

# 2002 Lake to Forest Triathlon Results

Sunday, July 28, 2002

Sandpoint, Idaho

# Athletes: 272

Weather:

Course: Garfield Bay

## Long Course Individuals

Rank	Bib	Name	Club	Time	Swim	Bike	Swim+Bike	Run
<b>Long Course Female &lt;=19</b>								
1	221	Cora Stoner		03:25:05	00:27:04 (1)	01:48:52 (1)	02:15:56 (1)	01:09:08 (1)
<b>Long Course Female 20-24</b>								
1	240	Jill Logan		03:06:31	00:32:59 (1)	01:33:37 (1)	02:06:37 (1)	00:59:53 (1)
2	348	Christina Russell		03:53:39	00:57:29 (2)	01:43:07 (2)	02:40:36 (2)	01:13:03 (2)
<b>Long Course Female 25-29</b>								
1	211	Kirsten DeHart		02:34:33	00:28:35 (1)	01:18:08 (1)	01:46:44 (1)	00:47:48 (2)
2	974	Nicole Weippert		02:49:10	00:32:49 (2)	01:23:26 (3)	01:56:16 (2)	00:52:54 (3)
3	232	Francine Smith		02:53:46	00:38:37 (3)	01:21:10 (2)	01:59:48 (3)	00:53:58 (4)
4	298	Stacey Gomes		02:59:00	00:38:50 (4)	01:43:28 (4)	02:22:19 (4)	00:36:41 (1)
<b>Long Course Female 30-34</b>								
1	919	Jane Hewett		02:31:03	00:36:18 (3)	01:15:42 (2)	01:52:01 (2)	00:39:02 (1)
2	352	Melisa Streubel		02:32:30	00:32:28 (1)	01:11:37 (1)	01:44:05 (1)	00:48:24 (3)
3	238	Sally Haugen		02:43:59	00:32:33 (2)	01:24:12 (3)	01:56:46 (3)	00:47:13 (2)
4	967	Monique Lary		03:00:26	00:39:58 (6)	01:25:23 (4)	02:05:21 (4)	00:55:04 (5)
5	952	Kristen Luke		03:13:30	00:38:14 (5)	01:44:39 (8)	02:22:53 (8)	00:50:36 (4)
6	344	Sarah Hamilton		03:16:55	00:42:29 (8)	01:38:34 (7)	02:21:03 (7)	00:55:51 (6)
7	289	Sarah Parr		03:24:32	00:38:10 (4)	01:37:53 (6)	02:16:03 (5)	01:08:28 (7)
8	396	Suzanne Ostersmith		03:31:29	00:41:36 (7)	01:35:16 (5)	02:16:52 (6)	01:14:36 (8)
<b>Long Course Female 35-39</b>								
1	311	Paula Eldredge		02:58:55	00:43:23 (4)	01:23:57 (2)	02:07:20 (2)	00:51:35 (3)
2	279	Gina Woodruff		02:59:09	00:33:11 (1)	01:26:55 (3)	02:00:06 (1)	00:59:03 (6)
3	293	Kelly Schwarting		03:00:10	00:40:40 (3)	01:28:33 (4)	02:09:13 (3)	00:50:57 (2)
4	346	Vicki Jackson		03:09:06	00:38:05 (2)	01:32:44 (5)	02:10:49 (4)	00:58:16 (5)
5	925	Gretchen Kruse		03:13:51	00:53:41 (6)	01:22:17 (1)	02:15:59 (5)	00:57:52 (4)
6	995	Shelley Randall		03:16:45	00:52:53 (5)	01:38:36 (6)	02:31:29 (6)	00:45:15 (1)

Rank	Bib	Name	Club	Time	Swim	Bike	Swim+Bike	Run
<b>Long Course Female 40-44</b>								
1	319	Susan Thomson		02:51:22	00:37:24 (2)	01:21:17 (1)	01:58:41 (1)	00:52:40 (1)
2	226	Cindy Clutter		02:57:07	00:30:56 (1)	01:27:48 (2)	01:58:44 (2)	00:58:22 (3)
3	341	Cheryl Gamache		03:18:30	00:51:10 (4)	01:29:51 (3)	02:21:02 (3)	00:57:27 (2)
4	354	Hunny Witte		03:27:02	00:39:39 (3)	01:44:51 (4)	02:24:30 (4)	01:02:32 (4)
<b>Long Course Female 45-49</b>								
1	220	Lynn Moore		02:53:50	00:37:17 (2)	01:25:38 (1)	02:02:55 (2)	00:50:54 (1)
2	337	Cathy Armacost		02:57:50	00:34:10 (1)	01:25:55 (2)	02:00:05 (1)	00:57:45 (2)
3	234	Nancy Radcliffe		03:03:59	00:39:42 (3)	01:26:27 (3)	02:06:10 (3)	00:57:49 (3)
4	909	Kathleen Salvadore		03:23:51	00:44:28 (4)	01:38:47 (4)	02:23:15 (4)	01:00:35 (4)
<b>Long Course Female 50-54</b>								
1	310	Marti Davis		03:25:44	00:40:51 (1)	01:36:39 (1)	02:17:30 (1)	01:08:13 (1)
<b>Long Course Female 60-64</b>								
1	223	Peggy Self		04:00:33	00:59:49 (1)	02:11:52 (1)	03:11:41 (1)	00:48:52 (1)
<b>Long Course Female 65-69</b>								
1	207	Carol Hemus		03:14:44	00:42:35 (1)	01:28:13 (1)	02:10:48 (1)	01:03:56 (1)
<b>Long Course Male &lt;=19</b>								
1	943	Brendan O'Melveny		02:24:17	00:31:58 (1)	01:10:11 (2)	01:42:09 (1)	00:42:07 (1)
2	229	Brian Nelson		02:33:21	00:36:47 (3)	01:13:06 (3)	01:49:54 (2)	00:43:27 (2)
3	339	Adam Blalock		02:35:58	00:34:12 (2)	01:17:27 (4)	01:51:39 (3)	00:44:19 (3)
	397	Matyas Kreidler			DSQ	02:21:51 (4)	00:54:00 (1)	03:15:52 (4)
<b>Long Course Male 20-24</b>								
1	976	Brendan Weber		02:03:39	00:28:59 (2)	01:03:58 (1)	01:32:57 (1)	00:30:41 (1)
2	283	Sam Yount		02:11:34	00:25:25 (1)	01:09:23 (3)	01:34:48 (2)	00:36:45 (2)
3	927	Ryan Lee		02:17:55	00:29:04 (3)	01:07:14 (2)	01:36:19 (3)	00:41:35 (3)
4	399	Cameron Chesnut		02:38:26	00:33:30 (4)	01:16:29 (4)	01:49:59 (4)	00:48:27 (5)
5	955	Zach Hill		02:45:42	00:37:43 (5)	01:19:40 (5)	01:57:24 (5)	00:48:17 (4)
<b>Long Course Male 25-29</b>								
1	908	Craig Sewell		02:31:07	00:33:52 (2)	01:12:10 (1)	01:46:03 (1)	00:45:04 (2)
2	294	Cary Ross		02:36:52	00:32:06 (1)	01:16:09 (2)	01:48:15 (2)	00:48:37 (3)
3	349	Morgen Lanning		03:23:14	00:53:25 (3)	01:47:10 (3)	02:40:36 (3)	00:42:38 (1)

