

Lake to Forest 2003 Results

Sunday, July 27, 2003

Garfield Bay

Athletes: 283

Weather: Sunny and Hot

Course:

Long Course Individuals

Rank	Bib	Name	City	Time	Swim	Bike	Swim+Bike	Run
Long Course Female <=19								
1	206	Cora Stoner	Sandpoint	03:34:17	00:23:01 (1)	02:00:28 (2)	02:23:29 (2)	01:10:47 (1)
2	308	Kyra Bostroem	San Rafael	03:44:07	00:26:51 (2)	01:51:18 (1)	02:18:10 (1)	01:25:56 (2)
Long Course Female 20-24								
1	781	Teresa A Watson	Spokane	02:52:33	00:23:19 (2)	01:51:04 (5)	02:14:24 (5)	00:38:08 (1)
2	744	Jamie Lake	Newport	02:58:28	00:30:47 (4)	01:31:19 (1)	02:02:06 (2)	00:56:22 (2)
3	758	Brandyn Gray	Sandpoint	03:01:56	00:22:22 (1)	01:35:09 (3)	01:57:32 (1)	01:04:24 (4)
4	258	Summer Goetz	Mead	03:07:13	00:32:05 (5)	01:31:41 (2)	02:03:46 (3)	01:03:26 (3)
5	259	Christine Dolliver	Boulder	03:20:12	00:28:08 (3)	01:41:10 (4)	02:09:19 (4)	01:10:52 (5)
Long Course Female 25-29								
1	703	Maria Berger	Missoula	02:34:45	00:27:57 (2)	01:26:14 (1)	01:54:11 (1)	00:40:33 (1)
2	717	Julia Hemstra	Bozeman	02:54:16	00:27:01 (1)	01:31:47 (3)	01:58:48 (2)	00:55:27 (3)
3	350	Gina Rumore	Sagle	02:54:41	00:32:28 (3)	01:29:18 (2)	02:01:47 (3)	00:52:54 (2)
4	341	Katie Newman	Coeur d'Alene	03:29:52	00:35:38 (4)	01:50:31 (4)	02:26:10 (4)	01:03:42 (4)
5	794	Lori Fruci	Spokane	03:39:36	00:36:51 (5)	01:56:03 (5)	02:32:54 (5)	01:06:41 (5)
Long Course Female 30-34								
1	138	Sally Haugen	Rathdrum	02:53:25	00:33:00 (3)	01:27:06 (1)	02:00:06 (1)	00:53:19 (1)
2	337	Cherese McCoy	USAF Academy	03:01:25	00:27:20 (1)	01:37:46 (2)	02:05:06 (2)	00:56:18 (2)
3	778	Megan Murphy	Spokane	03:13:13	00:31:44 (2)	01:42:33 (4)	02:14:18 (3)	00:58:55 (4)
4	708	Kelly Knapp	Coeur d'Alene	03:21:13	00:37:16 (4)	01:46:42 (5)	02:23:58 (5)	00:57:14 (3)
5	269	Carrie Clayton	Spokane	03:43:35	00:41:38 (6)	01:40:51 (3)	02:22:30 (4)	01:21:05 (5)
6	251	Stacie Summerhill	Seattle	03:56:14	00:40:49 (5)	01:52:20 (6)	02:33:10 (6)	01:23:03 (6)

Rank	Bib	Name	City	Time	Swim	Bike	Swim+Bike	Run
Long Course Female 35-39								
1	314	Allison DeLong	Hope	02:39:30	00:27:27 (1)	01:23:43 (2)	01:51:11 (1)	00:48:19 (1)
2	291	Ashley Grosse	Moscow	02:55:06	00:32:34 (3)	01:26:27 (3)	01:59:01 (2)	00:56:05 (3)
3	790	Gretchen Kruse	Hayden Lake	02:55:46	00:37:49 (4)	01:23:30 (1)	02:01:19 (4)	00:54:26 (2)
4	306	Gina Woodruff	Sandpoint	03:00:36	00:29:19 (2)	01:30:33 (4)	01:59:53 (3)	01:00:43 (4)
5	777	Kathy Achen	Otis Orchard	03:16:31	00:43:45 (6)	01:30:37 (5)	02:14:23 (5)	01:02:08 (5)
6	274	Marianne Taylor	Kirland	04:21:45	00:41:01 (5)	02:11:24 (6)	02:52:25 (6)	01:29:19 (6)
Long Course Female 40-44								
1	210	Vicki Jackson	Spokane	02:58:30	00:30:34 (3)	01:31:13 (3)	02:01:48 (2)	00:56:42 (3)
2	333	Debbie May	Truckee	02:59:47	00:34:54 (8)	01:27:46 (1)	02:02:41 (4)	00:57:06 (4)
3	216	Hunny Witte	Kootenai	03:02:08	00:33:16 (6)	01:32:12 (4)	02:05:29 (6)	00:56:39 (2)
4	721	Mo Copeland	Spokane	03:02:40	00:31:40 (4)	01:29:46 (2)	02:01:27 (1)	01:01:13 (6)
5	219	Cindy Clutter	Coeur d'Alene	03:04:52	00:22:30 (1)	01:39:25 (6)	02:01:56 (3)	01:02:56 (7)
6	336	Dori Robertson	Chataroy	03:10:43	00:33:25 (7)	01:50:21 (8)	02:23:47 (8)	00:46:56 (1)
7	340	Molly May	Spokane	03:21:01	00:32:15 (5)	01:48:01 (7)	02:20:17 (7)	01:00:43 (5)
8	343	Virginia Knight	Spokane	04:21:44	00:40:51 (9)	01:51:50 (9)	02:32:42 (9)	01:49:01 (9)
9	787	Sherry Cummings	Rathdrum	04:22:09	00:45:00 (10)	02:23:26 (10)	03:08:26 (10)	01:13:43 (8)
	250	Amy Mazur	Moscow		DNF	00:25:20 (2)	01:39:19 (5)	02:04:40 (5)
Long Course Female 45-49								
1	750	Cathy Armacost	Liberty Lake	02:54:07	00:28:26 (1)	01:27:15 (1)	01:55:42 (1)	00:58:24 (3)
2	710	Lynn Olafson	Sandpoint	03:05:43	00:35:03 (3)	01:36:55 (3)	02:11:58 (3)	00:53:44 (1)
3	201	Vicky Smith	Veradale	03:09:06	00:33:41 (2)	01:30:51 (2)	02:04:32 (2)	01:04:33 (5)
4	754	Barbara Buchanan	Sandpoint	03:12:51	00:40:48 (5)	01:36:56 (4)	02:17:44 (4)	00:55:06 (2)
5	398	Cheryl Gamache	Post Falls	03:17:22	00:40:45 (4)	01:37:24 (5)	02:18:09 (5)	00:59:13 (4)
Long Course Female 55-59								
1	378	Suzanne Dills	Spokane	03:02:05	00:23:15 (1)	01:38:49 (1)	02:02:04 (1)	01:00:00 (1)
Long Course Female 60-64								
1	776	Sharlene Lundal	Spokane	03:15:07	00:30:58 (1)	01:42:14 (1)	02:13:13 (1)	01:01:54 (1)

