

Lake To Forest Triathlon Final

Overall Results

Long Course Triathlon

<u>Place</u>	<u>Name</u>	<u>Age</u>	<u>1.5K</u>		<u>Trans 1</u>	<u>40K</u>		<u>Trans 2</u>	<u>10K Run</u>		<u>Total</u>
			<u>Rnk</u>	<u>Time</u>		<u>Rnk</u>	<u>Time</u>		<u>Rnk</u>	<u>Time</u>	
1	BRIAN HADLEY	29	10	22:54.69	01:06.39	1	1:02:24.4	00:35.37	3	38:36.53	2:05:37.4
2	CAMERON CHESNUT	21	8	22:34.01	00:43.84	3	1:04:32.6	00:25.80	4	39:04.72	2:07:20.9
3	ROGER THOMPSON	32	3	21:52.84	00:54.33	2	1:03:50.9	00:27.55	7	40:34.48	2:07:40.1
4	GREG WIRTH	28	5	22:07.93	01:12.87	8	1:09:26.2	00:25.82	1	35:48.54	2:09:01.4
5	JONATHAN WIRTH	28	13	23:40.63	00:58.57	7	1:08:27.8	00:27.57	2	35:53.70	2:09:28.3
6	JEFF SMITH	22	7	22:32.45	01:00.07	4	1:04:56.4	00:40.11	16	43:09.58	2:12:18.6
7	ADAM JENSEN	23	15	23:52.17	00:38.88	5	1:05:44.4	00:18.39	13	42:33.88	2:13:07.7
8	ARNE MICHALSON	40	14	23:48.64	01:12.91	6	1:07:36.4	00:43.21	6	39:51.34	2:13:12.5
9	ANNIE WARNER	24	1	21:08.86	00:42.51	10	1:10:44.1	00:31.39	10	41:30.27	2:14:37.2
10	KEITH HERTEL	41	11	22:54.94	01:00.46	11	1:11:06.5	00:32.44	12	42:29.57	2:18:03.9
11	TIMOTHY GANNON	21	26	25:13.19	01:12.09	9	1:09:34.1	00:55.48	9	41:25.08	2:18:19.9
12	MICHAEL HARRIS	29	4	21:54.83	00:50.40	18	1:13:47.7	01:00.87	11	41:56.64	2:19:30.4
13	DAN ELSOM	37	12	23:24.99	00:58.34	13	1:12:06.5	00:38.98	21	43:42.13	2:20:51.0
14	JEFF CINCOSKI	21	2	21:50.95	00:39.76	12	1:11:22.2	00:16.93	35	47:12.52	2:21:22.4
15	GRAHAM BASKETT	19	6	22:12.83	01:07.12	15	1:13:11.1	00:22.90	29	45:26.57	2:22:20.5
16	KIRK WOOD-GAINES	42	19	24:32.02	01:06.30	14	1:13:10.0	00:34.79	23	44:12.59	2:23:35.7
17	HOLLY WALKER	28	30	25:25.26	01:06.57	19	1:14:02.2	01:22.54	15	43:00.28	2:24:56.9
18	MARK BECKER	37	31	25:26.30	00:57.29	29	1:16:28.2	00:26.33	17	43:10.11	2:26:28.2
19	BRENDAN HALPIN	20	65	29:32.27	01:07.69	22	1:14:45.7	00:25.08	8	40:57.75	2:26:48.5
20	JEFF BOOKWALTER	34	34	25:44.15	00:53.91	20	1:14:08.0	00:30.05	30	45:34.46	2:26:50.6
21	TIM NYDEGGER	22	33	25:41.82	01:48.21	25	1:15:28.9	00:45.95	18	43:20.35	2:27:05.3
22	DAVID HELLENTHAL	43	9	22:53.87	01:25.69	21	1:14:27.7	01:48.34	40	47:55.76	2:28:31.4
23	HALEY COOPER	23	51	27:44.30	01:23.87	28	1:16:27.6	00:33.02	25	44:39.52	2:30:48.4
24	DAN SCHREMPP	21	64	29:22.12	02:07.45	30	1:16:45.9	01:00.10	14	42:52.22	2:32:07.8
25	JENNIFER WHITE	36	61	29:03.84	01:18.40	27	1:16:04.7	01:03.02	28	44:53.71	2:32:23.7
26	MARK FINKE	50	17	24:14.85	01:50.01	45	1:20:24.7	02:03.86	31	45:52.00	2:34:25.4
27	FRANK SCARIANO	42	20	24:33.05	01:08.02	37	1:19:02.8	01:07.74	43	48:45.68	2:34:37.3
28	MATTHEW GUZIK	44	62	29:14.37	02:24.70	34	1:18:24.7	01:08.48	22	44:05.05	2:35:17.3
29	JON BAUNE	22	72	30:20.15	02:08.93	24	1:15:13.4	01:17.35	36	47:12.89	2:36:12.7
30	SCOTT SCHNECKLOTH	48	47	27:36.67	01:07.89	31	1:16:55.7	00:38.28	51	50:01.74	2:36:20.3
31	JIM FRY	63	22	24:39.31	01:56.29	54	1:21:45.4	00:49.62	38	47:33.34	2:36:43.9
32	JOHN NYMAN	45	41	27:12.14	01:55.88	42	1:20:08.3	01:08.30	34	47:06.35	2:37:31.0
33	ALLISON DELONG	40	45	27:29.75	01:07.32	41	1:19:28.8	00:33.85	48	49:30.28	2:38:10.0
34	JEFF YATES	44	40	26:46.81	02:06.64	23	1:14:49.1	00:31.24	71	54:25.66	2:38:39.4

