9	06:25.2	+00:00	01:18:31.4
28 / 3 / 1	216	DELONG, Allison	,	Sprint F 40 - 44	00:08:33.8	01:56.8	00:01:24.7	00:50:31.0	13.06	00:00:40.6	00:17:35.7	05:40.6	+00:00	01:18:45.9
29 / 4 / 1	243	MILLAR, Emma	,	Sprint F 18 and unde	00:09:34.2	02:10.5	00:02:12.7	00:45:32.2	14.49	00:01:40.6	00:19:48.1	06:23.3	+00:00	01:18:47.9
30 / 5 / 1	253	PARDUE, Chris	,	Sprint F 35 - 39	00:09:17.9	02:06.8	00:02:59.7	00:46:15.7	14.27	00:01:31.8	00:18:59.4	06:07.5	+00:00	01:19:04.4
31 / 6 / 1	259	REIFSNYDER, Rebe	,	Sprint F 19 - 24	00:10:53.7	02:28.6	00:02:16.4	00:46:01.0	14.34	00:01:23.8	00:18:36.9	06:00.3	+00:00	01:19:11.9
32 / 2 / 1	393	Detar		Sprint Relay Mixed	00:07:24.6	01:41.0	00:00:27.6	00:54:00.8	12.22	00:00:24.1	00:16:55.6	05:27.6	+00:00	01:19:12.7
33 / 7 / 1	276	WARGO, Elizabeth	,	Sprint F 25 - 29	00:09:36.3	02:11.0	00:02:00.9	00:47:57.7	13.76	00:01:09.6	00:18:33.3	05:59.2	+00:00	01:19:17.9
34 / 25 / 4	307	JOHNSON, Ryan	,	Sprint M 35 - 39	00:11:46.6	02:40.6	00:03:11.9	00:45:37.2	14.47	00:01:50.4	00:17:05.1	05:30.7	+00:00	01:19:31.3

Legend: Div - Your place in your age group or division
Gndr - Your place in your gender for the distance
OvrAll - Your place overall for the distance