Rank	Bib	Name	Club	Time	Swim	Bike	Swim+Bike	Run
<b>Long Course Male 30 -34</b>								
1	916	Michael Bresson		02:04:55	00:22:46 (1)	01:06:58 (3)	01:29:44 (1)	00:35:10 (2)
2	351	Dan Streubel		02:12:07	00:28:37 (2)	01:03:51 (1)	01:32:28 (2)	00:39:38 (3)
3	544	Sean Graman		02:25:07	00:43:20 (12)	01:22:55 (8)	02:06:15 (10)	00:18:52 (1)
4	227	Clark Richman		02:25:10	00:28:44 (3)	01:09:21 (5)	01:38:06 (3)	00:47:03 (6)
5	236	Tom DeHart		02:28:48	00:40:37 (9)	01:05:53 (2)	01:46:31 (5)	00:42:17 (4)
6	980	Adam Lawrence		02:32:53	00:35:26 (6)	01:07:52 (4)	01:43:18 (4)	00:49:35 (8)
7	297	Scott Whipps		02:33:12	00:34:58 (5)	01:12:32 (6)	01:47:30 (6)	00:45:42 (5)
8	316	Geoff Emry		02:46:22	00:29:23 (4)	01:24:56 (10)	01:54:20 (7)	00:52:02 (9)
9	948	Eric Worden		02:48:36	00:37:19 (7)	01:23:19 (9)	02:00:39 (9)	00:47:57 (7)
10	901	Jandy Cox		02:53:10	00:38:47 (8)	01:19:35 (7)	01:58:23 (8)	00:54:47 (10)
11	307	Chad Bennett		03:11:10	00:42:17 (10)	01:27:08 (11)	02:09:26 (11)	01:01:44 (11)
12	956	John Givens		03:21:23	00:43:18 (11)	01:36:13 (12)	02:19:32 (12)	01:01:51 (12)

### Long Course Male 35 -39

1	923	Keith Hertel		02:11:58	00:26:13 (2)	01:04:55 (1)	01:31:09 (1)	00:40:48 (2)
2	222	Mick Desserault		02:13:07	00:25:51 (1)	01:05:36 (2)	01:31:27 (2)	00:41:40 (4)
3	318	Cliff Rogge		02:15:22	00:27:33 (3)	01:08:42 (3)	01:36:16 (3)	00:39:06 (1)
4	378	Martin Scates		02:19:24	00:27:42 (4)	01:10:02 (5)	01:37:44 (4)	00:41:40 (5)
5	216	Scott Ward		02:22:00	00:31:02 (7)	01:09:34 (4)	01:40:36 (6)	00:41:24 (3)
6	340	Dan Elsom		02:22:48	00:29:07 (5)	01:10:12 (6)	01:39:19 (5)	00:43:29 (6)
7	961	Mark Edmundson		02:26:28	00:32:00 (8)	01:10:46 (7)	01:42:46 (7)	00:43:42 (7)
8	214	Gordy Hannigan-Luther		02:41:14	00:29:26 (6)	01:22:23 (10)	01:51:49 (8)	00:49:24 (10)
9	993	Jay Bonnett		02:43:55	00:41:54 (13)	01:18:06 (8)	02:00:00 (11)	00:43:54 (8)
10	237	Brent Baldwin		02:44:44	00:38:43 (11)	01:19:32 (9)	01:58:15 (10)	00:46:29 (9)
11	206	Scott Dunn		02:54:31	00:32:18 (9)	01:25:10 (12)	01:57:29 (9)	00:57:02 (11)
12	296	Jerry Bush		03:11:07	00:40:28 (12)	01:24:28 (11)	02:04:57 (12)	01:06:09 (12)
13	233	Michael Grieshaber		03:18:16	00:37:21 (10)	01:33:17 (13)	02:10:39 (13)	01:07:37 (13)