Lake To Forest Triathlon Final

Overall Results

Long Course Triathlon

Place	Name	Age	----- 1.5K -----		Trans 1 Time	----- 40K -----		Trans 2 Time	----- 10K Run -----		Total Time
			Rnk	Time		Rnk	Time		Rnk	Time	
35	GEORGE SHRYOCK	55	60	29:02.08	01:17.32	35	1:18:53.6	00:46.55	42	48:43.94	2:38:43.5
36	SHAWN CANNON	37	76	31:27.22	02:34.71	17	1:13:32.9	02:30.27	45	48:57.82	2:39:03.0
37	JEREMY ULMEN	18	106	35:54.16	01:15.15	33	1:17:42.9	01:04.58	20	43:40.67	2:39:37.5
38	GORDY HANNIGAN-LUTHER	40	23	24:49.83	02:35.89	52	1:21:42.4	01:20.20	50	49:51.01	2:40:19.3
39	JUSTIN SMITH	30	36	25:59.18	03:47.01	44	1:20:20.7	01:12.35	47	49:15.81	2:40:35.1
40	JAMES DEPAOLO	32	95	34:13.89	01:45.11	36	1:19:02.0	00:29.00	33	46:28.67	2:41:58.6
41	JOHN KINZER	25	88	33:09.69	02:36.44	26	1:15:40.7	00:56.31	49	49:49.83	2:42:13.0
42	CASEY LAWHEAD	33	24	25:08.65	01:25.74	40	1:19:26.4	00:54.58	74	55:18.53	2:42:13.9
43	JEAN VETETO	43	35	25:45.87	01:37.18	48	1:21:08.2	00:38.44	62	53:11.82	2:42:21.6
44	ERIC WORDEN	34	73	30:27.43	02:15.37	46	1:20:39.2	01:12.04	41	48:07.90	2:42:42.0
45	TINA SANGER	37	90	33:20.90	02:26.87	49	1:21:15.7	01:30.20	24	44:28.09	2:43:01.8
46	STAN WATKINS	52	67	29:40.25	02:04.05	32	1:17:26.7	00:51.96	61	53:09.21	2:43:12.1
47	JOE SONTGERATH	21	49	27:41.58	01:53.23	77	1:26:26.8	00:27.53	37	47:32.80	2:44:02.0
48	MOLLY OBETZ	31	42	27:16.01	02:16.55	67	1:24:25.2	01:04.22	46	49:04.71	2:44:06.7
49	RANDY HULL	54	66	29:37.38	01:59.23	71	1:25:29.7	00:41.68	32	46:27.78	2:44:15.8
50	BERNADETTE JONES	21	25	25:11.68	03:31.89	51	1:21:40.3	02:56.51	55	51:01.21	2:44:21.6
51	JAMES BARTON	32	16	23:57.91	02:15.60	47	1:20:49.7	00:55.62	85	57:25.90	2:45:24.7
52	ASHLEY GROSSE	36	69	29:47.37	02:13.26	55	1:21:53.8	00:54.95	54	50:55.73	2:45:45.1
53	JOHN KUEBER	32	70	29:48.54	01:48.67	38	1:19:07.1	01:41.80	65	53:33.03	2:45:59.2
54	MARK SAVARISE	38	48	27:36.88	02:24.65	53	1:21:43.4	00:57.56	63	53:17.37	2:45:59.8
55	JIM DOROSH	38	39	26:42.21	02:39.38	56	1:22:08.2	01:10.33	69	54:16.79	2:46:56.9
56	RANDY ABSALONSON	36	63	29:14.93	01:46.94	60	1:23:04.0	02:08.54	64	53:19.17	2:49:33.6
57	STEVE WACO	40	115	39:28.38	02:16.31	58	1:22:44.5	02:14.23	19	43:23.34	2:50:06.8
58	CAMERON MARK	48	84	32:28.59	01:39.62	66	1:24:08.2	01:09.21	57	51:21.69	2:50:47.3
59	SCOTT DUNN	39	53	28:01.82	03:38.42	62	1:23:29.0	01:51.21	70	54:20.46	2:51:20.9
60	TODD VORHIES	33	43	27:19.06	02:31.95	76	1:26:25.5	02:20.05	60	53:09.01	2:51:45.6
61	JODI JENSEN	32	94	34:05.49	02:13.21	93	1:29:52.3	01:46.44	26	44:40.81	2:52:38.3
62	GRETCHEN KRUSE	37	81	32:07.24	01:38.30	61	1:23:22.8	00:57.61	72	54:52.70	2:52:58.6
63	MAGGIE HEIDE	30	54	28:17.19	02:01.69	68	1:24:39.2	01:07.68	83	57:14.53	2:53:20.3
64	STEVEN DAY	39	37	26:05.99	03:12.21	69	1:25:00.8	01:42.73	84	57:22.76	2:53:24.5
65	JIM MCBRIDE	64	50	27:42.01	02:19.06	57	1:22:08.8	00:53.57	104	1:02:01.2	2:55:04.7
66	BENJAMIN ADKINS	30	68	29:44.18	03:20.14	83	1:27:44.9	02:01.67	58	52:31.55	2:55:22.4
67	FRED WEBER	40	71	29:56.38	04:33.32	85	1:27:54.7	02:17.86	56	51:08.89	2:55:51.2
68	CLARK RICHARDS	55	101	35:09.57	03:27.86	84	1:27:50.7	01:47.29	39	47:37.32	2:55:52.8