PRELIMINARY RESULTS

SUBJECT TO CHANGE
Thu, Aug 4, 2005 17:40

OvrAll /	Gndr /	Div	N°	Name	Hometown/Sponsor	Div	Swim	min/100yds	T1	Bike	MPH	T2	Run	min/mi	Penalty	Total
35 /	26 /	3	347	WYRICK, Glenn	,	Sprint M 18 and und	00:11:55.1	02:42.5	00:03:45.3	00:43:53.3	15.04	00:00:47.1	00:19:19.8	06:14.1	+00:00	01:19:40.6
36 /	27 /	6	294	DILLEY, Damian	,	Sprint M 25 - 29	00:08:08.7	01:51.1	00:03:16.2	00:47:35.3	13.87	00:01:51.3	00:19:25.2	06:15.9	+00:00	01:20:16.7
37 /	28 /	3	322	MONSEY, James	,	Sprint M 19 - 24	00:12:15.1	02:47.1	00:01:44.7	00:47:55.5	13.77	00:01:09.4	00:17:25.8	05:37.4	+00:00	01:20:30.4
38 /	29 /	5	282	BARTMESS, John	,	Sprint M 35 - 39	00:18:11.5	04:08.1	00:01:54.6	00:44:16.2	14.91	00:00:54.0	00:15:43.5	05:04.4	+00:00	01:20:59.9
39 /	30 /	6	334	SMITH, Bill	,	Sprint M 35 - 39	00:12:03.4	02:44.4	00:02:04.8	00:49:08.5	13.43	00:01:36.7	00:16:08.3	05:12.4	+00:00	01:21:01.6
40 /	31 /	1	351	Team C		Sprint Family Relay	00:09:50.0	02:14.1	00:00:44.8	00:43:38.3	15.12	00:00:23.3	00:26:27.2	08:32.0	+00:00	01:21:03.6
41 /	8 /	2	204	BERTAGNOLLI, Mari	,	Sprint F 35 - 39	00:11:08.1	02:31.8	00:02:20.3	00:48:22.9	13.64	00:00:58.9	00:18:21.5	05:55.4	+00:00	01:21:11.8
42 /	32 /	2	392	MIDSTOKKE, Tom	,	Sprint M 50 - 54	00:10:06.3	02:17.8	00:01:51.7	00:50:03.5	13.18	00:01:17.5	00:18:30.0	05:58.1	+00:00	01:21:49.0
43 /	33 /	4	397	FULGENZ, Eric	,	Sprint M 19 - 24	00:12:43.9	02:53.6	00:02:47.1	00:46:34.8	14.17	00:01:09.6	00:18:37.2	06:00.4	+00:00	01:21:52.6
44 /	34 /	5	283	BERTAGNOLLI, John	,	Sprint M 40 - 44	00:09:59.1	02:16.2	00:02:15.8	00:45:05.9	14.63	00:01:24.7	00:23:11.0	07:28.7	+00:00	01:21:56.5
45 /	35 /	2	354	For the Fun of It		Sprint Relay Mixed	00:11:09.5	02:32.2	00:00:28.3	00:46:29.5	14.20	00:00:28.5	00:23:48.2	07:40.7	+00:00	01:22:24.0
46 /	36 /	2	302	HASSENAUER, Tom	,	Sprint M 45 - 49	00:13:40.7	03:06.5	00:02:12.8	00:46:00.4	14.35	00:01:25.9	00:19:04.4	06:09.2	+00:00	01:22:24.1
47 /	37 /	7	339	SWAIN, Josh	,	Sprint M 30 - 34	00:11:18.8	02:34.3	00:03:14.7	00:49:33.3	13.32	00:00:47.3	00:17:56.0	05:47.1	+00:00	01:22:50.0
48 /	9 /	2	228	HERBERT, Lindsay	,	Sprint F 25 - 29	00:11:26.0	02:35.9	00:02:59.5	00:47:32.3	13.88	00:00:56.6	00:20:29.9	06:36.8	+00:00	01:23:24.4
49 /	10 /	1	352	Demster's		Sprint Relay F	00:10:50.5	02:27.8	00:00:27.6	00:52:02.7	12.68	00:00:25.3	00:20:09.2	06:30.1	+00:00	01:23:55.3
50 /	38 /	5	387	MCELRATH, Matt	,	Sprint M 19 - 24	00:13:22.9	03:02.5	00:02:15.7	00:48:43.3	13.55	00:01:30.6	00:18:25.2	05:56.5	+00:00	01:24:17.7