Rank	Bib	Name	City	Time	Swim	Bike	Swim+Bike	Run
Long Course Male <=19								
1	312	Brian Nelson	Spokane	02:20:55	00:24:29 (1)	01:13:31 (1)	01:38:01 (1)	00:42:54 (3)
2	751	Adam Blalock	Spokane	02:30:56	00:27:43 (2)	01:21:40 (2)	01:49:23 (2)	00:41:32 (1)
3	327	Jeremy Ulmen	Spokane	02:38:49	00:32:36 (4)	01:23:21 (3)	01:55:57 (3)	00:42:52 (2)
4	706	Derek Andersen	Rathdrum	02:49:34	00:31:42 (3)	01:28:50 (4)	02:00:33 (4)	00:49:01 (4)
Long Course Male 20-24								
1	396	Cameron Chesnut	Post Falls	02:15:02	00:23:13 (1)	01:09:08 (2)	01:32:21 (1)	00:42:40 (1)
2	233	Will Kelsay	Boulder	02:25:37	00:31:07 (4)	01:08:53 (1)	01:40:01 (2)	00:45:36 (2)
3	765	Jeremy Powers	Spokane	02:44:22	00:25:16 (2)	01:18:23 (3)	01:43:40 (3)	01:00:41 (5)
4	275	Doug Welling	Moscow	02:45:38	00:28:20 (3)	01:23:19 (5)	01:51:39 (4)	00:53:59 (4)
5	232	Aaron Miller	Boulder	02:47:47	00:33:21 (5)	01:21:08 (4)	01:54:29 (5)	00:53:17 (3)
Long Course Male 25-29								
1	769	Brian Hadley	Coeur D'Alene	02:06:52	00:23:09 (3)	01:04:24 (2)	01:27:34 (1)	00:39:18 (3)
2	720	Jonathan Wirth	Belgrade	02:12:16	00:24:49 (4)	01:12:15 (3)	01:37:04 (3)	00:35:12 (1)
3	368	Greg Wirth	Helena	02:14:38	00:33:00 (7)	01:04:10 (1)	01:37:10 (4)	00:37:27 (2)
4	757	Trever Gray	Sandpoint	02:26:17	00:19:05 (1)	01:14:40 (4)	01:33:46 (2)	00:52:31 (6)
5	796	Michael Harris	Coeur d'Alene	02:30:10	00:23:05 (2)	01:22:55 (6)	01:46:00 (5)	00:44:10 (4)
6	245	Zach Hill	Spokane	02:40:29	00:27:48 (5)	01:24:11 (7)	01:52:00 (6)	00:48:29 (5)
7	719	Todd Folsom	Veradale	02:57:59	00:36:01 (8)	01:18:59 (5)	01:55:00 (7)	01:02:58 (9)
8	381	Ben VanGerpen	Spokane	03:03:18	00:32:04 (6)	01:31:03 (8)	02:03:08 (8)	01:00:10 (8)
9	360	Jason Hicks	Sagle	03:25:05	00:37:36 (9)	01:52:21 (9)	02:29:57 (9)	00:55:08 (7)
Long Course Male 30-34								
1	377	Roger Thompson	Nine Mile Fall	02:10:58	00:21:54 (1)	01:07:41 (2)	01:29:36 (1)	00:41:22 (1)
2	780	Matthew Sims	Nine Mile Falls	02:19:53	00:33:00 (6)	01:02:28 (1)	01:35:28 (2)	00:44:25 (3)
3	239	Michael Bergquist	Airway Heights	02:29:06	00:33:00 (6)	01:12:51 (3)	01:45:51 (3)	00:43:15 (2)
4	144	Dean McGovern		02:34:24	00:28:49 (4)	01:20:05 (4)	01:48:55 (4)	00:45:28 (4)
5	372	Dave Winegar	Cheney	02:55:43	00:30:38 (5)	01:29:31 (5)	02:00:09 (5)	00:55:33 (6)
6	290	Michael A Rhodes	Spokane	03:01:35	00:28:16 (2)	01:38:24 (7)	02:06:41 (7)	00:54:54 (5)
7	371	Eric LaFrance	Sammamish	03:15:47	00:28:33 (3)	01:31:47 (6)	02:00:20 (6)	01:15:26 (7)