Rank	Bib	Name	Club	Time	Swim	Bike	Swim+Bike	Run
<b>Long Course Male 40 -44</b>								
1	944	Scott Gaiser		02:17:23	00:28:48 (6)	01:09:08 (3)	01:37:56 (2)	00:39:26 (1)
2	377	Greg Holmes		02:22:32	00:33:48 (9)	01:04:03 (1)	01:37:52 (1)	00:44:40 (4)
3	942	Cory Yost		02:24:06	00:35:15 (10)	01:07:18 (2)	01:42:33 (3)	00:41:33 (2)
4	295	Kirk Wood-Gaines		02:28:54	00:28:32 (4)	01:15:36 (4)	01:44:08 (5)	00:44:45 (5)
5	209	David Hellenenthal		02:31:10	00:27:02 (2)	01:16:10 (5)	01:43:13 (4)	00:47:57 (9)
6	926	Steve Dodson		02:31:57	00:29:01 (7)	01:18:30 (9)	01:47:31 (7)	00:44:26 (3)
7	204	Austin Haynes		02:38:17	00:27:01 (1)	01:17:43 (7)	01:44:44 (6)	00:53:33 (11)
8	300	Randall Clement		02:39:08	00:37:37 (14)	01:16:22 (6)	01:53:59 (10)	00:45:09 (6)
9	398	John Clutter		02:41:02	00:35:24 (11)	01:19:41 (10)	01:55:06 (12)	00:45:56 (7)
10	950	Thomas Simpson		02:43:58	00:27:53 (3)	01:20:18 (12)	01:48:12 (8)	00:55:46 (13)
11	210	Bruce Garcia		02:45:46	00:37:48 (15)	01:18:12 (8)	01:56:01 (13)	00:49:44 (10)
12	225	Tom Lamar		02:46:41	00:28:47 (5)	01:22:17 (14)	01:51:05 (9)	00:55:36 (12)
13	313	Mark Burke		02:50:52	00:43:51 (17)	01:19:54 (11)	02:03:46 (16)	00:47:05 (8)
14	230	Tom Groesbeck		02:55:07	00:36:52 (13)	01:21:13 (13)	01:58:05 (14)	00:57:02 (15)
15	315	Tracy Krueger		02:55:26	00:36:12 (12)	01:23:09 (16)	01:59:21 (15)	00:56:05 (14)
16	911	Eric Ridgway		03:05:14	00:29:28 (8)	01:24:47 (17)	01:54:15 (11)	01:10:58 (19)
17	239	Bruce Pence		03:06:14	00:42:19 (16)	01:22:34 (15)	02:04:53 (17)	01:01:20 (16)
18	985	Louis Chavez		03:13:30	00:44:46 (19)	01:25:59 (18)	02:10:46 (18)	01:02:44 (17)
19	203	Brian Markham		03:43:18	00:44:15 (18)	01:54:50 (19)	02:39:05 (19)	01:04:13 (18)

### Long Course Male 45 -49

1	212	Brad Vanwert		02:17:35	00:27:08 (1)	01:08:49 (1)	01:35:58 (1)	00:41:37 (1)
2	305	Mark Finke		02:30:33	00:29:48 (4)	01:16:20 (4)	01:46:08 (2)	00:44:24 (2)
3	323	Denny Wilson		02:34:12	00:28:23 (2)	01:20:06 (7)	01:48:29 (4)	00:45:42 (3)
4	928	Jerry Hill		02:40:36	00:37:39 (7)	01:14:05 (2)	01:51:45 (6)	00:48:51 (4)
5	345	Mark Heppe		02:42:34	00:35:20 (6)	01:15:41 (3)	01:51:01 (5)	00:51:33 (8)
6	350	Scott Schneckloth		02:43:19	00:33:59 (5)	01:18:35 (6)	01:52:35 (7)	00:50:43 (6)
7	215	Scott Burgstahler		02:44:19	00:29:24 (3)	01:18:17 (5)	01:47:42 (3)	00:56:36 (11)
8	338	Randy Bennett		02:53:42	00:37:58 (8)	01:25:37 (8)	02:03:35 (8)	00:50:06 (5)
9	202	Peter Gillis		03:08:02	00:44:19 (11)	01:32:36 (9)	02:16:56 (10)	00:51:05 (7)
10	231	Norbert Chu		03:12:23	00:40:15 (9)	01:36:17 (10)	02:16:33 (9)	00:55:49 (10)
11	962	Frank Purdy		03:13:50	00:42:26 (10)	01:37:24 (11)	02:19:51 (11)	00:53:59 (9)
12	971	Gene O'Meara		03:50:16	01:05:25 (12)	01:39:42 (12)	02:45:07 (12)	01:05:08 (12)

Rank	Bib	Name	Club	Time	Swim	Bike	Swim+Bike	Run
<b>Long Course Male 50-54</b>								
1	353	Stan Watkins		02:35:04	00:33:55 (1)	01:11:47 (1)	01:45:42 (1)	00:49:21 (4)
2	217	Mark Workman		02:35:28	00:35:12 (2)	01:14:53 (3)	01:50:05 (2)	00:45:23 (2)
3	322	Randy Hull		02:43:49	00:37:11 (3)	01:21:29 (5)	01:58:41 (4)	00:45:07 (1)
4	320	Lars Smith		02:44:43	00:40:12 (5)	01:14:09 (2)	01:54:21 (3)	00:50:21 (5)
5	910	Clark Richards		02:55:14	00:44:37 (6)	01:24:25 (6)	02:09:02 (6)	00:46:12 (3)
6	312	Lloyd Eldredge		02:58:46	00:38:23 (4)	01:20:50 (4)	01:59:14 (5)	00:59:32 (6)