51 /	39 /	4	291	CYPRO, Alex	,	Sprint M 18 and und	00:09:27.6	02:09.0	00:02:54.8	00:48:35.3	13.58	00:02:10.1	00:21:12.7	06:50.5	+00:00	01:24:20.5
52 /	3 /	2	386	monoturnahan		Sprint Family Relay	00:13:37.6	03:05.8	00:01:18.6	00:45:40.4	14.45	00:00:19.2	00:24:06.8	07:46.7	+00:00	01:25:02.5
53 /	40 /	8	330	SAXWOLD, Brent	,	Sprint M 30 - 34	00:10:01.9	02:16.8	00:03:32.7	00:53:51.7	12.25	00:00:40.3	00:17:13.6	05:33.5	+00:00	01:25:20.3
54 /	41 /	3	350	Hopeless		Sprint Family Relay	00:00:00.0	00:00.0	00:59:20.4	00:56:11.5	11.75	00:00:22.0	00:19:31.6	06:17.9	+00:00	01:25:25.5
55 /	42 /	6	293	DEMKO, Bruce	,	Sprint M 40 - 44	00:10:27.1	02:22.5	00:02:28.8	00:49:36.0	13.31	00:01:41.2	00:21:32.6	06:57.0	+00:00	01:25:45.8
56 /	43 /	7	331	SCHMIDT, Hal	,	Sprint M 35 - 39	00:13:40.0	03:06.4	00:04:27.6	00:49:35.7	13.31	00:01:40.3	00:16:28.7	05:19.0	+00:00	01:25:52.4
57 /	11 /	3	388	MAER, Katherine	,	Sprint F 30 - 34	00:12:54.2	02:56.0	00:02:11.4	00:48:27.1	13.62	00:02:30.5	00:19:56.5	06:26.0	+00:00	01:25:59.7
58 /	44 /	8	336	SNYDER, Jerrod	,	Sprint M 35 - 39	00:16:53.1	03:50.3	00:02:54.8	00:45:21.3	14.55	00:01:29.8	00:19:28.0	06:16.8	+00:00	01:26:06.9
59 /	45 /	7	284	BERTAGNOLLI, Mich	,	Sprint M 25 - 29	00:14:34.6	03:18.8	00:02:50.4	00:46:08.8	14.30	00:00:00.0	00:22:40.2	07:18.8	+00:00	01:26:14.0
60 /	46 /	8	327	ROBERGE, Mark	,	Sprint M 25 - 29	00:14:15.1	03:14.3	00:02:15.9	00:49:26.6	13.35	00:00:58.4	00:19:46.2	06:22.6	+00:00	01:26:42.2
61 /	47 /	3	326	PRICE, Richard	,	Sprint M 45 - 49	00:10:50.6	02:27.9	00:04:06.7	00:47:51.2	13.79	00:01:15.6	00:22:50.0	07:21.9	+00:00	01:26:54.0
62 /	12 /	3	248	NOURSE, Rebecca	,	Sprint F 25 - 29	00:10:19.8	02:20.9	00:01:29.4	00:53:51.3	12.26	00:00:53.2	00:20:28.0	06:36.2	+00:00	01:27:01.8
63 /	48 /	6	318	MAGGART, Shane	,	Sprint M 19 - 24	00:14:41.7	03:20.4	00:05:20.0	00:47:09.2	14.00	00:01:34.5	00:18:16.6	05:53.7	+00:00	01:27:02.0
64 /	13 /	4	221	GENUNG, Aimee	,	Sprint F 25 - 29	00:13:35.8	03:05.4	00:01:38.5	00:50:39.4	13.03	00:01:49.0	00:19:32.3	06:18.2	+00:00	01:27:15.0
65 /	49 /	9	321	MONAHAN, Matt	,	Sprint M 30 - 34	00:15:33.3	03:32.1	00:03:34.3	00:44:57.7	14.68	00:02:10.9	00:21:22.1	06:53.6	+00:00	01:27:38.4
66 /	14 /	2	233	KLINE, Kelli	,	Sprint F 19 - 24	00:10:34.5	02:24.2	00:02:19.1	00:51:21.5	12.85	00:01:32.2	00:21:59.7	07:05.7	+00:00	01:27:46.9
67 /	50 /	7	292	DAVIDSON, Joe	,	Sprint M 19 - 24	00:08:18.5	01:53.3	00:02:48.4	00:56:21.2	11.71	00:01:23.4	00:19:05.7	06:09.6	+00:00	01:27:57.1
68 /	51 /	1	301	HARING, Bill	,	Sprint M 60 - 64	00:10:15.7	02:19.9	00:02:16.3	00:50:56.8	12.95	00:01:55.4	00:22:39.5	07:18.6	+00:00	01:28:03.8