Rank	Bib	Name	City	Time	Swim	Bike	Swim+Bike	Run
Long Course Male 35 -39								
1	774	Arne Michalson	Hayden Lake	02:13:04	00:22:28 (2)	01:09:34 (1)	01:32:03 (1)	00:41:01 (1)
2	313	Scott Ward	Spokane	02:18:56	00:25:31 (4)	01:10:07 (3)	01:35:38 (3)	00:43:18 (3)
3	294	Dan Elsom	Walla Walla	02:20:42	00:27:39 (8)	01:10:00 (2)	01:37:39 (4)	00:43:03 (2)
4	718	Rich Swoboda	Coeur d'Alene	02:23:50	00:19:46 (1)	01:15:17 (5)	01:35:04 (2)	00:48:45 (7)
5	273	Jeff Underwood	Spokane	02:24:36	00:23:01 (3)	01:15:14 (4)	01:38:15 (5)	00:46:20 (5)
6	756	Armando Gama	Missoula	02:34:44	00:26:36 (6)	01:19:58 (7)	01:46:34 (6)	00:48:09 (6)
7	799	Jay Bonnett	Spokane	02:37:48	00:32:06 (13)	01:20:50 (8)	01:52:57 (9)	00:44:51 (4)
8	255	Shawn Cannon	Spokane	02:38:57	00:29:51 (12)	01:19:45 (6)	01:49:37 (7)	00:49:20 (9)
9	281	Troy Vannucci	Pullman	02:46:13	00:28:01 (9)	01:24:54 (10)	01:52:56 (8)	00:53:17 (10)
10	254	Randy Absalonson	Spokane	02:48:18	00:27:32 (7)	01:26:52 (11)	01:54:24 (10)	00:53:54 (11)
11	759	John Bullet	Coeur d'Alene	02:49:21	00:35:55 (18)	01:24:26 (9)	02:00:22 (13)	00:48:59 (8)
12	752	Michael Grieshaber	Mead	02:55:41	00:28:04 (10)	01:27:50 (12)	01:55:55 (11)	00:59:46 (14)
13	252	Jared Kimball	Seattle	03:01:02	00:29:41 (11)	01:28:08 (13)	01:57:50 (12)	01:03:11 (17)
14	212	Mark Savarise	Sandpoint	03:03:42	00:26:25 (5)	01:38:42 (16)	02:05:07 (16)	00:58:34 (13)
15	249	Jerry Bush	Mukelteo	03:04:31	00:32:39 (15)	01:29:43 (14)	02:02:23 (14)	01:02:07 (16)
16	346	Brett Sweezy	Sagle	03:07:03	00:33:00 (17)	01:29:43 (15)	02:02:43 (15)	01:04:19 (18)
17	227	Dan Murphy	Spokane	03:15:57	00:37:14 (19)	01:40:40 (17)	02:17:55 (19)	00:58:02 (12)
18	712	Rob Newman	Coeur d'Alene	03:16:57	00:32:31 (14)	01:42:28 (19)	02:15:00 (18)	01:01:57 (15)
19	330	Richard Phillips	Spokane	03:35:48	00:32:54 (16)	01:41:57 (18)	02:14:51 (17)	01:20:57 (19)

Race Wizard© P.J Chernis
1996

8/1/2003 9:35:58 PM

PAGE 4 OF 16

Rank	Bib	Name	City	Time	Swim	Bike	Swim+Bike	Run
1	244	Charles Gallagher	Spokane	02:10:59	00:23:00 (6)	01:09:50 (4)	01:32:50 (4)	00:38:08 (1)
2	793	Scott Gaiser	Kalispell	02:11:53	00:23:02 (7)	01:10:07 (6)	01:33:09 (5)	00:38:43 (2)
3	324	Keith Hertel	Sagle	02:12:01	00:22:26 (3)	01:09:29 (3)	01:31:56 (2)	00:40:05 (3)
4	263	Tom Sherry	Newport	02:15:25	00:20:40 (1)	01:12:04 (8)	01:32:45 (3)	00:42:40 (5)
5	789	Don MacLane	Mercer Island	02:16:45	00:22:19 (2)	01:12:58 (9)	01:35:18 (6)	00:41:27 (4)
6	256	Greg Holmes	Draper	02:20:09	00:25:28 (10)	01:09:57 (5)	01:35:25 (7)	00:44:43 (7)
7	390	Cory Yost	Spokane	02:25:46	00:33:00 (20)	01:08:18 (2)	01:41:18 (9)	00:44:28 (6)
8	265	Kirk Wood-Gain	Spokane	02:26:10	00:23:52 (9)	01:16:45 (10)	01:40:38 (8)	00:45:32 (9)
9	319	David Hellenthal	Spokane	02:32:32	00:22:32 (4)	01:22:15 (12)	01:44:47 (11)	00:47:44 (10)
10	297	Rick Thompson	Spokane	02:36:14	00:26:15 (12)	01:21:28 (11)	01:47:44 (12)	00:48:29 (11)
11	397	Austin Haynes	Rathdrum	02:37:34	00:33:00 (20)	01:10:07 (7)	01:43:07 (10)	00:54:26 (17)
12	786	Tom Lamar	Moscow	02:40:41	00:22:51 (5)	01:26:37 (16)	01:49:28 (13)	00:51:13 (15)
13	747	Bruce Lamb	Seattle	02:44:04	00:33:33 (21)	01:25:30 (14)	01:59:03 (18)	00:45:00 (8)
14	373	Mark Burke	French Town	02:44:25	00:30:01 (15)	01:25:20 (13)	01:55:21 (16)	00:49:03 (13)
15	203	Thomas Simpson	Spokane	02:44:29	00:23:44 (8)	01:26:50 (17)	01:50:34 (14)	00:53:54 (16)
16	218	John Clutter	Coeur d'Alene	02:46:12	00:30:13 (16)	01:26:28 (15)	01:56:41 (17)	00:49:30 (14)
17	771	Dan Kaestner	Coeur d'Alene	02:57:08	00:35:07 (22)	01:33:12 (20)	02:08:20 (22)	00:48:48 (12)
18	235	Russ Oakley	Spokane	02:59:19	00:26:43 (13)	01:35:04 (21)	02:01:48 (19)	00:57:31 (18)
19	307	Kim Woodruff	Sandpoint	02:59:21	00:26:04 (11)	01:27:50 (18)	01:53:55 (15)	01:05:26 (20)
20	234	Louis Chavez	Bayview	03:11:22	00:35:52 (23)	01:31:40 (19)	02:07:33 (21)	01:03:49 (19)
21	335	Scott Ellig	Spokane	03:18:15	00:28:52 (14)	01:36:23 (22)	02:05:15 (20)	01:13:00 (22)
22	276	Robert Endebrock	Colbert	03:23:40	00:31:04 (18)	01:45:03 (23)	02:16:07 (23)	01:07:32 (21)
23	388	Brian Markham	Spokane	03:43:28	00:31:30 (19)	01:51:36 (24)	02:23:06 (24)	01:20:21 (23)
24	716	Marco Mattioni	Sagle	03:52:39	00:30:40 (17)	00:55:01 (1)	01:25:42 (1)	02:26:57 (24)