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Overall Results

Long Course Triathlon

Place	Name	Age	----- 1.5K -----		Trans 1 Time	----- 40K -----		Trans 2 Time	----- 10K Run -----		Total Time
			Rnk	Time		Rnk	Time		Rnk	Time	
69	WILLIAM GAINES	42	83	32:18.87	03:23.01	50	1:21:25.1	01:22.67	86	57:53.66	2:56:23.4
70	PETE FISCH	39	57	28:54.67	03:14.58	39	1:19:19.7	01:03.93	111	1:04:23.6	2:56:56.5
71	ROGER ROWLES	57	93	34:01.62	02:38.64	86	1:28:13.2	02:22.56	52	50:03.30	2:57:19.3
72	HEIDI GARVIN	30	117	40:32.64	02:17.93	89	1:28:33.9	01:40.92	27	44:47.99	2:57:53.4
73	BRYAN MYERS	21	107	35:59.55	00:58.51	43	1:20:11.8	01:04.14	92	59:54.37	2:58:08.4
74	KIM WOODRUFF	42	52	27:59.40	04:23.81	64	1:23:39.7	02:19.27	95	1:00:20.3	2:58:42.6
75	GINA WOODRUFF	40	58	28:56.86	02:18.34	81	1:27:10.3	01:25.42	89	58:52.01	2:58:42.9
76	KEN ELDORE	37	116	40:07.01	01:42.09	70	1:25:01.9	01:02.61	53	50:54.04	2:58:47.6
77	TOM SIMPSON	43	32	25:39.95	02:27.05	94	1:29:58.9	01:08.93	96	1:00:23.4	2:59:38.2
78	JINUE WYATT	44	77	31:32.24	05:45.91	80	1:26:52.8	01:59.92	68	54:03.11	3:00:14.0
79	TOM GROESBECK	46	75	30:57.16	01:57.25	75	1:26:11.6	01:48.87	93	59:56.70	3:00:51.6
80	STEVE EDBURG	24	55	28:37.54	02:58.30	91	1:29:24.0	01:39.62	87	58:17.52	3:00:56.9
81	MEV HOBERG	39	38	26:32.52	03:05.37	102	1:32:37.5	01:28.40	88	58:26.63	3:02:10.5
82	ERIC RIDGWAY	43	21	24:38.91	02:15.67	63	1:23:33.3	01:02.31	121	1:11:31.0	3:03:01.2
83	DAVE FOWLER	36	82	32:11.64	02:27.55	97	1:30:43.8	01:00.83	80	56:42.72	3:03:06.5
84	RUSS OAKLEY	45	46	27:31.45	03:13.20	96	1:30:24.2	01:12.77	98	1:01:02.6	3:03:24.3
85	KELLY KNAPP	33	99	34:26.07	01:47.59	99	1:31:51.0	01:48.35	67	53:42.87	3:03:35.9
86	AMY MAZUR	42	18	24:28.72	01:58.02	65	1:23:56.1	01:12.67	123	1:12:14.5	3:03:50.1
87	HUNNY WITTE	45	97	34:22.83	02:20.77	90	1:28:47.9	01:24.44	82	57:12.08	3:04:08.0
88	DAVID MCILRATH	53	114	39:16.96	03:08.60	82	1:27:25.2	02:18.42	59	52:59.97	3:05:09.1
89	KATHLEEN SALVADORE	48	105	35:48.97	02:38.24	92	1:29:47.5	02:15.74	73	54:54.98	3:05:25.4
90	NANCY RADCLIFFE	47	104	35:41.41	02:02.50	78	1:26:35.9	01:29.09	91	59:42.91	3:05:31.8
91	PAUL MYERS	48	44	27:24.01	02:52.36	107	1:34:17.1	01:19.25	94	1:00:00.7	3:05:53.5
92	ANDREA DARAKJY	22	27	25:13.40	02:55.07	116	1:39:45.5	01:16.20	81	56:43.81	3:05:54.0
93	MICHAEL JENKINS	49	87	32:56.97	02:20.05	106	1:33:32.4	01:08.94	76	55:59.25	3:05:57.6
94	JERRY BUSH	39	89	33:12.50	02:10.00	72	1:25:32.8	01:20.85	107	1:04:00.5	3:06:16.7
95	KENT BRECKENRIDGE	47	56	28:47.37	02:28.03	105	1:33:32.3	00:53.19	102	1:01:52.3	3:07:33.2
96	DEBBIE MAY	44	102	35:24.64	02:13.62	87	1:28:19.2	01:44.26	97	1:00:53.0	3:08:34.8
97	BRENT MCDANIEL	18	100	35:08.64	04:07.75	73	1:25:38.4	02:53.58	100	1:01:14.2	3:09:02.7
98	TODD BUTZINE	39	113	39:12.40	02:57.05	95	1:30:04.0	01:44.48	75	55:28.80	3:09:26.7
99	JERALYN FIEDLER	47	129	1:12:20.7	03:33.85	16	1:13:12.2	01:38.46	5	39:45.89	3:10:31.1
100	ALLAN HALOWSKI	57	119	41:35.23	01:59.01	59	1:22:59.7	01:41.95	106	1:02:27.4	3:10:43.3
101	VICKY SMITH	47	86	32:50.78	03:46.21	88	1:28:33.9	02:18.59	112	1:04:47.1	3:12:16.7
102	CHERYL GAMACHE	46	110	37:22.61	02:49.02	100	1:31:56.8	01:37.26	90	59:25.70	3:13:11.4

Lake To Forest Triathlon Final

Overall Results

Long Course Triathlon

<u>Place</u>	<u>Name</u>	<u>Age</u>	<u>1.5K</u>		<u>Trans 1</u>	<u>40K</u>		<u>Trans 2</u>	<u>10K Run</u>		<u>Total</u>
			<u>Rnk</u>	<u>Time</u>		<u>Rnk</u>	<u>Time</u>		<u>Rnk</u>	<u>Time</u>	
103	URIEL FOX	46	79	31:37.36	02:48.76	108	1:34:24.3	02:55.14	101	1:01:51.9	3:13:37.4
104	JASON MOORE	26	74	30:28.12	01:31.67	98	1:31:01.2	02:06.42	116	1:09:03.0	3:14:10.5
105	LYNN OLAFSON	47	109	37:07.89	02:12.14	113	1:37:10.4	01:11.94	79	56:32.76	3:14:15.1
106	BRIAN KELTZ	27	103	35:27.17	03:18.76	103	1:32:42.3	01:51.11	109	1:04:16.2	3:17:35.6
107	RANDY COLEE	34	126	48:38.25	02:19.95	74	1:26:07.2	01:25.63	99	1:01:07.3	3:19:38.4
108	CODY NUTSCH	18	127	49:28.87	03:12.61	112	1:36:09.2	02:24.31	44	48:46.80	3:20:01.8
109	ANDREA SMITH	39	120	41:35.37	02:02.53	104	1:33:11.7	01:23.44	105	1:02:03.9	3:20:17.0
110	ALANA HATCHER	33	85	32:49.80	02:24.43	109	1:35:18.7	00:53.72	117	1:09:04.1	3:20:30.9
111	CAROL HEMUS	67	112	38:34.51	01:11.76	110	1:35:48.3	01:04.05	108	1:04:09.9	3:20:48.6
112	BRETT LENSING	35	118	41:07.76	03:28.37	117	1:39:46.6	00:47.01	78	56:21.55	3:21:31.2
113	LUKE TUROSKI	29	124	43:54.92	06:51.63	79	1:26:48.6	04:06.46	103	1:01:52.3	3:23:33.9
114	ROSS JACOBSEN	45	92	33:55.97	04:03.23	111	1:35:50.8	02:55.69	118	1:09:05.4	3:25:51.1
115	DANIEL SIMONSON	52	78	31:35.75	04:16.20	114	1:37:29.4	03:44.28	119	1:09:25.7	3:26:31.3
116	JENNIFER POLELLO	32	28	25:14.96	02:05.76	121	1:48:37.4	01:34.36	122	1:12:12.7	3:29:45.3
117	TYSON CROWDER	35	128	50:19.67	05:58.60	101	1:32:19.0	04:58.17	77	56:17.81	3:29:53.3
118	MIKE KEARBAY	36	59	28:57.46	04:30.39	123	1:50:51.9	01:24.38	113	1:05:53.9	3:31:38.1
119	DON HADLEY	56	98	34:25.32	03:58.85	118	1:40:13.4	02:09.05	120	1:11:18.6	3:32:05.2
120	CINDY CLUTTER	44	29	25:18.02	02:01.43	126	1:58:32.8	01:31.76	114	1:06:28.9	3:33:53.0
121	CHAD BENNETT	32	91	33:25.42	02:42.90	119	1:43:49.6	01:38.88	125	1:14:08.5	3:35:45.4
122	MIKE STREET	42	123	43:54.24	07:12.46	122	1:48:44.7	03:44.03	66	53:38.13	3:37:13.5
123	BRIAN SMITH	35	96	34:13.97	03:36.85	120	1:45:08.7	02:25.04	124	1:12:46.2	3:38:10.8
124	MICHAEL KITTILSTVED	29	121	41:59.45	01:09.96	115	1:39:01.3	01:17.91	127	1:21:49.0	3:45:17.7
125	RYAN LANCASTER	31	125	46:28.30	01:55.26	124	1:51:20.4	05:55.42	110	1:04:21.2	3:50:00.6
126	ELIZABETH FOUNTAIN	25	111	38:18.02	03:55.87	127	1:59:38.3	03:25.27	115	1:08:58.5	3:54:16.0
127	PEGI HILL	52	122	42:42.86	03:00.40	125	1:52:24.9	02:01.93	126	1:14:46.6	3:54:56.7