### Long Course Male 55-59

1	309	Stan Davis		02:47:16	00:31:11 (1)	01:18:41 (1)	01:49:52 (1)	00:57:24 (4)
2	290	Richard Allen		02:48:19	00:32:02 (2)	01:21:59 (2)	01:54:02 (2)	00:54:17 (2)
3	347	Jon Lewis		03:01:53	00:42:46 (4)	01:27:03 (3)	02:09:50 (3)	00:52:02 (1)
4	343	Allan Halowski		03:16:27	00:42:43 (3)	01:27:24 (4)	02:10:07 (4)	01:06:19 (5)
5	287	Monk Kalembe		03:24:47	00:56:37 (5)	01:32:54 (5)	02:29:31 (5)	00:55:15 (3)

### Long Course Male 60-64

1	218	Jim Fry		02:28:07	00:27:43 (1)	01:14:34 (1)	01:42:17 (1)	00:45:49 (1)
2	213	Jim McBride		02:45:29	00:33:25 (2)	01:17:15 (2)	01:50:40 (2)	00:54:48 (2)
3	208	Dick Hemus		03:02:37	00:37:54 (3)	01:27:51 (3)	02:05:46 (3)	00:56:51 (3)

### Long Course Team by Gender

Rank	Bib	Name	Club	Time	Swim	Bike	Swim+Bike	Run
<b>Long Course Women's Team</b>								
1	966	Kalembe Kalembe -Kalembe		02:40:20	00:40:42 (4)	01:12:50 (1)	01:53:32 (2)	00:46:47 (1)
2	372	Casey Watson-Watson		02:50:38	00:27:57 (1)	01:23:57 (2)	01:51:54 (1)	00:58:44 (4)
3	904	Knapton Bateman-Clayton		02:52:44	00:36:59 (2)	01:26:11 (3)	02:03:11 (3)	00:49:33 (2)
4	903	Holt Lutz-Carleton		03:00:21	00:37:46 (3)	01:28:59 (4)	02:06:46 (4)	00:53:35 (3)

### Long Course Men's Team

1	375	Hinds Moore -Gracyalny		02:10:12	00:26:02 (1)	01:04:04 (1)	01:30:07 (1)	00:40:05 (2)
2	373	Wichman Bozich-Repp		02:18:26	00:27:39 (3)	01:11:17 (3)	01:38:56 (2)	00:39:29 (1)
3	371	Clemens Peterson-Terning		02:42:21	00:33:58 (4)	01:10:56 (2)	01:44:54 (3)	00:57:26 (4)
4	374	Leaf Thompson-Kuh		02:45:07	00:27:10 (2)	01:32:33 (4)	01:59:43 (4)	00:45:23 (3)

Rank	Bib	Name	Club	Time	Swim	Bike	Swim+Bike	Run
<b>Long Course Family Team</b>								
Rank	Bib	Name	Club	Time	Swim	Bike	Swim+Bike	Run
1	906	O'Toole Scmidt-O'Toole		03:02:17	00:43:28 (1)	01:22:50 (1)	02:06:18 (1)	00:55:58 (1)

**Long Course Mixed Team 110 & Over (combined ages)**

Rank	Bib	Name	Club	Time	Swim	Bike	Swim+Bike	Run
<b>Long Course Team 110+</b>								
1	949	Collar Simpson-Joseph		02:04:51	00:23:17 (1)	01:03:46 (1)	01:27:04 (1)	00:37:47 (1)
2	905	Smith Smith-Peckham		02:19:59	00:31:47 (2)	01:04:16 (2)	01:36:03 (2)	00:43:55 (3)
3	994	Delue Brandt-Coburn		02:27:37	00:35:18 (4)	01:11:16 (4)	01:46:34 (3)	00:41:02 (2)
4	902	West Monroe-Monroe		02:39:26	00:41:27 (7)	01:11:04 (3)	01:52:32 (4)	00:46:53 (4)
5	271	Kane McFarland -Durkin		02:44:14	00:33:04 (3)	01:21:56 (6)	01:55:00 (5)	00:49:13 (5)
6	361	Herdman Cadnum-Flannigan		02:48:43	00:38:52 (6)	01:18:25 (5)	01:57:18 (6)	00:51:24 (6)
7	314	Fennessy Maixner -Fennessy		03:00:57	00:36:55 (5)	01:29:35 (8)	02:06:31 (7)	00:54:25 (7)
8	912	Hume Johnson-Hume		03:54:05	01:22:12 (8)	01:27:26 (7)	02:49:38 (8)	01:04:26 (8)

**Long Course Mixed Team Under 110 (combined ages)**

Rank	Bib	Name	Club	Time	Swim	Bike	Swim+Bike	Run
<b>Long Course Team &lt;110</b>								
1	913	Finley Finley -MaGrath		02:17:42	00:23:19 (1)	01:17:24 (1)	01:40:44 (1)	00:36:57 (1)
2	370	Faggard Hedrick-Calkins		02:44:37	00:28:40 (2)	01:20:40 (2)	01:49:20 (2)	00:55:16 (2)