Rank	Bib	Name	City	Time	Swim	Bike	Swim+Bike	Run
Long Course Male 45 -49								
1	280	Joe Grigsby	Missoula	02:27:49	00:24:56 (4)	01:19:20 (2)	01:44:17 (3)	00:43:31 (1)
2	229	Holger Caban	Spokane	02:33:17	00:20:53 (1)	01:19:23 (3)	01:40:16 (1)	00:53:00 (6)
3	386	Scott Schneckloth	Clancy	02:33:37	00:23:06 (2)	01:21:08 (4)	01:44:15 (2)	00:49:21 (4)
4	317	Mark Finke	Spokane	02:33:43	00:25:14 (6)	01:23:15 (5)	01:48:29 (4)	00:45:13 (2)
5	321	Jerry Hill	Spokane	02:37:00	00:32:57 (12)	01:16:08 (1)	01:49:06 (5)	00:47:53 (3)
6	226	Joe Ruwitch	Canby	02:44:10	00:25:10 (5)	01:24:04 (6)	01:49:14 (6)	00:54:55 (8)
7	715	Mike McGinnis	Spokane	02:47:52	00:32:47 (11)	01:24:42 (7)	01:57:29 (9)	00:50:23 (5)
8	142	Rodney Wharton		02:48:59	00:23:23 (3)	01:29:55 (9)	01:53:18 (7)	00:55:40 (10)
9	775	Randy Bennett	Coeur D'Alene	03:00:59	00:32:45 (10)	01:33:53 (11)	02:06:38 (11)	00:54:20 (7)
10	795	Steve Holt	Fort Knolls	03:05:51	00:27:26 (7)	01:35:15 (12)	02:02:41 (10)	01:03:10 (14)
11	222	Peter Gillis	Sandpoint	03:07:53	00:36:58 (15)	01:32:35 (10)	02:09:33 (12)	00:58:19 (11)
12	363	Scott Hall	Sandpoint	03:11:12	00:33:19 (13)	01:42:23 (14)	02:15:43 (13)	00:55:29 (9)
13	209	Tom Groesbeck	Spokane	03:11:57	00:29:55 (8)	01:24:49 (8)	01:54:45 (8)	01:17:12 (15)
14	217	Gene O'Meara	Coeur d'Alene	03:16:55	00:41:03 (17)	01:36:45 (13)	02:17:49 (14)	00:59:06 (13)
15	225	Frank Espinoza	Spoknae	03:29:20	00:39:41 (16)	01:51:16 (16)	02:30:58 (16)	00:58:22 (12)
16	722	David Comes	Bozeman	03:47:00	00:30:16 (9)	01:49:03 (15)	02:19:19 (15)	01:27:40 (16)
	323	John Gray	Spokane			DNF	00:36:53 (14)	

Long Course Male 50 -54

1	348	Clark Richards	Spokane	02:43:20	00:32:44 (2)	01:24:57 (2)	01:57:41 (2)	00:45:38 (1)
2	366	Lars Smith	Walla Walla	02:45:34	00:33:43 (4)	01:20:51 (1)	01:54:34 (1)	00:51:00 (3)
3	723	Alam Broadway	Bozeman	02:55:29	00:25:00 (1)	01:36:55 (3)	02:01:56 (3)	00:53:33 (4)
4	271	Robert Wiggins	Moscow	03:01:19	00:33:03 (3)	01:41:36 (4)	02:14:39 (4)	00:46:39 (2)

Long Course Male 55 -59

1	334	Gordan Gray	Pasco	02:41:11	00:23:21 (1)	01:29:05 (2)	01:52:26 (1)	00:48:45 (1)
2	214	Richard Allen	Missoula	02:53:47	00:27:22 (2)	01:27:22 (1)	01:54:44 (2)	00:59:03 (4)
3	311	John Pierce	Post Falls	03:06:31	00:29:12 (3)	01:45:20 (6)	02:14:32 (6)	00:51:59 (2)
4	318	Jon Lewis	Sagle	03:09:07	00:32:41 (4)	01:36:48 (5)	02:09:29 (3)	00:59:37 (5)
5	208	Monk Kalemba	LaGrande	03:10:17	00:41:12 (6)	01:31:12 (3)	02:12:25 (5)	00:57:52 (3)
6	236	Allan Halowski	Okotoks	03:24:45	00:36:08 (5)	01:35:16 (4)	02:11:25 (4)	01:13:20 (6)

Rank	Bib	Name	City	Time	Swim	Bike	Swim+Bike	Run
Long Course Team by Gender								
Rank	Bib	Name	City	Time	Swim	Bike	Swim+Bike	Run
Long Course Women's Team								
1	288	Kalemba Kalemba -Kalemba	La Grande	02:39:53	00:32:47 (6)	01:18:45 (1)	01:51:32 (1)	00:48:20 (1)
2	734	Pennick Sanborn-Hume		02:47:17	00:27:44 (2)	01:23:53 (2)	01:51:37 (2)	00:55:39 (4)
3	728	Repp Lobb - Shelby		02:50:21	00:28:59 (3)	01:27:53 (3)	01:56:52 (3)	00:53:28 (3)
4	726	Mc Gowan Lutz - Carleton		02:56:21	00:32:42 (5)	01:31:19 (4)	02:04:02 (5)	00:52:19 (2)
5	741	Glines Taskila - Taskila		03:14:25	00:26:12 (1)	01:35:58 (5)	02:02:11 (4)	01:12:14 (6)
6	221	Roibal Armacost-Sother		03:39:11	00:29:09 (4)	02:10:03 (7)	02:39:12 (7)	00:59:58 (5)
7	753	Kyle Kresge - Bezecny		03:41:27	00:44:32 (7)	01:40:46 (6)	02:25:18 (6)	01:16:09 (7)
8	730	Bergstrand Delaney - Cady		04:26:21	00:55:51 (8)	02:11:52 (8)	03:07:44 (8)	01:18:37 (8)