Lake To Forest Triathlon Final

Overall Results**MTN Bike Triathlon**

<u>Place</u>	<u>Name</u>	<u>Age</u>	<u>.25Mi</u>		<u>Trans 1</u>	<u>11Mi</u>		<u>Trans 2</u>	<u>3.1 Mi</u>		<u>Total</u>
			<u>Rnk</u>	<u>Time</u>		<u>Time</u>	<u>Rnk</u>		<u>Time</u>	<u>Rnk</u>	
1	KRIS HOLDEN	28	9	07:24.45	01:34.56	2	37:16.94	00:54.00	8	23:20.58	1:10:30.5
2	DAVID LIEN	35	3	06:06.85	01:06.59	3	40:25.29	00:52.85	11	23:59.56	1:12:31.1
3	DOUG SHRYOCK	21	53	09:33.28	01:12.29	1	36:51.57	01:12.02	16	24:42.68	1:13:31.8
4	SCOTT ROY	30	1	05:38.72	01:34.91	29	45:46.69	00:54.36	2	21:41.11	1:15:35.7
5	WILLIAM WINGFIELD	33	6	07:15.38	01:54.26	10	42:42.16	00:46.21	5	23:01.13	1:15:39.1
6	STEPHEN SMITH	23	42	09:15.50	01:02.31	5	41:39.08	00:49.01	9	23:21.69	1:16:07.5
7	KYLE DUBA	19	35	09:03.72	02:14.92	8	42:10.59	00:37.46	6	23:17.07	1:17:23.7
8	JOHN HAYS	45	4	06:18.44	02:21.31	21	44:02.76	00:47.59	17	24:56.45	1:18:26.5
9	DAVID LAWLESS	34	22	08:24.84	01:37.18	4	40:53.53	01:16.86	27	26:20.58	1:18:32.9
10	SARA HAAGENSON	25	59	09:46.05	01:21.37	17	43:34.71	00:42.95	7	23:19.82	1:18:44.9
11	JOHN TRAYNOR	30	44	09:23.25	02:18.23	13	43:06.11	01:25.08	4	22:40.57	1:18:53.2
12	TYLER STAGGS	25	13	07:51.76	01:16.25	11	42:50.78	01:15.55	23	25:42.78	1:18:57.1
13	SHANNON HOLDEN	27	56	09:38.71	02:12.45	7	42:01.20	01:14.16	14	24:33.85	1:19:40.3
14	ZACH HILL	25	7	07:16.78	01:54.46	31	45:59.59	00:36.89	12	24:09.68	1:19:57.4
15	DAN MACRAE	26	34	09:01.32	02:22.55	19	43:46.20	00:51.03	15	24:40.01	1:20:41.1
16	GREG LUKE	37	39	09:10.91	01:15.48	25	44:52.40	00:37.26	19	25:16.88	1:21:12.9
17	HOLLY SIENKIEWICZ	35	14	07:54.66	01:38.21	32	46:12.05	00:47.08	22	25:38.04	1:22:10.0
18	JAMIE EMMER	49	23	08:32.04	01:51.57	16	43:31.83	00:48.33	40	27:26.84	1:22:10.6
19	HEATHER JOHANSON	27	36	09:03.72	02:03.06	18	43:36.01	00:57.54	35	26:54.88	1:22:35.2
20	GREG HUGHES	34	12	07:37.88	02:35.79	34	47:15.23	00:37.38	18	25:11.08	1:23:17.3
21	MARK SIPE	40	83	11:06.27	02:30.91	6	41:47.07	01:27.21	30	26:29.51	1:23:20.9
22	RYAN MYHR	25	21	08:13.12	02:15.33	39	48:04.89	00:59.18	13	24:17.28	1:23:49.8
23	HOWARD STODDARD	33	74	10:30.54	02:29.10	14	43:12.44	01:37.28	26	26:17.18	1:24:06.5
24	TODD STONER	14	2	06:00.69	01:21.89	38	47:58.52	00:38.46	44	28:12.58	1:24:12.1
25	CALEB HIEBERT	24	15	07:56.01	03:33.16	15	43:16.59	01:39.01	42	27:59.59	1:24:24.3
26	JIM LINDENFELSER	31	64	09:56.56	02:10.15	26	45:03.61	01:39.45	21	25:36.19	1:24:25.9
27	DANIEL KRATZ	28	17	08:00.84	02:21.15	30	45:55.55	01:18.99	36	27:00.31	1:24:36.8
28	RICH SHERWOOD	39	86	11:23.43	01:17.00	28	45:30.73	01:09.45	20	25:32.59	1:24:53.2
29	JUSTIN HEINEN	28	51	09:32.89	02:47.61	27	45:05.04	01:06.92	28	26:25.09	1:24:57.5
30	BRYAN HOPKINS	33	19	08:09.12	03:55.80	22	44:03.43	01:35.13	43	28:11.01	1:25:54.4
31	SPENCER PLUMB	22	73	10:29.07	02:49.84	50	51:18.61	00:59.97	1	21:38.29	1:27:15.7
32	STEVE LUNDE	37	70	10:20.47	02:18.37	33	46:38.22	01:16.59	32	26:46.31	1:27:19.9
33	PAUL WEID	49	31	08:45.91	03:16.27	12	43:01.42	02:34.63	54	29:48.92	1:27:27.1
34	MARIA BERTAGNOLLI	37	61	09:49.75	02:29.31	42	48:22.82	00:56.48	31	26:32.34	1:28:10.7