Rank	Bib	Name	Club	Time	Swim	Bike	Swim+Bike	Run
<b>Mtn. Bike Individuals</b>								
Rank	Bib	Name	Club	Time	Swim	Bike	Swim+Bike	Run
<b>Short Course Female &lt;=19</b>								
1	266	Kaylin Rostron		01:30:48	00:07:34 (2)	00:56:44 (2)	01:04:18 (2)	00:26:29 (3)
2	261	Kim Kissing		01:37:06	00:09:03 (4)	01:00:44 (3)	01:09:47 (3)	00:27:18 (4)
3	379	Allie Brosh		01:38:37	00:08:52 (3)	01:08:51 (5)	01:17:43 (5)	00:20:53 (1)
4	386	Katrina Finley		01:43:50	00:05:45 (1)	01:06:53 (4)	01:12:38 (4)	00:31:11 (5)
5	358	Kelsie Wahlin		01:54:56	00:10:42 (6)	01:19:22 (6)	01:30:05 (6)	00:24:51 (2)
6	335	Amber Phillips		01:57:04	00:12:12 (8)	00:36:16 (1)	00:48:29 (1)	01:08:34 (8)
7	933	Megan Gumke		02:40:54	00:09:19 (5)	01:58:49 (8)	02:08:09 (7)	00:32:45 (7)
8	959	Natasha Chant		02:40:55	00:12:08 (7)	01:56:03 (7)	02:08:11 (8)	00:32:43 (6)
<b>Short Course Female 20-24</b>								
1	383	Ammi Midstokke		01:30:03	00:09:08 (2)	00:51:26 (1)	01:00:34 (1)	00:29:28 (3)
2	263	Nikia Hanson		01:31:33	00:09:30 (3)	00:53:23 (2)	01:02:53 (2)	00:28:39 (2)
3	254	Ashli Anderson		01:40:49	00:09:58 (4)	01:03:25 (3)	01:13:23 (4)	00:27:26 (1)
4	253	Gina Gonnella		02:08:06	00:07:47 (1)	01:05:35 (4)	01:13:23 (3)	00:54:43 (4)
<b>Short Course Female 25-29</b>								
1	978	Katherine Wimmer		01:25:47	00:06:36 (1)	00:53:01 (2)	00:59:37 (1)	00:26:10 (3)
2	324	Melissa Bond		01:27:18	00:08:59 (4)	00:52:46 (1)	01:01:46 (2)	00:25:31 (1)
3	304	Beth Clements		01:28:38	00:09:49 (7)	00:53:06 (3)	01:02:56 (3)	00:25:42 (2)
4	390	Juli Russell		01:31:55	00:09:12 (6)	00:55:52 (5)	01:05:04 (5)	00:26:50 (6)
5	977	Catherine Hannity		01:32:02	00:08:54 (3)	00:54:59 (4)	01:03:54 (4)	00:28:07 (7)
6	241	Shadra Yates		01:34:01	00:09:10 (5)	00:56:10 (6)	01:05:21 (6)	00:28:39 (8)
7	389	Hilary Strauch		01:34:07	00:08:25 (2)	00:59:07 (8)	01:07:32 (7)	00:26:35 (4)
8	958	Paula Fulgham		01:34:20	00:11:11 (8)	00:56:34 (7)	01:07:45 (8)	00:26:35 (5)
9	325	Cindi Buxton		01:52:31	00:12:11 (9)	01:06:46 (9)	01:18:58 (9)	00:33:33 (9)

Rank	Bib	Name	Club	Time	Swim	Bike	Swim+Bike	Run
<b>Short Course Female 30-34</b>								
1	242	Kayleen Uibel		01:10:15	00:06:46 (1)	00:43:09 (1)	00:49:56 (1)	00:20:19 (1)
2	979	Kelley Spink		01:27:23	00:09:13 (6)	00:52:59 (4)	01:02:12 (4)	00:25:10 (3)
3	265	Alison Karpenko		01:27:46	00:08:05 (2)	00:52:34 (2)	01:00:39 (2)	00:27:06 (4)
4	257	Dacia Snyder		01:29:13	00:08:45 (4)	00:52:39 (3)	01:01:24 (3)	00:27:48 (5)
5	951	Kathy Gentry		01:34:03	00:08:59 (5)	01:01:06 (6)	01:10:05 (6)	00:23:57 (2)
6	252	Terri Gervais		01:38:45	00:08:41 (3)	00:57:58 (5)	01:06:39 (5)	00:32:05 (6)
7	330	James Eberle		01:45:45	00:11:25 (7)	01:01:09 (7)	01:12:34 (7)	00:33:10 (7)
8	333	Noreen Ness		02:11:37	00:13:59 (8)	01:19:05 (8)	01:33:04 (8)	00:38:33 (8)
<b>Short Course Female 35-39</b>								
1	272	Robin DeRuwe		01:20:47	00:08:37 (1)	00:49:10 (1)	00:57:47 (1)	00:22:59 (1)
2	328	Susan Drumheller		01:29:49	00:09:55 (7)	00:53:51 (2)	01:03:46 (2)	00:26:02 (2)
3	930	Kathleen Herzog		01:39:26	00:08:53 (3)	00:59:02 (4)	01:07:56 (4)	00:31:30 (4)
4	938	Kim Clothier		01:40:05	00:08:42 (2)	00:58:32 (3)	01:07:15 (3)	00:32:49 (6)
5	251	Genevieve Kennedy		01:42:54	00:09:16 (5)	01:02:50 (7)	01:12:07 (5)	00:30:46 (3)
6	992	Kathy Shipps		01:46:43	00:13:38 (10)	01:00:52 (5)	01:14:31 (8)	00:32:12 (5)
7	269	Denise Strang		01:48:51	00:10:57 (8)	01:01:48 (6)	01:12:45 (6)	00:36:05 (10)
8	939	Julie Gagnon		01:49:11	00:09:15 (4)	01:04:58 (9)	01:14:14 (7)	00:34:57 (7)
9	327	Barbara Crumb		01:51:36	00:13:23 (9)	01:03:04 (8)	01:16:28 (9)	00:35:08 (9)
10	382	Lizza Osborn		02:00:44	00:09:24 (6)	01:16:18 (10)	01:25:42 (10)	00:35:01 (8)
<b>Short Course Female 40-44</b>								
1	385	Dodi Sykes		01:35:13	00:07:18 (1)	00:56:56 (1)	01:04:14 (1)	00:30:58 (3)
2	981	Pamela Alegnani		01:37:18	00:09:07 (2)	00:59:56 (3)	01:09:03 (2)	00:28:14 (2)
3	357	Leslie Wahlin		01:38:35	00:10:45 (7)	01:00:59 (4)	01:11:44 (4)	00:26:50 (1)
4	243	Julie Price		01:46:51	00:10:33 (5)	01:02:19 (5)	01:12:52 (5)	00:33:58 (4)
5	983	Sue Lopez		01:49:19	00:10:38 (6)	00:58:52 (2)	01:09:31 (3)	00:39:47 (6)
6	247	Linda Hassenauer		01:55:18	00:09:27 (3)	01:11:14 (6)	01:20:42 (6)	00:34:36 (5)
7	275	Jill Sheffels		02:18:43	00:10:30 (4)	01:14:11 (7)	01:24:41 (7)	00:54:02 (7)