Rank	Bib	Name	City	Time	Swim	Bike	Swim+Bike	Run
Long Course Men's Team								
1	355	Hinds Moore -Allen		02:13:50	00:22:20 (1)	01:10:27 (2)	01:32:47 (2)	00:41:02 (2)
2	352	Woodard Elliot-McPherson		02:14:36	00:23:48 (4)	01:08:02 (1)	01:31:50 (1)	00:42:46 (3)
3	353	Repp Bozich-Wichman		02:18:58	00:23:33 (3)	01:14:33 (3)	01:38:07 (3)	00:40:50 (1)
4	287	Starkey McFarland-Lewis		02:35:33	00:24:53 (5)	01:27:40 (4)	01:52:34 (4)	00:42:58 (4)
5	354	Leaf Thompson-Kuh	Spokane	02:39:14	00:23:03 (2)	01:30:46 (5)	01:53:50 (5)	00:45:23 (5)

Rank	Bib	Name	City	Time	Swim	Bike	Swim+Bike	Run
Long Course Family Team								
1	766	DeHart DeHart -DeHart		02:11:17	00:23:31 (1)	01:06:23 (1)	01:29:54 (1)	00:41:22 (1)
2	286	Lohstroh Lohstroh -Lohstroh		02:36:56	00:29:27 (2)	01:19:34 (2)	01:49:01 (2)	00:47:54 (2)

Rank	Bib	Name	City	Time	Swim	Bike	Swim+Bike	Run
Long Course Mixed Team 110 & Over (combined ages)								
Rank	Bib	Name	City	Time	Swim	Bike	Swim+Bike	Run
Long Course Team 110+								
1	289	Collar Simpson - Bryant		02:11:55	00:19:07 (1)	01:15:22 (2)	01:34:30 (1)	00:37:25 (1)
2	739	Smith Smith - Peckham		02:23:29	00:26:27 (4)	01:13:13 (1)	01:39:41 (2)	00:43:47 (5)
3	732	Otis Raockwell - Bensen		02:26:27	00:22:39 (3)	01:21:16 (4)	01:43:55 (3)	00:42:31 (4)
4	136	Barth Barth - Barret		02:37:39	00:33:00 (6)	01:22:44 (5)	01:55:44 (5)	00:41:54 (3)
5	755	Martin Zuberbuhler - Aranda		02:39:52	00:22:04 (2)	01:36:46 (7)	01:58:51 (6)	00:41:00 (2)
6	284	Gleason Olson-Gleason		02:44:35	00:28:30 (5)	01:19:31 (3)	01:48:01 (4)	00:56:33 (6)
7	785	O'Toole Schmidt - Pucci		03:05:32	00:35:34 (7)	01:32:19 (6)	02:07:53 (7)	00:57:38 (7)
8	772	Carlson Ball - Hintz		03:19:45	00:37:39 (8)	01:38:31 (8)	02:16:10 (8)	01:03:34 (8)

Long Course Mixed Team Under 110 (combined ages)

Rank	Bib	Name	City	Time	Swim	Bike	Swim+Bike	Run
Long Course Team <110								
1	729	Petersen Cranc - Walker		02:44:48	00:31:17 (1)	01:21:45 (1)	01:53:02 (1)	00:51:45 (1)
2	356	Cadnum Herdman-Flannigan		02:53:01	00:33:00 (2)	01:25:28 (2)	01:58:28 (2)	00:54:33 (3)
3	364	Piel McGregor - Simko		02:58:31	00:33:18 (3)	01:30:56 (3)	02:04:14 (3)	00:54:17 (2)

Race Wizard© P.J Chernis
1996

8/1/2003 9:35:59 PM

PAGE 8 OF 16

Rank	Bib	Name	City	Time	Swim	Bike	Swim+Bike	Run
Mtn. Bike Individuals								
Rank	Bib	Name	City	Time	Swim	Bike	Swim+Bike	Run
Short Course Female <=19								
1	349	Danya Rumore	Sagle	01:16:03	00:08:07 (5)	00:48:27 (2)	00:56:35 (2)	00:19:28 (2)
2	767	Mara Abbott	Boulder	01:17:48	00:06:04 (2)	00:43:39 (1)	00:49:44 (1)	00:28:04 (5)
3	382	Allie Brosh	Sagle	01:20:30	00:08:34 (6)	00:52:37 (3)	01:01:12 (3)	00:19:18 (1)
4	705	Meadow Braden	Bonnors Ferry	01:31:15	00:05:15 (1)	01:01:59 (4)	01:07:14 (4)	00:24:00 (3)
5	707	Johanna Faarrell	Bonnors Ferry	01:49:34	00:11:00 (8)	01:10:45 (6)	01:21:45 (7)	00:27:49 (4)
6	139	Christine Mabile	Post Falls	01:51:35	00:06:09 (3)	01:12:59 (7)	01:19:08 (6)	00:32:27 (6)
7	145	Katrina Finley	Post Falls	01:52:09	00:06:28 (4)	01:10:05 (5)	01:16:34 (5)	00:35:35 (8)
8	320	Megan Gumke	Colbert	02:02:52	00:08:55 (7)	01:19:06 (8)	01:28:02 (8)	00:34:50 (7)
Short Course Female 20-24								
1	746	Sara Haagenon	Missoula	01:16:38	00:10:09 (4)	00:45:30 (1)	00:55:39 (1)	00:20:59 (1)
2	370	Emily Reid	Bozeman	01:28:24	00:09:47 (3)	00:54:57 (2)	01:04:45 (2)	00:23:39 (2)
3	359	Rebecca Maixner	Sandpoint	01:31:28	00:09:15 (1)	00:56:46 (3)	01:06:01 (3)	00:25:26 (3)
4	303	Dana Libbey	McMinnville	01:57:52	00:09:21 (2)	01:11:07 (5)	01:20:28 (4)	00:37:23 (5)
5	302	Sara Williams	McMinnville	01:57:52	00:10:46 (5)	01:10:05 (4)	01:20:52 (5)	00:37:00 (4)
Short Course Female 25-29								
1	204	Francine Smith	Sagle	01:25:57	00:08:09 (1)	00:52:04 (2)	01:00:13 (1)	00:25:44 (1)
2	784	Lizzy Hughes	Sandpoint	01:28:31	00:08:27 (3)	00:53:31 (3)	01:01:58 (2)	00:26:33 (2)
3	238	Hilary Strauch	Sagle	01:32:32	00:08:16 (2)	00:57:24 (5)	01:05:41 (4)	00:26:50 (3)
4	764	Sherry Jackson	Cranbrook	01:35:30	00:11:00 (8)	00:51:24 (1)	01:02:24 (3)	00:33:05 (9)
5	711	Demarie Glazier	Laclede	01:40:10	00:11:14 (10)	00:56:13 (4)	01:07:28 (5)	00:32:42 (7)
6	243	Paula Fulgham	Liberty Lake	01:41:26	00:11:07 (9)	00:59:47 (6)	01:10:54 (7)	00:30:31 (4)
7	296	Kassandra Griffin	Portland	01:43:44	00:09:12 (4)	01:01:29 (7)	01:10:42 (6)	00:33:02 (8)
8	384	Ruby Siegel	Spokane	01:44:23	00:11:00 (8)	01:02:00 (8)	01:13:00 (8)	00:31:23 (5)
9	237	Juli Russell	Sagle	01:48:05	00:09:36 (5)	01:03:44 (9)	01:13:20 (9)	00:34:45 (10)
10	361	Jill Hicks	Sagle	01:57:33	00:09:54 (6)	01:15:06 (10)	01:25:01 (10)	00:32:31 (6)
11	279	Sabina Milbrath	Post Falls	02:10:50	00:10:58 (7)	01:20:52 (11)	01:31:50 (11)	00:38:59 (11)