Lake To Forest Triathlon Final

Overall Results**MTN Bike Triathlon**

<u>Place</u>	<u>Name</u>	<u>Age</u>	<u>.25Mi</u>		<u>Trans 1</u>	<u>11Mi</u>		<u>Trans 2</u>	<u>3.1 Mi</u>		<u>Total</u>
			<u>Rnk</u>	<u>Time</u>		<u>Time</u>	<u>Rnk</u>		<u>Time</u>	<u>Rnk</u>	
35	SHAWN TAYLOR	36	32	08:51.00	03:38.96	9	42:12.74	02:36.63	62	30:57.64	1:28:16.9
36	HEATHER MCLAUGHLIN	32	75	10:33.22	01:56.24	53	51:44.97	02:01.01	3	22:13.36	1:28:28.8
37	BETH CLEMENTS	31	57	09:42.87	01:44.85	36	47:38.02	01:13.86	45	28:14.29	1:28:33.8
38	JIM BOWRON	40	46	09:25.68	02:36.12	24	44:32.22	02:25.30	57	30:02.55	1:29:01.8
39	RICK PRICE	46	37	09:07.10	03:17.43	20	43:56.61	01:42.31	66	31:23.22	1:29:26.6
40	JASON GRAHAM	32	62	09:51.35	01:57.60	40	48:15.86	00:59.29	47	28:32.91	1:29:37.0
41	JOHN BERTAGNOLLI	39	26	08:39.69	02:19.60	23	44:09.65	01:48.28	81	33:12.47	1:30:09.6
42	DIANE SWITZER	50	11	07:35.11	02:01.19	37	47:56.18	01:17.54	69	31:45.49	1:30:35.5
43	TOM HASSENAUER	44	89	11:49.54	02:38.09	35	47:37.42	01:33.81	38	27:07.54	1:30:46.4
44	JACKIE BATES	27	24	08:32.63	02:21.63	45	49:09.18	01:26.42	51	29:22.08	1:30:51.9
45	FRANCINE SMITH	30	49	09:28.19	01:32.43	43	48:24.83	01:11.50	60	30:36.92	1:31:13.8
46	AMANDA WYMAN	22	33	08:59.28	02:33.50	44	49:03.57	00:59.03	55	29:50.23	1:31:25.6
47	JOHN BARTMESS	38	114	16:09.61	02:29.28	41	48:15.91	01:01.76	10	23:33.70	1:31:30.2
48	BRIAN KELLEY	40	40	09:11.98	02:39.37	48	50:06.96	01:00.58	48	28:33.21	1:31:32.1
49	DEREK DUCHESNE	29	66	10:07.73	02:19.87	58	53:15.52	00:56.83	24	26:04.47	1:32:44.4
50	PAUL MANFRED	32	29	08:43.62	02:42.70	62	54:17.65	00:54.88	25	26:06.25	1:32:45.1
51	REBEKAH REIFSNYDER	23	76	10:37.68	02:19.33	54	52:14.90	00:50.31	34	26:52.95	1:32:55.1
52	BILL OVERHOLSER	65	16	07:57.72	03:15.24	47	49:52.14	02:16.56	53	29:47.13	1:33:08.7
53	CHELSEY MORSS	19	28	08:43.48	02:07.58	59	53:15.86	01:02.93	46	28:23.92	1:33:33.7
54	ROBERT WALKER	44	102	12:51.22	03:20.52	49	50:15.30	01:41.28	41	27:32.11	1:35:40.4
55	MICHAEL BREILING	31	10	07:32.77	02:39.01	56	52:20.61	02:17.85	65	31:23.14	1:36:13.3
56	CHERIE ELLIS	39	69	10:16.44	02:37.13	65	55:23.77	01:48.96	29	26:28.10	1:36:34.4
57	BRETT LYNDAKER	41	20	08:11.57	03:13.06	60	53:47.71	02:04.23	56	30:01.72	1:37:18.2
58	SYDNEY SEYFERT	21	95	12:24.33	01:49.01	46	49:45.42	01:51.37	68	31:39.29	1:37:29.4
59	KARRI CLUTE	36	60	09:47.68	03:07.82	61	54:00.53	01:07.16	52	29:44.85	1:37:48.0
60	JOLEEN ENGLISH	33	52	09:33.03	01:37.37	71	57:00.55	00:44.59	59	30:16.28	1:39:11.8
61	JEFF MOORE	35	27	08:40.33	03:12.49	63	54:30.10	01:02.51	75	32:33.33	1:39:58.7
62	DON BLAESE	39	18	08:02.07	02:07.69	57	52:25.31	01:10.86	94	36:24.43	1:40:10.3
63	SHANNON MAY	47	85	11:21.59	02:57.35	52	51:36.30	01:56.11	79	32:56.54	1:40:47.8
64	JOEL FIELDS	42	48	09:27.20	03:06.75	68	56:01.23	01:22.06	64	31:09.59	1:41:06.8
65	HOLLIE MYHR	33	82	10:58.52	02:32.06	72	57:14.59	01:18.97	49	29:05.34	1:41:09.4
66	ROBB FRANCETICH	38	45	09:24.48	02:41.97	70	56:43.76	01:01.50	67	31:37.77	1:41:29.4
67	KIMBERLY NIEMI	31	104	13:12.70	02:21.69	67	55:47.25	01:00.23	50	29:22.03	1:41:43.9
68	SHANNON BURGESS	28	63	09:54.82	02:29.28	55	52:15.39	01:56.42	90	35:14.35	1:41:50.2