Legend: Div - Your place in your age group or division
Gndr - Your place in your gender for the distance
OvrAll - Your place overall for the distance

PRELIMINARY RESULTS

SUBJECT TO CHANGE
Thu, Aug 4, 2005 17:40

OvrAll /	Gndr /	Div	N°	Name	Hometown/Sponsor	Div	Swim	min/100yds	T1	Bike	MPH	T2	Run	min/mi	Penalty	Total
69 /	52 /	7	317	LYNDAKER, Brett	,	Sprint M 40 - 44	00:09:34.2	02:10.5	00:03:44.6	00:51:34.9	12.80	00:02:00.1	00:21:14.9	06:51.3	+00:00	01:28:08.8
70 /	53 /	4	353	switzer big boys	,	Sprint Family Relay	00:00:00.0	00:00.0	01:07:17.0	00:53:08.3	12.42	00:00:23.1	00:23:07.1	07:27.5	+00:00	01:28:26.2
71 /	15 /	3	212	CLARKE, Stacy	,	Sprint F 19 - 24	00:12:29.7	02:50.4	00:02:42.7	00:53:20.5	12.37	00:01:07.7	00:18:46.4	06:03.4	+00:00	01:28:27.0
72 /	54 /	10	340	TERRELL, Mark	,	Sprint M 30 - 34	00:13:27.5	03:03.5	00:02:52.3	00:49:42.4	13.28	00:01:42.0	00:20:49.6	06:43.1	+00:00	01:28:33.9
73 /	16 /	2	230	HERZOG, Katie	,	Sprint F 40 - 44	00:11:22.3	02:35.1	00:02:25.7	00:51:50.7	12.73	00:01:03.4	00:21:57.0	07:04.8	+00:00	01:28:39.1
74 /	55 /	4	320	MAY, Shannon	,	Sprint M 45 - 49	00:13:32.5	03:04.7	00:03:15.8	00:48:30.4	13.61	00:00:00.0	00:23:29.3	07:34.6	+00:00	01:28:48.0
75 /	17 /	5	274	VARGAS, Dani	,	Sprint F 25 - 29	00:10:01.3	02:16.7	00:01:57.8	00:54:56.7	12.01	00:01:57.7	00:20:07.1	06:29.4	+00:00	01:29:00.5
76 /	56 /	2	399	Beyond Hope	,	Sprint Relay M	00:12:39.4	02:52.6	00:00:23.3	00:59:51.2	11.03	00:00:16.2	00:15:54.1	05:07.8	+00:00	01:29:04.3
77 /	57 /	3	346	WRIGHT, Norm	,	Sprint M 50 - 54	00:11:39.6	02:39.0	00:03:31.4	00:49:17.0	13.39	00:01:42.8	00:22:54.8	07:23.5	+00:00	01:29:05.6
78 /	58 /	9	390	HAWLEY, Jeff	,	Sprint M 25 - 29	00:09:52.1	02:14.6	00:02:55.6	00:53:07.7	12.42	00:01:16.8	00:21:56.0	07:04.5	+00:00	01:29:08.2
79 /	18 /	1	236	LISLE, Carol	,	Sprint F 45 - 49	00:11:00.7	02:30.2	00:01:51.8	00:53:21.0	12.37	00:01:29.4	00:21:26.6	06:55.0	+00:00	01:29:09.5
80 /	1 /	3	389	Camp Eureka	,	Sprint Relay Mixed	00:08:55.5	02:01.7	00:00:28.7	01:00:02.5	10.99	00:00:21.5	00:19:25.5	06:16.0	+00:00	01:29:13.8
81 /	59 /	11	290	CUNNINGHAM, Reag	,	Sprint M 30 - 34	00:13:41.1	03:06.6	00:02:48.2	00:50:57.2	12.95	00:00:42.2	00:21:35.1	06:57.8	+00:00	01:29:43.9
82 /	19 /	3	208	BROWN, Tracy	,	Sprint F 35 - 39	00:10:30.2	02:23.2	00:01:21.7	00:55:23.2	11.92	00:01:42.3	00:20:59.3	06:46.2	+00:00	01:29:56.7
83 /	60 /	4	313	LISLE, Gary	,	Sprint M 50 - 54	00:13:22.2	03:02.3	00:02:27.7	00:55:18.7	11.93	00:00:57.4	00:18:05.2	05:50.1	+00:00	01:30:11.2
84 /	20 /	6	232	KAYNE, Michelle	,	Sprint F 25 - 29	00:09:26.5	02:08.8	00:03:11.9	00:54:36.8	12.08	00:01:42.1	00:21:15.3	06:51.4	+00:00	01:30:12.6