Rank	Bib	Name	Club	Time	Swim	Bike	Swim+Bike	Run
<b>Short Course Female 45-49</b>								
1	384	Leah Lokan		01:19:32	00:09:14 (3)	00:45:45 (1)	00:55:00 (1)	00:24:32 (1)
2	922	Diane Swtzer		01:26:39	00:07:26 (1)	00:52:26 (2)	00:59:53 (2)	00:26:46 (2)
3	260	Sue Helander		01:43:01	00:11:52 (4)	01:02:25 (3)	01:14:17 (3)	00:28:43 (3)
4	262	Julianne Parnell		01:49:48	00:08:08 (2)	01:07:41 (5)	01:15:49 (4)	00:33:59 (6)
5	274	Kim Philipps		01:53:03	00:15:16 (6)	01:05:58 (4)	01:21:14 (5)	00:31:48 (5)
6	255	Carol Waldenberg		01:58:25	00:13:56 (5)	01:15:06 (6)	01:29:03 (6)	00:29:22 (4)
7	332	Lois LaPointe		02:22:15	00:15:26 (7)	01:24:57 (7)	01:40:23 (7)	00:41:51 (7)
<b>Short Course Female 50-54</b>								
1	267	Lois Marquart		01:35:55	00:07:58 (1)	00:59:51 (1)	01:07:49 (1)	00:28:05 (1)
<b>Short Course Female 55-59</b>								
1	331	Nan Flannigan		02:20:18	00:13:11 (1)	01:23:02 (1)	01:36:13 (1)	00:44:05 (1)
<b>Short Course Female &gt;=70</b>								
1	278	Annette Orton		03:13:09	00:17:13 (1)	01:58:39 (1)	02:15:52 (1)	00:57:17 (1)
<b>Short Course Male &lt;=19</b>								
1	381	Kyle Duba		01:12:35	00:08:50 (3)	00:42:05 (3)	00:50:55 (1)	00:21:39 (2)
2	268	Matthew Gillis		01:15:43	00:07:33 (2)	00:44:30 (4)	00:52:03 (2)	00:23:40 (3)
3	356	Jordan Wahlin		01:28:34	00:55:26 (7)	00:23:11 (1)	01:18:37 (7)	00:09:56 (1)
4	249	Todd Stoner		01:28:54	00:05:45 (1)	00:53:57 (5)	00:59:43 (4)	00:29:10 (6)
5	301	Michael Clement		01:35:25	00:11:15 (5)	00:59:43 (6)	01:10:58 (5)	00:24:26 (4)
6	954	Taab Crispin		01:41:38	00:10:19 (4)	01:03:40 (7)	01:14:00 (6)	00:27:38 (5)
7	940	Josh Gagnon		01:54:08	00:11:48 (6)	00:41:20 (2)	00:53:08 (3)	01:00:59 (7)
<b>Short Course Male 20-24</b>								
1	277	Kurt Weidich		01:24:23	00:07:45 (2)	00:49:46 (2)	00:57:31 (2)	00:26:51 (2)
2	334	Kris Overhauser		01:31:03	00:09:15 (3)	00:55:00 (3)	01:04:16 (3)	00:26:47 (1)
3	932	Bradley Crockett		01:31:35	00:06:42 (1)	00:48:43 (1)	00:55:25 (1)	00:36:10 (4)
4	273	Switzer Rogers		01:47:42	00:12:08 (4)	01:06:21 (4)	01:18:30 (4)	00:29:12 (3)

Rank	Bib	Name	Club	Time	Swim	Bike	Swim+Bike	Run
<b>Short Course Male 25-29</b>								
1	989	Jamey Yanik		01:01:14	00:07:00 (1)	00:38:00 (1)	00:45:00 (1)	00:16:14 (1)
2	201	Shane Maixner		01:12:29	00:07:40 (4)	00:43:07 (2)	00:50:47 (2)	00:21:41 (3)
3	245	Cory Wilson		01:13:54	00:09:24 (7)	00:43:45 (4)	00:53:10 (5)	00:20:43 (2)
4	984	Adam Tajan		01:15:37	00:10:17 (11)	00:43:24 (3)	00:53:42 (6)	00:21:55 (5)
5	302	Aaron VanderWaal		01:15:48	00:09:07 (6)	00:44:55 (5)	00:54:03 (7)	00:21:45 (4)
6	947	Jake Strohmeier		01:16:04	00:07:19 (3)	00:45:28 (6)	00:52:47 (3)	00:23:17 (7)
7	264	John Deines		01:30:32	00:07:17 (2)	00:45:37 (7)	00:52:54 (4)	00:37:38 (15)
8	256	Jeff Vandeventer		01:32:12	00:07:57 (5)	00:49:05 (8)	00:57:03 (8)	00:35:09 (14)
9	991	Todd Stiles		01:36:25	00:12:05 (13)	00:55:16 (10)	01:07:22 (9)	00:29:03 (12)
10	920	John Scott		01:36:27	00:12:10 (14)	00:55:49 (11)	01:07:59 (10)	00:28:28 (11)
11	394	Doug Stiles		01:38:01	00:16:27 (15)	00:53:07 (9)	01:09:34 (11)	00:28:26 (10)
12	393	Dave Clancey		01:38:02	00:09:36 (9)	01:05:10 (13)	01:14:46 (13)	00:23:15 (6)
13	336	Ben VanGerpen		01:40:23	00:09:34 (8)	01:02:42 (12)	01:12:16 (12)	00:28:06 (8)
14	395	Tony Allison		01:46:00	00:10:03 (10)	01:07:48 (15)	01:17:52 (14)	00:28:08 (9)
15	276	Anthony DeStefano		01:48:31	00:12:03 (12)	01:05:54 (14)	01:17:58 (15)	00:30:33 (13)