Rank	Bib	Name	City	Time	Swim	Bike	Swim+Bike	Run
Short Course Female 30-34								
1	248	Beth Clements	Spokane	01:27:53	00:09:13 (1)	00:52:16 (1)	01:01:30 (1)	00:26:23 (2)
2	316	Amy Robertson	Sandpoint	01:38:05	00:09:52 (2)	00:57:13 (3)	01:07:05 (2)	00:30:59 (6)
3	762	Brandy Richey	Spokane	01:38:47	00:10:51 (4)	00:59:08 (4)	01:09:59 (4)	00:28:47 (3)
4	395	James Eberle	Sandpoint	01:39:24	00:11:27 (7)	00:57:00 (2)	01:08:27 (3)	00:30:56 (5)
5	763	Liza Mazur	Cranbrook	01:46:10	00:11:50 (9)	01:03:05 (5)	01:14:56 (5)	00:31:14 (7)
6	770	Reidun Johnston	Missoula	01:46:12	00:11:38 (8)	01:24:51 (10)	01:36:30 (10)	00:09:42 (1)
7	267	Kim Sarat	Spokane	01:51:21	00:11:00 (5)	01:07:57 (7)	01:18:57 (7)	00:32:23 (8)
8	266	Renee Sentz	Yakima	01:55:35	00:13:47 (10)	01:10:57 (8)	01:24:45 (8)	00:30:49 (4)
9	768	Mark Pam	Sagle	01:57:24	00:10:17 (3)	01:14:40 (9)	01:24:58 (9)	00:32:26 (9)
10	345	Rose Preston	Sandpoint	02:00:16	00:11:06 (6)	01:05:54 (6)	01:17:00 (6)	00:43:16 (10)
Short Course Female 35-39								
1	261	Mia Bertagnolli	Spokane	01:26:32	00:11:00 (3)	00:51:36 (1)	01:02:36 (1)	00:23:56 (1)
2	133	Kathy Shipp	Spokane	01:32:43	00:12:05 (4)	00:53:33 (2)	01:05:39 (2)	00:27:03 (2)
3	724	Kathleen Herzog	Spokane	01:36:44	00:10:03 (2)	00:56:14 (3)	01:06:17 (3)	00:30:26 (5)
4	270	Bridget Luby	Spokane	01:41:25	00:08:25 (1)	01:03:30 (4)	01:11:56 (4)	00:29:28 (4)
5	342	Mischelle Fulgham	Post Falls	01:50:04	00:12:25 (5)	01:09:12 (5)	01:21:38 (5)	00:28:26 (3)
6	141	Lisa Blaese	Sandpoint	02:10:48	00:13:13 (6)	01:21:51 (6)	01:35:04 (6)	00:35:43 (6)
Short Course Female 40-44								
1	367	Dawn Ahlert	Bozeman	01:53:49	00:11:33 (2)	01:06:17 (1)	01:17:50 (1)	00:35:58 (1)
2	223	Linda Hassenauer	Enumclaw	01:57:14	00:09:29 (1)	01:10:28 (2)	01:19:57 (2)	00:37:17 (2)
Short Course Female 45-49								
1	713	Catherine Murphy	Pullman	01:38:28	00:07:18 (1)	01:03:31 (1)	01:10:50 (1)	00:27:37 (1)
2	339	Sharon Underwood	Spokane	02:04:11	00:13:02 (2)	01:12:39 (2)	01:25:41 (2)	00:38:30 (2)
Short Course Female 50-54								
1	298	Judy Meyers	Sagle	02:29:48	00:12:16 (1)	01:35:53 (1)	01:48:10 (1)	00:41:38 (1)
Short Course Female 65-69								
1	748	Carol Hemus	Sagle	01:44:26	00:09:43 (1)	01:05:11 (1)	01:14:55 (1)	00:29:31 (1)