85 /	21 /	7	203	BEAN, Aly	,	Sprint F 25 - 29	00:08:42.7	01:58.8	00:00:44.0	01:00:47.5	10.86	00:01:11.3	00:19:07.2	06:10.1	+00:00	01:30:32.7
86 /	61 /	9	298	FRANCETICH, Robb	,	Sprint M 35 - 39	00:10:22.1	02:21.4	00:01:52.6	00:57:03.8	11.57	00:01:16.3	00:20:38.4	06:39.5	+00:00	01:31:13.3
87 /	22 /	2	355	Simply Super Sexy	,	Sprint Relay F	00:10:20.9	02:21.1	00:00:33.2	00:55:24.3	11.91	00:01:02.3	00:23:52.8	07:42.2	+00:00	01:31:13.5
88 /	23 /	8	383	THOMPSON, Jessi	,	Sprint F 25 - 29	00:09:43.2	02:12.5	00:01:26.9	00:59:46.0	11.04	00:00:55.3	00:19:24.7	06:15.7	+00:00	01:31:16.0
89 /	24 /	4	279	YOUNG, Lisa	,	Sprint F 19 - 24	00:13:11.0	02:59.8	00:01:29.8	00:54:02.4	12.21	00:00:52.8	00:22:21.0	07:12.6	+00:00	01:31:58.7
90 /	25 /	5	239	LYONNAIS, Kristin	,	Sprint F 19 - 24	00:12:04.5	02:44.7	00:01:54.1	00:55:18.9	11.93	00:01:32.5	00:21:12.8	06:50.6	+00:00	01:32:04.3
91 /	26 /	2	213	COMPOGNO, Katie	,	Sprint F 18 and unde	00:12:23.1	02:48.9	00:03:12.7	00:58:17.8	11.32	00:01:28.3	00:17:38.3	05:41.4	+00:00	01:33:01.7
92 /	27 /	4	240	MCDEVITT, Rachel	,	Sprint F 30 - 34	00:10:46.9	02:27.0	00:02:14.6	00:58:01.1	11.38	00:01:19.3	00:21:54.1	07:03.9	+00:00	01:34:17.5
93 /	62 /	12	337	SPINK, Scott	,	Sprint M 30 - 34	00:11:39.5	02:39.0	00:03:22.1	00:55:55.9	11.80	00:00:00.0	00:23:32.5	07:35.6	+00:00	01:34:30.0
94 /	28 /	3	391	LYNDSAY, Margaret	,	Sprint F 40 - 44	00:08:54.5	02:01.5	00:03:20.9	00:57:06.3	11.56	00:02:02.3	00:23:29.1	07:34.5	+00:00	01:34:54.6
95 /	29 /	4	270	SUNDAHL, Bridget	,	Sprint F 40 - 44	00:10:40.2	02:25.5	00:03:12.3	00:57:06.0	11.56	00:02:13.9	00:22:01.4	07:06.3	+00:00	01:35:15.3
96 /	30 /	1	226	HARTANOV, Claudia	,	Sprint F 50 - 54	00:10:51.8	02:28.1	00:02:53.7	00:57:09.5	11.55	00:01:46.6	00:22:33.4	07:16.6	+00:00	01:35:16.5
97 /	31 /	6	223	GONNELLA, Gina	,	Sprint F 19 - 24	00:09:06.8	02:04.3	00:02:43.6	01:00:32.8	10.90	00:00:50.7	00:22:02.2	07:06.5	+00:00	01:35:17.6
98 /	63 /	10	377	ODONNELL, Brian	,	Sprint M 35 - 39	00:22:37.6	05:08.5	00:02:48.0	00:46:26.3	14.21	00:02:18.7	00:21:11.2	06:50.1	+00:00	01:35:23.3
99 /	32 /	5	268	STINGLEY, Carol An	,	Sprint F 30 - 34	00:12:28.8	02:50.2	00:01:47.8	00:56:26.0	11.70	00:01:39.9	00:23:28.5	07:34.4	+00:00	01:35:52.6
100 /	33 /	6	398	FULGHAM, Paula	,	Sprint F 30 - 34	00:13:00.7	02:57.4	00:03:01.2	00:57:09.6	11.55	00:01:43.5	00:21:02.5	06:47.3	+00:00	01:36:00.2
101 /	64 /	13	319	MARLL, Richard	,	Sprint M 30 - 34	00:11:10.4	02:32.4	00:02:50.3	00:57:31.2	11.47	00:01:49.3	00:22:37.5	07:17.9	+00:00	01:36:01.4
102 /	65 /	11	287	BREUNER, Gary	,	Sprint M 35 - 39	00:11:20.3	02:34.6	00:04:30.8	00:57:40.0	11.45	00:01:20.2	00:21:24.2	06:54.3	+00:00	01:36:19.2