### Short Course Male 30-34

1	945	David Lawless		01:12:24	00:07:02 (1)	00:42:06 (1)	00:49:09 (1)	00:23:15 (1)
2	285	Jordan Bader		01:19:59	00:07:05 (2)	00:46:42 (4)	00:53:48 (2)	00:26:11 (5)
3	965	Sean Policani		01:22:14	00:10:07 (10)	00:46:26 (3)	00:56:33 (5)	00:25:40 (4)
4	259	Randy Absalonson		01:27:13	00:08:09 (5)	00:48:05 (5)	00:56:15 (4)	00:30:58 (11)
5	972	Michael Rhodes		01:29:31	00:08:32 (6)	00:53:51 (7)	01:02:24 (7)	00:27:06 (6)
6	975	Curt Deitering		01:29:42	00:10:21 (11)	00:55:26 (8)	01:05:48 (10)	00:23:53 (2)
7	317	Ivan Barnes		01:30:04	00:08:52 (7)	00:56:17 (9)	01:05:10 (8)	00:24:54 (3)
8	990	Joe Hamilton		01:30:28	00:07:46 (4)	00:53:49 (6)	01:01:36 (6)	00:28:52 (8)
9	960	Rip Horsey		01:37:59	00:07:25 (3)	00:57:54 (10)	01:05:19 (9)	00:32:39 (12)
10	941	Michael Elston		01:39:13	00:09:58 (9)	00:45:02 (2)	00:55:01 (3)	00:44:12 (14)
11	946	Wayne Davis		01:40:24	00:12:14 (13)	00:59:28 (11)	01:11:42 (11)	00:28:41 (7)
12	392	Chuck Beaumont		01:50:02	00:09:44 (8)	01:06:02 (12)	01:15:47 (12)	00:34:15 (13)
13	388	Darren Osborn		01:53:36	00:16:42 (14)	01:06:09 (13)	01:22:52 (13)	00:30:44 (9)
14	329	Curtis Eberle		01:57:22	00:11:57 (12)	01:14:31 (14)	01:26:28 (14)	00:30:53 (10)

Rank	Bib	Name	Club	Time	Swim	Bike	Swim+Bike	Run
<b>Short Course Male 35-39</b>								
1	299	Michael Sexton		01:09:49	00:06:57 (3)	00:42:34 (5)	00:49:31 (4)	00:20:17 (1)
2	321	Jim Long		01:10:20	00:05:28 (1)	00:41:40 (3)	00:47:08 (2)	00:23:11 (4)
3	918	Steve Brower		01:11:18	00:07:31 (4)	00:40:58 (2)	00:48:30 (3)	00:22:48 (3)
4	921	Ned Hastings		01:15:08	00:06:02 (2)	00:44:40 (6)	00:50:43 (5)	00:24:24 (8)
5	953	Greg Luke		01:17:31	00:07:33 (5)	00:47:25 (8)	00:54:58 (6)	00:22:32 (2)
6	988	Rich Sherwood		01:20:19	00:15:06 (16)	00:41:43 (4)	00:56:50 (8)	00:23:29 (6)
7	968	Tony Policani		01:21:43	00:09:04 (11)	00:47:09 (7)	00:56:14 (7)	00:25:28 (11)
8	326	Shawn Cannon		01:23:17	00:07:43 (8)	00:37:23 (1)	00:45:07 (1)	00:38:10 (16)
9	982	Ron Crenshaw		01:24:31	00:08:48 (10)	00:50:35 (10)	00:59:24 (11)	00:25:06 (10)
10	915	Brett Lyndaker		01:25:20	00:07:36 (6)	00:50:56 (12)	00:58:33 (9)	00:26:46 (12)
11	935	Jeff Bolander		01:25:42	00:08:01 (9)	00:50:50 (11)	00:58:51 (10)	00:26:51 (13)
12	929	Joseph Herzog		01:26:47	00:09:11 (12)	00:52:55 (14)	01:02:07 (13)	00:24:39 (9)
13	291	Mike Papritz		01:26:54	00:10:05 (14)	00:53:20 (15)	01:03:26 (16)	00:23:28 (5)
14	376	Steve Lunde		01:27:07	00:11:44 (15)	00:51:02 (13)	01:02:46 (15)	00:24:20 (7)
15	924	John Bertagnolli		01:27:37	00:09:18 (13)	00:50:18 (9)	00:59:36 (12)	00:28:00 (15)
16	917	Matt Awbrey		01:30:29	00:07:38 (7)	00:54:53 (16)	01:02:32 (14)	00:27:56 (14)