Lake To Forest Triathlon Final

Overall Results**MTN Bike Triathlon**

<u>Place</u>	<u>Name</u>	<u>Age</u>	<u>.25Mi</u>		<u>Trans 1</u>	<u>11Mi</u>		<u>Trans 2</u>	<u>3.1 Mi</u>		<u>Total</u>
			<u>Rnk</u>	<u>Time</u>		<u>Time</u>	<u>Rnk</u>		<u>Time</u>	<u>Rnk</u>	
69	WILLIAM LONG	39	93	12:10.62	02:56.96	74	58:11.26	01:52.08	37	27:07.38	1:42:18.3
70	LORI MITCHELL	40	87	11:37.47	02:42.54	64	54:47.82	01:52.48	71	32:01.24	1:43:01.5
71	TRISTIN OLSON-ROY	31	25	08:36.11	02:36.71	81	1:00:19.1	01:27.15	58	30:03.94	1:43:03.0
72	CHRISTINA BARTON	29	30	08:45.84	02:43.29	90	1:04:49.3	01:26.63	39	27:23.11	1:45:08.2
73	CASEY HAMPTON	15	84	11:06.70	02:00.83	89	1:04:23.2	00:52.95	33	26:50.58	1:45:14.2
74	DAVID MORGAN	51	43	09:21.92	03:01.09	77	59:11.20	02:01.74	70	31:55.89	1:45:31.8
75	CAMI ROBERTS	29	55	09:36.76	02:23.11	82	1:00:22.9	01:08.77	73	32:18.16	1:45:49.7
76	KYLIE KNOLL	19	65	10:05.21	02:51.21	76	58:53.67	01:24.48	85	33:57.11	1:47:11.6
77	BRIAN ANDERSON	32	109	14:10.10	03:20.92	73	57:58.62	01:37.58	61	30:57.51	1:48:04.7
78	RICHARD WELLS	35	8	07:18.90	03:59.51	75	58:17.29	01:53.92	97	37:01.83	1:48:31.4
79	JENNIFER BAILEY	34	94	12:13.64	03:51.54	66	55:39.43	02:19.36	87	34:37.55	1:48:41.5
80	JEAN VORHIES	33	71	10:21.48	02:09.36	88	1:03:21.4	01:14.20	76	32:38.99	1:49:45.5
81	PAMELA MARK	34	77	10:52.75	04:45.80	79	59:39.35	02:29.15	74	32:29.65	1:50:16.7
82	CODY HELANDER	16	38	09:08.07	02:01.32	83	1:01:48.4	02:23.60	91	35:24.21	1:50:45.6
83	JERROD SNYDER	34	116	18:44.10	05:17.03	51	51:31.77	02:24.11	83	33:41.10	1:51:38.1
84	BRANDI SMELTZER	27	79	10:55.29	01:31.51	86	1:02:40.1	01:20.48	92	36:08.38	1:52:35.8
85	KIM WELLS	33	58	09:43.32	04:03.65	85	1:02:39.1	02:12.57	86	34:00.97	1:52:39.7
86	GARY BREUNER	36	78	10:52.81	02:37.52	93	1:05:07.1	01:47.99	77	32:42.71	1:53:08.1
87	SHELLEY BERDAR	38	96	12:26.00	03:28.19	80	59:57.45	01:24.36	95	36:28.44	1:53:44.4
88	JOHN GOLDMAN	57	92	12:09.74	03:39.57	78	59:24.74	03:38.87	88	34:56.33	1:53:49.2
89	KATARINA KUEBER	32	100	12:42.74	02:10.47	96	1:05:38.6	00:52.26	82	33:13.52	1:54:37.6
90	ROBERT BAUMA	39	113	16:00.75	02:51.03	69	56:15.29	01:29.01	104	38:25.27	1:55:01.3
91	TORY LUCAS	33	81	10:55.77	02:12.79	87	1:03:18.8	01:20.54	101	37:28.15	1:55:16.0
92	JEFF PENNA	39	106	13:17.48	06:37.42	84	1:02:18.5	02:40.38	63	31:07.12	1:56:00.9
93	SABINE MILBRATH	30	88	11:49.17	02:29.02	92	1:05:01.7	01:10.31	98	37:10.05	1:57:40.3
94	LINDA HASSENAUER	42	50	09:31.29	02:42.63	101	1:07:19.2	00:49.08	103	38:13.07	1:58:35.2
95	LISA RANCK	32	111	14:21.45	03:08.85	104	1:09:00.3	01:15.34	72	32:16.55	2:00:02.5
96	HENDERSON CLEAVES	73	105	13:13.06	02:49.40	106	1:09:41.2	01:21.64	80	33:02.80	2:00:08.1
97	CARLY KNOLL	21	99	12:41.85	04:48.80	98	1:06:06.4	01:31.78	99	37:21.99	2:02:30.8
98	CHARLIE KNOLL	45	108	14:08.96	03:30.20	97	1:05:52.7	01:36.82	100	37:23.13	2:02:31.8
99	MELISSA GRAY	31	97	12:38.35	04:06.47	99	1:06:19.2	01:27.07	102	38:01.63	2:02:32.8
100	TRACY PENNA	31	107	13:48.23	03:55.44	100	1:06:23.8	02:07.67	93	36:19.71	2:02:34.9
101	BRANDI GRAHAM	29	80	10:55.36	02:18.46	107	1:09:51.7	00:53.71	105	38:58.08	2:02:57.3
102	TAMRA WELTZ	31	98	12:38.43	04:26.17	94	1:05:17.6	04:10.23	96	36:47.80	2:03:20.3