Legend: Div - Your place in your age group or division
Gndr - Your place in your gender for the distance
OvrAll - Your place overall for the distance

Lake to Forest Triathlon

Overall Results by Distance: Short

PRELIMINARY RESULTS

SUBJECT TO CHANGE
Thu, Aug 4, 2005 17:40

OvrAll /	Gndr /	Div	N°	Name	Hometown/Sponsor	Div	Swim	min/100yds	T1	Bike	MPH	T2	Run	min/mi	Penalty	Total
103 /	66 /	12	309	KIRK, Dewayne	,	Sprint M 35 - 39	00:12:40.6	02:52.9	00:05:20.6	00:49:36.9	13.30	00:03:05.0	00:25:32.4	08:14.3	+00:00	01:36:21.4
104 /	34 /	2	242	MCSWEENEY, Carol	,	Sprint F 50 - 54	00:13:18.0	03:01.4	00:03:47.4	00:59:24.7	11.11	00:00:00.0	00:19:59.9	06:27.1	+00:00	01:36:30.0
104 /	67 /	13	285	BOHN, Blair	,	Sprint M 35 - 39	00:12:03.6	02:44.5	00:02:01.6	00:52:54.1	12.48	00:02:05.2	00:27:21.8	08:49.6	+00:00	01:36:30.0
106 /	35 /	3	241	MCGEEHAN, Anna	,	Sprint F 18 and unde	00:07:20.2	01:40.0	00:02:33.1	01:04:15.5	10.27	00:00:51.0	00:21:30.4	06:56.3	+00:00	01:36:34.1
107 /	68 /	5	288	CASSEM, Kevin	,	Sprint M 18 and und	00:21:49.1	04:57.5	00:02:15.9	00:51:42.0	12.77	00:01:30.9	00:21:09.1	06:49.4	+00:00	01:38:27.0
108 /	36 /	7	211	CHANDLER, Susan	,	Sprint F 30 - 34	00:15:30.2	03:31.4	00:01:55.9	00:59:40.4	11.06	00:01:05.6	00:21:44.2	07:00.7	+00:00	01:39:56.4
109 /	37 /	4	214	COURTNEY, Patricia	,	Sprint F 35 - 39	00:10:52.5	02:28.3	00:03:31.0	01:02:07.8	10.62	00:01:20.4	00:22:16.6	07:11.2	+00:00	01:40:08.4
110 /	38 /	2	220	FURLONG, Terri	,	Sprint F 45 - 49	00:10:28.8	02:22.9	00:03:00.6	01:00:43.7	10.87	00:01:19.8	00:25:19.3	08:10.1	+00:00	01:40:52.3
111 /	69 /	14	344	WELLS, Rich	,	Sprint M 35 - 39	00:08:40.9	01:58.4	00:04:44.9	00:59:58.4	11.00	00:02:04.0	00:26:05.6	08:25.1	+00:00	01:41:33.8
112 /	70 /	14	345	WILEY, Jason	,	Sprint M 30 - 34	00:12:50.9	02:55.2	00:03:21.8	00:58:43.2	11.24	00:02:10.6	00:24:44.6	07:58.9	+00:00	01:41:51.1
113 /	39 /	8	215	CRAWFORD-CARLS	,	Sprint F 30 - 34	00:10:35.7	02:24.5	00:03:31.4	01:03:15.7	10.43	00:01:16.4	00:23:45.0	07:39.7	+00:00	01:42:24.2
114 /	40 /	7	225	HARRIS, Jacquelyn	,	Sprint F 19 - 24	00:14:03.3	03:11.7	00:03:52.7	01:02:31.1	10.56	00:01:06.2	00:22:28.3	07:14.9	+00:00	01:44:01.6
115 /	41 /	8	244	MILLER, Erin	,	Sprint F 19 - 24	00:11:13.6	02:33.1	00:03:42.1	00:59:58.4	11.00	00:02:01.4	00:27:24.8	08:50.6	+00:00	01:44:20.3
116 /	71 /	1	300	GOLDMAN, John	,	Sprint M 55 - 59	00:14:38.6	03:19.7	00:04:18.2	00:59:34.5	11.08	00:03:06.0	00:22:46.6	07:20.8	+00:00	01:44:23.9
117 /	42 /	5	210	CHANDLER, Louise	,	Sprint F 35 - 39	00:10:35.7	02:24.5	00:03:04.5	01:04:13.5	10.28	00:00:47.2	00:25:48.6	08:19.5	+00:00	01:44:29.5
118 /	43 /	6	269	STREETER, Charlayn	,	Sprint F 35 - 39	00:13:22.9	03:02.5	00:03:51.3	01:02:53.0	10.50	00:01:23.4	00:23:41.9	07:38.7	+00:00	01:45:12.5