### Short Course Male 40-44

1	250	John Hays		01:14:03	00:06:06 (1)	00:45:42 (1)	00:51:49 (1)	00:22:14 (1)
2	303	Al Turnbow		01:20:41	00:07:28 (3)	00:48:05 (2)	00:55:33 (2)	00:25:07 (5)
3	355	Joel Wahlin		01:22:36	00:10:12 (6)	00:48:12 (3)	00:58:25 (3)	00:24:11 (3)
4	244	Rick Price		01:25:11	00:09:41 (4)	00:48:54 (4)	00:58:36 (4)	00:26:34 (6)
5	973	Jeff Lee		01:27:26	00:07:26 (2)	00:55:55 (6)	01:03:22 (5)	00:24:03 (2)
6	248	Tom Hassenauer		01:30:21	00:12:17 (8)	00:53:35 (5)	01:05:52 (6)	00:24:28 (4)
7	258	Joel Fields		01:41:45	00:09:56 (5)	01:02:30 (7)	01:12:26 (7)	00:29:19 (8)
8	934	Tim Wagner		01:47:59	00:12:01 (7)	01:08:58 (8)	01:21:00 (8)	00:26:59 (7)

### Short Course Male 45-49

1	970	Alan Colburn		01:10:35	00:07:57 (2)	00:40:50 (1)	00:48:47 (1)	00:21:48 (1)
2	936	Jamie Emmer		01:14:02	00:07:16 (1)	00:42:48 (2)	00:50:04 (2)	00:23:57 (2)
3	387	Jim McLean		01:44:19	00:09:23 (3)	01:08:43 (3)	01:18:07 (3)	00:26:12 (3)
4	937	Sly Chatman		02:01:06	00:10:09 (4)	01:13:09 (4)	01:23:18 (4)	00:37:47 (4)

### Short Course Male 50-54

1	280	Dan Abbott		01:17:52	00:11:01 (1)	00:41:52 (1)	00:52:53 (1)	00:24:58 (1)
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Rank	Bib	Name	Club	Time	Swim	Bike	Swim+Bike	Run
<b>Short Course Male 55-59</b>								
1	987	Jim Smith		01:30:35	00:12:19 (2)	00:53:18 (1)	01:05:38 (2)	00:24:57 (1)
2	246	Jud Morris		01:34:15	00:08:06 (1)	00:56:49 (2)	01:04:55 (1)	00:29:19 (2)

**Short Course Male 60-64**

1	969	Bill Overholser		01:22:11	00:07:11 (1)	00:49:37 (1)	00:56:48 (1)	00:25:22 (1)
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**Mtn. Bike Team by Gender**

Rank	Bib	Name	Club	Time	Swim	Bike	Swim+Bike	Run
<b>Short Course Women's Team</b>								
1	366	Mehra Adamson-Scott		01:23:43	00:07:11 (1)	00:49:58 (1)	00:57:09 (1)	00:26:34 (1)
2	368	Hopkins Jones-Johnson		02:09:45	00:12:33 (2)	01:15:24 (2)	01:27:57 (2)	00:41:48 (2)

**Mtn. Bike Family Team**

Rank	Bib	Name	Club	Time	Swim	Bike	Swim+Bike	Run
<b>Short Course Family Team</b>								
1	365	Heil Heil-Heil		01:15:02	00:07:46 (2)	00:47:10 (1)	00:54:56 (1)	00:20:05 (1)
2	914	Hackworthy Hackworthy-Faulk		01:42:32	00:06:38 (1)	00:58:40 (2)	01:05:19 (2)	00:37:12 (3)
3	907	Smith Smith-Schweger		01:43:53	00:08:11 (3)	01:00:50 (3)	01:09:02 (3)	00:34:50 (2)

**Mtn. Bike Mixed Team 110 & Over (combined ages)**

Rank	Bib	Name	Club	Time	Swim	Bike	Swim+Bike	Run
<b>Short Course Team 110+</b>								
1	369	Shelby Rockwell-Hauck		01:13:00	00:05:48 (1)	00:40:26 (2)	00:46:15 (1)	00:26:45 (2)
2	362	Repp Konek-Oak		01:14:47	00:10:00 (4)	00:39:26 (1)	00:49:26 (2)	00:25:21 (1)
3	364	Mauricio Lobb-Bailey		01:27:39	00:07:30 (3)	00:52:18 (4)	00:59:49 (4)	00:27:50 (3)
4	360	Overhauser Kirpes -Richmond		01:32:43	00:06:50 (2)	00:50:50 (3)	00:57:40 (3)	00:35:02 (5)
5	363	Ross Holbert-Holbert		01:50:17	00:11:07 (5)	01:10:48 (5)	01:21:55 (5)	00:28:21 (4)

Rank	Bib	Name	Club	Time	Swim	Bike	Swim+Bike	Run
<b>Mtn. Bike Mixed Team Under 110 (combined ages)</b>								
Rank	Bib	Name	Club	Time	Swim	Bike	Swim+Bike	Run
<b>1</b>	359	Anderson Nosbaum-Bozich		01:41:10	00:09:43 (1)	01:03:19 (1)	01:13:02 (1)	00:28:07 (1)
				7/30/02 9:15:58 AM				PAGE 13 OF 14

**Short Course Team <110**

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## **2002 Lake to Forest Triathlon**

**Sandpoint, Idaho**

**Sunday, July 28, 2002**

Thanks to all of our many volunteers!  
Hope our participants had a great time!  
See you next year!

**Chief of Competition:** Missi Balison

**Chief of Course:**

**Technical Delegate:** Don Helander

**Jury:** Jackie Gillis