Rank	Bib	Name	City	Time	Swim	Bike	Swim+Bike	Run
Short Course Female >=70								
1	315	Annette Orton	Sandpoint	03:24:58	00:16:17 (1)	02:04:17 (1)	02:20:35 (1)	01:04:23 (1)
Short Course Male <=19								
1	745	Brendan Halpin	Whitefish	01:12:51	00:07:32 (2)	00:45:44 (3)	00:53:16 (3)	00:19:35 (1)
2	760	Kyle Duba	Veradale	01:15:16	00:08:51 (3)	00:44:18 (2)	00:53:10 (2)	00:22:06 (3)
3	135	Jordan Wahlin	Sandpoint	01:16:41	00:08:54 (4)	00:43:05 (1)	00:52:00 (1)	00:24:41 (5)
4	761	Bryan Blackburn		01:21:50	00:12:05 (7)	00:49:07 (5)	01:01:12 (6)	00:20:37 (2)
5	714	Lee France	Sandpoint	01:22:00	00:09:59 (6)	00:48:07 (4)	00:58:06 (5)	00:23:53 (4)
6	205	Todd Stoner	Sandpoint	01:22:58	00:05:50 (1)	00:51:03 (6)	00:56:54 (4)	00:26:04 (6)
7	295	Darrick Thompson	Spokane	01:41:25	00:09:00 (5)	01:05:38 (7)	01:14:38 (7)	00:26:46 (7)
8	338	Charlie Stangle	Spokane	01:56:10	00:14:57 (8)	01:11:34 (8)	01:26:32 (8)	00:29:38 (8)
Short Course Male 20-24								
1	379	Jeff Collins	Lewiston	01:12:26	00:06:50 (2)	00:50:09 (2)	00:57:00 (2)	00:15:26 (1)
2	783	Jeff Smith	Sandpoint	01:12:26	00:06:47 (1)	00:42:51 (1)	00:49:39 (1)	00:22:47 (3)
3	394	Kris Overhauser	Spokane	01:28:41	00:07:21 (3)	01:01:18 (3)	01:08:40 (3)	00:20:01 (2)
Short Course Male 25-29								
1	391	Jamey Yanik	Sandpoint	01:02:15	00:07:12 (1)	00:33:29 (1)	00:40:42 (1)	00:21:33 (1)
2	389	Shane Maixner	Missoula	01:16:34	00:08:18 (3)	00:45:38 (2)	00:53:56 (2)	00:22:37 (3)
3	709	Josh Lubig	Priest River	01:27:45	00:09:42 (6)	00:51:57 (4)	01:01:40 (4)	00:26:05 (4)
4	701	Daniel Kratz	Sandpoint	01:29:04	00:08:02 (2)	00:53:20 (5)	01:01:23 (3)	00:27:41 (8)
5	310	John Scott	Spokane	01:29:55	00:08:30 (4)	00:54:18 (6)	01:02:48 (5)	00:27:07 (5)
6	792	Dave Clancey	Hayden	01:30:43	00:09:53 (7)	00:58:54 (7)	01:08:48 (7)	00:21:55 (2)
7	247	Doug Stiles	Liberty Lake	01:31:44	00:12:29 (8)	00:51:50 (3)	01:04:20 (6)	00:27:23 (7)
8	329	Brian Keltz	Post Falls	01:37:29	00:08:56 (5)	01:01:18 (8)	01:10:14 (8)	00:27:14 (6)

Rank	Bib	Name	City	Time	Swim	Bike	Swim+Bike	Run
Short Course Male 30-34								
1	292	Lien David	Sandpoint	01:11:49	00:06:05 (1)	00:44:15 (2)	00:50:20 (1)	00:21:28 (2)
2	325	David Lawless	Liberty Lake	01:13:33	00:07:35 (5)	00:43:01 (1)	00:50:36 (2)	00:22:57 (3)
3	392	Jake Strohmeier	Rathdrum	01:20:28	00:07:23 (3)	00:47:51 (5)	00:55:14 (4)	00:25:13 (5)
4	782	Sean Policani	Spokane	01:22:05	00:09:57 (12)	00:46:15 (4)	00:56:12 (5)	00:25:52 (7)
5	369	Jason Delmue	Bozeman	01:22:07	00:07:52 (8)	00:49:59 (7)	00:57:51 (7)	00:24:16 (4)
6	228	Jason Evens	Moscow	01:22:19	00:06:58 (2)	00:49:18 (6)	00:56:16 (6)	00:26:02 (8)
7	387	William Smith	Okanogan	01:23:01	00:09:30 (11)	00:52:28 (8)	01:01:58 (9)	00:21:03 (1)
8	740	Grey Hecht	Sandpoint	01:24:32	00:07:58 (10)	00:45:23 (3)	00:53:22 (3)	00:31:10 (9)
9	272	Greg McCunn	Spokane	01:26:05	00:07:38 (6)	00:53:09 (9)	01:00:48 (8)	00:25:17 (6)
10	293	John Gentry	Post Falls	01:41:17	00:07:53 (9)	00:59:41 (10)	01:07:35 (10)	00:33:42 (11)
11	383	Rich Wells	Liberty lake	01:43:14	00:07:30 (4)	01:03:46 (12)	01:11:16 (12)	00:31:58 (10)
12	380	Rip Horsey	Spokane	01:50:14	00:07:46 (7)	01:02:58 (11)	01:10:45 (11)	00:39:28 (12)

Short Course Male 35-39

1	260	Thomas Hurst	Spokane	01:18:02	00:08:13 (2)	00:47:20 (4)	00:55:34 (2)	00:22:28 (1)
2	791	Tony Policani	Greenacres	01:19:51	00:09:17 (5)	00:45:41 (2)	00:54:58 (1)	00:24:52 (5)
3	725	Rich Sherwood	Otis Orchards	01:20:41	00:15:09 (11)	00:41:43 (1)	00:56:53 (3)	00:23:48 (2)
4	347	Jerry Russell	Bainbridge Isla	01:22:06	00:10:59 (10)	00:46:35 (3)	00:57:34 (4)	00:24:31 (3)
5	788	Steve Lunde	Sandpoint	01:24:01	00:09:20 (6)	00:49:53 (6)	00:59:13 (5)	00:24:48 (4)
6	704	James Mark	Sandpoint	01:27:28	00:09:44 (7)	00:49:32 (5)	00:59:17 (6)	00:28:11 (9)
7	331	Dave Fowler	Post Falls	01:28:47	00:08:15 (3)	00:55:28 (9)	01:03:44 (9)	00:25:03 (6)
8	374	Jim Powers	Spokane	01:29:15	00:10:29 (9)	00:53:12 (7)	01:03:42 (8)	00:25:32 (7)
9	304	Matt Awbrey	Cheney	01:29:32	00:07:44 (1)	00:53:55 (8)	01:01:40 (7)	00:27:52 (8)
10	277	Kelly Milbrath	Post Falls	01:35:20	00:09:46 (8)	00:55:44 (10)	01:05:30 (10)	00:29:49 (10)
11	140	Don Blaese	Sandpoint	01:38:20	00:08:25 (4)	00:57:55 (11)	01:06:20 (11)	00:31:59 (11)