119 /	44 /	9	219	FOSTER, Sara	,	Sprint F 25 - 29	00:12:12.6	02:46.5	00:04:15.3	01:01:49.3	10.68	00:02:06.0	00:25:01.8	08:04.5	+00:00	01:45:25.0
120 /	45 /	9	273	URANN, Amy	,	Sprint F 19 - 24	00:14:51.1	03:22.5	00:04:00.9	01:07:04.4	9.84	00:00:35.8	00:20:01.6	06:27.6	+00:00	01:46:33.8
121 /	46 /	7	235	LEE, Shelley	,	Sprint F 35 - 39	00:13:02.2	02:57.8	00:03:02.3	01:04:02.0	10.31	00:00:51.8	00:26:01.1	08:23.6	+00:00	01:46:59.4
122 /	47 /	8	209	BURGAN, Laura	,	Sprint F 35 - 39	00:11:51.2	02:41.6	00:04:19.7	01:07:05.2	9.84	00:01:13.6	00:22:30.0	07:15.5	+00:00	01:46:59.7
123 /	48 /	9	207	BREUNER, Kimberly	,	Sprint F 35 - 39	00:11:27.7	02:36.3	00:04:41.6	01:05:31.0	10.07	00:01:33.1	00:24:33.9	07:55.5	+00:00	01:47:47.3
124 /	49 /	10	247	NORDBERG, Amy	,	Sprint F 25 - 29	00:14:21.0	03:15.7	00:03:03.3	01:06:17.9	9.96	00:00:49.3	00:25:20.2	08:10.4	+00:00	01:49:51.7
125 /	50 /	5	227	HASSENAUER, Linda	,	Sprint F 40 - 44	00:11:00.3	02:30.1	00:03:38.5	01:08:04.5	9.70	00:00:47.1	00:27:02.0	08:43.2	+00:00	01:50:32.4
126 /	51 /	4	222	GOLDMAN, Jacqueli	,	Sprint F 18 and unde	00:13:51.8	03:09.0	00:02:50.6	01:08:18.5	9.66	00:01:28.4	00:24:06.1	07:46.5	+00:00	01:50:35.4
127 /	52 /	10	238	LUKE, Twyla	,	Sprint F 35 - 39	00:13:43.8	03:07.2	00:03:03.7	01:03:22.3	10.41	00:01:42.5	00:28:53.2	09:19.1	+00:00	01:50:45.5
128 /	53 /	9	245	MONAHAN, Beth	,	Sprint F 30 - 34	00:15:11.4	03:27.1	00:03:53.8	01:05:09.2	10.13	00:02:09.7	00:24:54.1	08:02.0	+00:00	01:51:18.2
129 /	54 /	3	272	TOWNSHEND, Michel	,	Sprint F 45 - 49	00:14:13.8	03:14.0	00:03:24.3	01:08:06.5	9.69	00:01:23.6	00:24:43.7	07:58.6	+00:00	01:51:51.9
130 /	55 /	10	379	VANACHEN, Melanie	SAGLE, ID USA	Sprint F 30 - 34	00:15:36.7	03:32.9	00:03:13.6	01:08:05.0	9.69	00:01:45.5	00:24:21.2	07:51.4	+00:00	01:53:02.0
131 /	56 /	5	206	BISHOP, Emily	,	Sprint F 18 and unde	00:11:53.1	02:42.1	00:02:58.7	01:09:33.0	9.49	00:01:45.7	00:27:26.2	08:51.0	+00:00	01:53:36.7
132 /	57 /	10	218	FARWELL, Lyndsay	,	Sprint F 19 - 24	00:11:25.5	02:35.8	00:02:52.9	01:16:18.9	8.65	00:01:06.8	00:21:57.4	07:05.0	+00:00	01:53:41.5
133 /	58 /	11	254	PATTERSON, Mary	,	Sprint F 35 - 39	00:17:10.7	03:54.3	00:04:56.2	01:07:55.9	9.72	00:01:23.1	00:22:28.7	07:15.1	+00:00	01:53:54.6
134 /	59 /	11	275	VINEYARD, Robin	,	Sprint F 25 - 29	00:15:04.4	03:25.5	00:02:45.2	01:04:34.9	10.22	00:01:12.8	00:30:19.9	09:47.1	+00:00	01:53:57.2
135 /	60 /	11	278	WELTZ, Tamra	,	Sprint F 30 - 34	00:14:25.4	03:16.7	00:04:56.9	01:08:40.9	9.61	00:02:08.7	00:25:54.5	08:21.5	+00:00	01:56:06.4
136 /	61 /	4	201	BASTIAN, Esperanza	,	Sprint F 45 - 49	00:18:07.7	04:07.2	00:05:32.1	01:06:09.9	9.98	00:01:47.4	00:26:10.9	08:26.7	+00:00	01:57:48.0