Lake To Forest Triathlon Final

Overall Results

MTN Bike Triathlon

<u>Place</u>	<u>Name</u>	<u>Age</u>	<u>.25Mi</u>		<u>Trans 1</u> <u>Time</u>	<u>11Mi</u>		<u>Trans 2</u> <u>Time</u>	<u>3.1 Mi</u>		<u>Total</u> <u>Time</u>
			<u>Rnk</u>	<u>Time</u>		<u>Rnk</u>	<u>Time</u>		<u>Rnk</u>	<u>Time</u>	
103	MICHAEL WELP	42	54	09:36.26	04:00.58	103	1:08:41.4	01:40.05	106	40:12.82	2:04:11.1
104	KIRA SANDON	28	72	10:21.66	04:20.64	108	1:12:23.2	02:35.85	89	35:02.04	2:04:43.4
105	BAE LYDEN	41	68	10:13.45	02:59.16	91	1:05:00.5	03:05.17	113	44:28.80	2:05:47.1
106	SHELLY MATTHEWS	41	91	12:06.38	04:02.54	102	1:07:50.7	02:13.75	107	40:31.26	2:06:44.6
107	SHANNEN BUERKE	39	110	14:16.62	03:19.85	95	1:05:26.7	01:40.81	109	42:15.87	2:06:59.8
108	JOYCE PRESTON	48	67	10:08.06	06:36.64	114	1:23:49.4	02:20.67	78	32:48.69	2:15:43.5
109	ANNE OAKLEY	45	41	09:13.00	03:15.06	111	1:19:52.9	01:02.87	110	42:29.10	2:15:52.9
110	SHAWN MURPHY	37	90	11:59.25	04:40.53	110	1:16:47.6	01:50.90	108	40:46.00	2:16:04.3
111	BROOKE CURRY	32	101	12:49.73	04:22.73	109	1:13:41.2	03:00.77	111	42:49.32	2:16:43.7
112	ERIKA GRUBAR	30	103	12:55.97	04:21.45	113	1:23:29.9	02:28.29	112	44:17.90	2:27:33.5
113	JEANNIE BURRILL	28	112	15:07.82	03:27.94	112	1:22:15.2	02:24.77	115	48:52.53	2:32:08.3
114	KATHERINE WIMMER	30	5	06:50.03	01:23.77	117	1:55:42.8	00:27.37	84	33:47.17	2:38:11.1
115	VICKI MOFFAT	55	117	22:12.21	04:13.89	115	1:30:42.5	02:09.13	114	47:15.94	2:46:33.7
116	ANNETTE ORTON	73	115	17:32.64	07:41.36	116	1:49:24.4	04:56.64	116	58:46.71	3:18:21.8

Lake To Forest Triathlon Final

Overall Results

Women Relay Long Course

<u>Place</u>	<u>Name</u>	<u>Age</u>	<u>----- 1.5 K -----</u>		<u>Trans 1</u>	<u>----- 40K -----</u>		<u>Trans 2</u>	<u>----- 10K Run -----</u>		<u>Total</u>
			<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>
1	REPP LOBB, SHELBY	44	2	31:49.57	00:22.27	1	1:22:48.1	00:29.90	1	53:08.93	2:48:38.7
2	? SANDBOR-HUMES	29	1	26:21.39	00:30.36	2	1:25:24.8	01:47.56	2	1:03:03.5	2:57:07.7

Lake To Forest Triathlon Final

Overall Results

Men Relay Long Course

<u>Place</u>	<u>Name</u>	<u>Age</u>	<u>1.5K</u>		<u>Trans 1</u> <u>Time</u>	<u>40K</u>		<u>Trans 2</u> <u>Time</u>	<u>10K Run</u>		<u>Total</u> <u>Time</u>
			<u>Rnk</u>	<u>Time</u>		<u>Rnk</u>	<u>Time</u>		<u>Rnk</u>	<u>Time</u>	
1	WOODWARD	54	3	26:14.94	00:32.68	1	1:04:45.1	00:29.09	2	41:30.53	2:13:32.3
2	OTIS MERRELL-MCBIRNE	56	1	23:21.02	00:25.54	2	1:10:55.2	00:29.05	5	43:25.98	2:18:36.8
3	WICHMAN BOZICH REPP	47	2	24:30.13	00:25.89	3	1:13:34.6	00:23.53	1	40:39.27	2:19:33.4
4	STARKEY LEWIS-LEWIS	36	4	26:19.21	01:54.61	4	1:21:18.7	00:28.47	3	42:48.33	2:32:49.3
5	KAESTNER KAESTNER-CLIFF	44	5	32:14.57	00:33.35	5	1:28:07.9	00:31.95	6	45:00.14	2:46:27.9
6	REID REID-REID	38	6	42:41.43	00:45.53	6	1:44:49.1	00:39.88	4	43:17.21	3:12:13.2

Lake To Forest Triathlon Final

Overall Results

Family Team Long Course

<u>Place</u>	<u>Name</u>	<u>Age</u>	<u>----- 1.5K -----</u>		<u>Trans 1</u>	<u>----- 40K -----</u>		<u>Trans 2</u>	<u>----- 10K Run -----</u>		<u>Total</u>
			<u>Rnk</u>	<u>Time</u>		<u>Time</u>	<u>Rnk</u>		<u>Time</u>	<u>Rnk</u>	
1	MARGRET FINKE-FINKE	48	1	23:08.21	00:25.25	1	1:24:44.4	00:29.15	1	44:43.09	2:33:30.1
2	PFURSICH PFURSICH-PFURSI	37	2	27:13.84	00:40.81	2	1:28:12.2	02:25.21	2	57:27.82	2:55:59.9
3	HELANDER	49	3	33:59.42	04:12.72	3	1:31:31.1	00:42.56	3	58:44.78	3:09:10.6

Lake To Forest Triathlon Final

Overall Results

Mixed Team <110 Long Cour

<u>Place</u>	<u>Name</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Trans 1</u> <u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Trans 2</u> <u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Total</u> <u>Time</u>
1	GREENFIELD	21	1	24:11.05	00:24.86	1	1:10:08.2	00:30.76	1	43:36.67	2:18:51.6

Lake To Forest Triathlon Final

Overall Results

Mixed Team>110 Long Cours

<u>Place</u>	<u>Name</u>	<u>Age</u>	<u>----- 1.5K -----</u>		<u>Trans 1</u> <u>Time</u>	<u>----- 40K -----</u>		<u>Trans 2</u> <u>Time</u>	<u>----- 10K Run -----</u>		<u>Total</u> <u>Time</u>
			<u>Rnk</u>	<u>Time</u>		<u>Rnk</u>	<u>Time</u>		<u>Rnk</u>	<u>Time</u>	
1	MCDERMID BARTLETT, MCDER	56	3	27:39.93	00:22.48	1	58:04.02	00:26.14	1	48:04.24	2:14:36.8
2	LOCKWOOD	48	1	22:14.14	00:34.56	4	1:22:48.1	00:28.68	4	55:48.81	2:41:54.3
3	DYE DYE,MCCARTNEY	40	4	29:10.97	00:27.62	2	1:15:52.8	00:26.32	6	1:00:27.5	2:46:25.3
4	DAVID TRENT	30	5	29:26.97	02:07.01	3	1:21:45.9	00:41.47	5	56:31.48	2:50:32.8
5	MARK SIMKO-SIMKO	39	6	32:21.29	00:27.63	5	1:28:06.8	00:31.33	3	53:23.48	2:54:50.5
6	COUPER WATSON, WATSON	23	2	24:35.89	00:28.14	6	1:28:13.3	00:31.05	7	1:01:56.4	2:55:44.8
7	O'TOOLE SCHMIDT-O'TOOLE	0	7	37:47.68	00:34.05	7	1:30:15.3	00:38.08	2	53:22.22	3:02:37.3

Lake To Forest Triathlon Final

Overall Results

Women Relay Short Course

<u>Place</u>	<u>Name</u>	<u>Age</u>	<u>.25M</u>		<u>Trans 1</u>	<u>11M</u>		<u>Trans 2</u>	<u>3.1M</u>		<u>Total</u>
			<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>
1	LONGDEN WIMER, WALKER		1	08:38.37	00:24.32	1	46:40.32	00:27.59	1	23:07.74	1:19:18.3
2	BANNON BURGAN-STREETER	37	2	09:55.58	00:36.73	2	1:01:50.8	00:33.13	4	37:57.29	1:50:53.5
3	COX PRICE-ROSTRON	44	3	10:48.69	00:33.46	3	1:11:59.9	00:29.95	3	30:30.09	1:54:22.1
4	ELSEA KRESGE-ELSEA	43	4	11:33.44	04:05.60	4	1:15:59.4	00:48.10	2	30:19.81	2:02:46.3

Lake To Forest Triathlon Final

Overall Results

Men Relay Short Course

<u>Place</u>	<u>Name</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Trans 1</u> <u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Trans 2</u> <u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Total</u> <u>Time</u>
1	DESECKY OEDEWALDT,WIL	39	1	08:24.01	00:32.79	1	43:32.91	00:25.24	1	25:28.18	1:18:23.1

Lake To Forest Triathlon Final

Overall Results

Family Relay Short Course

<u>Place</u>	<u>Name</u>	<u>Age</u>	<u>.25M</u>		<u>Trans 2</u> <u>Time</u>	<u>11M</u>		<u>Trans 2</u> <u>Time</u>	<u>3.1M</u>		<u>Total</u> <u>Time</u>
			<u>Rnk</u>	<u>Time</u>		<u>Rnk</u>	<u>Time</u>		<u>Rnk</u>	<u>Time</u>	
1	PAUL SWITZER	50	6	09:15.64	00:32.39	2	51:02.89	00:25.43	1	24:06.65	1:25:23.0
2	SCHMIDT SMITH- SCHMIDT	32	4	08:52.17	00:42.06	4	53:52.31	00:30.89	4	28:40.20	1:32:37.6
3	MILBATH MILBRATH-MILBAT	37	3	08:32.46	01:39.30	1	46:38.52	00:32.40	7	38:39.91	1:36:02.5
4	BOZICH BOZICH-BOZICH	43	1	06:46.18	02:07.54	5	56:48.61	00:35.74	5	32:45.68	1:39:03.7
5	ROSTRON	21	2	07:59.74	00:24.75	3	52:45.67	00:32.33	6	38:31.92	1:40:14.4
6	MATTHEWS	10	7	11:36.69	00:43.49	6	1:09:22.8	00:40.66	2	24:10.37	1:46:34.0
7	PELLETIER PELLETIER-PELLE	14	5	09:03.97	00:26.98	7	1:13:31.9	00:41.19	3	28:05.20	1:51:49.3

Lake To Forest Triathlon Final

Overall Results

Mixed Team<110 Short Cour

<u>Place</u>	<u>Name</u>	<u>Age</u>	<u>.25M</u>		<u>Trans 1</u> <u>Time</u>	<u>11M</u>		<u>Trans 2</u> <u>Time</u>	<u>3.1M</u>		<u>Total</u> <u>Time</u>
			<u>Rnk</u>	<u>Time</u>		<u>Rnk</u>	<u>Time</u>		<u>Rnk</u>	<u>Time</u>	
1	WEIDEN BARANSKI, JONES	18	2	07:52.90	00:27.73	1	42:23.81	00:35.07	2	24:16.19	1:15:35.7
2	SIEGEL MARGAIRAZ-RICKE	37	5	09:52.07	00:21.41	2	44:04.59	00:31.99	3	26:05.86	1:20:55.9
3	THOMPSON NICHMAN-BOZICH	15	4	09:33.28	00:23.25	4	54:32.85	00:25.57	1	23:35.93	1:28:30.8
4	SCHMIKE MAIXNER, FIENHO	25	3	09:25.92	00:25.55	3	54:08.22	00:29.40	5	31:36.34	1:36:05.4
5	WEYRICK JOHNSON-JOHNSON	17	1	06:47.82	00:32.21	5	59:28.79	00:33.60	4	30:54.29	1:38:16.7

Race Date

July 27, 2004

Lake To Forest Triathlon Final

Overall Results

Mixed Team>110 Short Cour

<u>Place</u>	<u>Name</u>	<u>Age</u>	<u>Rnk</u>	<u>.25M</u> <u>Time</u>	<u>Trans 1</u> <u>Time</u>	<u>Rnk</u>	<u>11M</u> <u>Time</u>	<u>Trans 2</u> <u>Time</u>	<u>Rnk</u>	<u>3.1M</u> <u>Time</u>	<u>Total</u> <u>Time</u>
1	DEMKO BOWDEN-GRAY	48	1	09:57.69	00:28.11	1	40:29.36	00:25.85	1	26:44.56	1:18:05.5