Legend: Div - Your place in your age group or division
Gndr - Your place in your gender for the distance
OvrAll - Your place overall for the distance

PRELIMINARY RESULTS

SUBJECT TO CHANGE
Thu, Aug 4, 2005 17:40

OvrAll /	Gndr /	Div	N°	Name	Hometown/Sponsor	Div	Swim	min/100yds	T1	Bike	MPH	T2	Run	min/mi	Penalty	Total
137 /	62 /	12	277	WELLS, Kim	,	Sprint F 30 - 34	00:10:57.4	02:29.4	00:04:54.5	01:19:55.3	8.26	00:02:32.6	00:22:55.6	07:23.7	+00:00	02:01:15.4
138 /	63 /	12	246	NIEMEYER, Brittany	,	Sprint F 25 - 29	00:14:31.8	03:18.1	00:02:50.7	01:16:13.9	8.66	00:01:34.1	00:27:01.6	08:43.1	+00:00	02:02:12.1
139 /	64 /	12	381	HITCHOCK, Charlene	SANDPOINT, ID USA	Sprint F 35 - 39	00:13:00.2	02:57.3	00:07:25.2	01:10:10.1	9.41	00:06:21.6	00:25:38.4	08:16.3	+00:00	02:02:35.5
140 /	65 /	13	382	HICKS, Jill	SAGLE, ID USA	Sprint F 30 - 34	00:11:38.6	02:38.8	00:08:44.7	01:09:37.4	9.48	00:06:56.3	00:25:38.8	08:16.4	+00:00	02:02:35.8
141 /	66 /	13	265	SHAWEN, Lisa	,	Sprint F 35 - 39	00:11:02.9	02:30.7	00:03:05.3	01:17:31.5	8.51	00:01:26.7	00:30:32.6	09:51.2	+00:00	02:03:39.0
142 /	67 /	14	231	HUTTON, Melinda	,	Sprint F 35 - 39	00:19:44.0	04:29.1	00:05:25.4	01:09:26.4	9.50	00:02:49.1	00:26:45.6	08:37.9	+00:00	02:04:10.5
143 /	68 /	6	205	BESSENYEY, Kristin	,	Sprint F 40 - 44	00:15:14.5	03:27.8	00:06:46.9	01:12:38.3	9.09	00:02:49.3	00:26:41.9	08:36.7	+00:00	02:04:10.9
144 /	69 /	7	262	SAGER, Pamela	,	Sprint F 40 - 44	00:19:42.6	04:28.8	00:05:26.6	01:09:22.3	9.51	00:02:54.4	00:26:45.6	08:37.9	+00:00	02:04:11.5
145 /	70 /	8	255	PETERSEN, Lori	,	Sprint F 40 - 44	00:13:27.5	03:03.5	00:03:35.5	01:14:32.2	8.85	00:03:45.8	00:31:36.3	10:11.7	+00:00	02:06:57.3
146 /	71 /	9	202	BAZIOTIS, Teri	,	Sprint F 40 - 44	00:14:02.4	03:11.5	00:04:03.1	01:17:51.9	8.48	00:01:28.4	00:29:54.5	09:38.9	+00:00	02:07:20.3
147 /	72 /	10	395	BOLLINGER, Stephe	,	Sprint M 25 - 29	00:18:32.8	04:12.9	00:04:25.0	01:16:12.7	8.66	00:00:47.1	00:27:27.3	08:51.4	+00:00	02:07:24.9
148 /	72 /	1	249	OAKLEY, Molly	,	Sprint F 65 - 69	00:13:28.9	03:03.8	00:01:52.8	01:24:41.1	7.79	00:01:03.3	00:26:55.7	08:41.2	+00:00	02:08:01.8
149 /	73 /	5	261	ROSTRON, Nancy	,	Sprint F 45 - 49	00:16:29.9	03:45.0	00:06:07.5	01:16:37.1	8.61	00:00:53.6	00:32:19.3	10:25.6	+00:00	02:12:27.4
150 /	74 /	6	258	PRICE, Julie	,	Sprint F 45 - 49	00:16:30.2	03:45.0	00:05:51.7	01:16:45.6	8.60	00:00:50.8	00:32:29.9	10:29.0	+00:00	02:12:28.2
151 /	73 /	3	380	Us		Sprint Relay M	00:10:15.5	02:19.9	00:00:23.0	01:44:15.4	6.33	00:01:03.8	00:16:46.6	05:24.7	+00:00	02:12:44.3
152 /	75 /	15	252	PACHECO, Pamela	,	Sprint F 35 - 39	00:14:56.0	03:23.6	00:07:29.9	01:18:09.2	8.44	00:02:40.3	00:32:55.7	10:37.3	+00:00	02:16:11.1
153 /	76 /	10	250	PACHECO, Colleen	,	Sprint F 40 - 44	00:19:01.0	04:19.3	00:05:09.8	01:23:24.4	7.91	00:02:03.4	00:33:29.3	10:48.2	+00:00	02:23:07.9
154 /	77 /	7	260	ROGERS, Jeanne	,	Sprint F 45 - 49	00:18:38.5	04:14.2	00:04:54.1	01:23:17.5	7.92	00:01:30.4	00:37:41.8	12:09.6	+00:00	02:26:02.3
155 /	78 /	14	251	PACHECO, Kimberly	,	Sprint F 30 - 34	00:14:49.1	03:22.1	00:04:57.3	01:35:00.2	6.95	00:08:11.3	00:30:20.9	09:47.4	+00:00	02:33:18.8
155 /	78 /	15	271	THOMPSON, Valerie	,	Sprint F 30 - 34	00:14:45.9	03:21.3	00:04:54.4	01:34:38.4	6.97	00:08:39.2	00:30:02.7	09:41.5	+00:00	02:33:18.8
1 /	1 /	1	304	HOLDEN, Kris	,	Sprint M 25 - 29	01:16:55.7	17:29.0	00:01:45.9	00:35:33.5	18.56	00:00:53.3	00:06:54.2	02:13.6	+00:00	DQ

Legend: Div - Your place in your age group or division
Gndr - Your place in your gender for the distance
OvrAll - Your place overall for the distance