Rank	Bib	Name	City	Time	Swim	Bike	Swim+Bike	Run
Short Course Male 40-44								
1	211	John Hays	Veradale	01:16:39	00:06:14 (1)	00:48:17 (1)	00:54:31 (1)	00:22:07 (1)
2	798	Jeff Lee	Oakland	01:24:35	00:07:15 (2)	00:53:00 (4)	01:00:16 (2)	00:24:19 (2)
3	224	Tom Hassenauer	Enumclaw	01:30:35	00:12:28 (6)	00:52:33 (3)	01:05:01 (4)	00:25:34 (3)
4	240	John Bertagnoli	Spokane	01:34:27	00:09:38 (5)	00:51:47 (2)	01:01:25 (3)	00:33:01 (6)
4	241	Tim Wagner	Colbert	01:34:27	00:09:01 (4)	00:56:56 (5)	01:05:57 (5)	00:28:29 (4)
6	242	Brett Lyndaker	Sandpoint	01:40:22	00:08:07 (3)	00:59:42 (6)	01:07:49 (6)	00:32:33 (5)

Short Course Male 45-49

1	213	Jamie Emmer	Hope	01:18:36	00:07:56 (1)	00:45:42 (1)	00:53:38 (1)	00:24:57 (1)
2	362	Paul Weid	Sandpoint	01:24:36	00:08:35 (2)	00:48:18 (2)	00:56:54 (2)	00:27:42 (2)
3	322	Rick Price	Sagle	01:26:39	00:09:15 (3)	00:49:36 (3)	00:58:52 (3)	00:27:47 (3)
4	727	Dave Fienhold	Sandpoint	01:36:06	00:13:00 (5)	00:51:38 (4)	01:04:38 (4)	00:31:27 (6)
5	332	Shannon May	Truckee	01:37:52	00:10:56 (4)	00:56:58 (5)	01:07:55 (5)	00:29:57 (4)
6	344	Matthew Mayo	Post Falls	02:03:39	00:16:27 (6)	01:15:56 (6)	01:32:24 (6)	00:31:15 (5)

Short Course Male 50-54

1	262	Randell Lanfell	Hayden	01:38:24	00:09:09 (1)	01:00:34 (1)	01:09:44 (1)	00:28:40 (1)
---	-----	-----------------	--------	----------	--------------	--------------	--------------	--------------

Short Course Male 55-59

1	779	John Goldman	Spokane	01:47:27	00:13:03 (1)	01:03:50 (1)	01:16:54 (1)	00:30:32 (1)
---	-----	--------------	---------	----------	--------------	--------------	--------------	--------------

Short Course Male 60-64

1	299	Kenneth Meyers	Sagle	02:05:30	00:18:48 (2)	01:13:24 (1)	01:32:12 (1)	00:33:17 (1)
	278	Dave Milbrath	Post Falls			DNF	00:12:26 (1)	

Short Course Male >=70

1	207	Henderson Cleaves	Hayden Lake	02:10:10	00:13:30 (1)	01:19:01 (1)	01:32:32 (1)	00:37:38 (1)
---	-----	-------------------	-------------	----------	--------------	--------------	--------------	--------------

Rank	Bib	Name	City	Time	Swim	Bike	Swim+Bike	Run
Mtn. Bike Team by Gender								
Rank	Bib	Name	City	Time	Swim	Bike	Swim+Bike	Run
Short Course Women's Team								
1	351	McCabe Schumaker-Phillips		01:30:39	00:08:36 (3)	00:58:30 (1)	01:07:07 (2)	00:23:31 (1)
2	737	Scrimsher Dunn - Gagnon		01:36:20	00:06:48 (2)	00:58:36 (2)	01:05:24 (1)	00:30:55 (3)
3	735	Skonord Quine - Grebe		01:44:10	00:05:19 (1)	01:11:13 (3)	01:16:33 (3)	00:27:37 (2)

Short Course Men's Team								
1	742	Wilson Oedewaldt- Veseculu		01:20:52	00:09:33 (1)	00:45:03 (1)	00:54:37 (1)	00:26:14 (2)
2	738	Thompson Wichman - Bozich		01:34:43	00:10:01 (2)	01:02:10 (2)	01:12:11 (2)	00:22:31 (1)

Mtn. Bike Family Team

Rank	Bib	Name	City	Time	Swim	Bike	Swim+Bike	Run
Short Course Family Team								
1	731	Klein Klein - Klein		01:15:08	00:09:10 (3)	00:44:58 (1)	00:54:08 (1)	00:20:59 (1)
2	283	Newton Devine-Newton		01:19:29	00:08:24 (2)	00:47:58 (2)	00:56:22 (2)	00:23:07 (3)
3	743	Sachmidt Smith - Schmidt		01:24:47	00:09:56 (5)	00:49:40 (3)	00:59:37 (3)	00:25:09 (4)
4	749	Strockis Strockis - Humus		01:32:03	00:11:17 (7)	00:55:04 (5)	01:06:22 (6)	00:25:40 (5)
5	309	Dye Dye-Dye		01:33:57	00:07:14 (1)	00:58:37 (6)	01:05:52 (5)	00:28:04 (6)
6	285	Schaffarzick Schaffarzick-Moss		01:34:40	00:09:46 (4)	00:51:36 (4)	01:01:23 (4)	00:33:16 (7)
7	736	Kennedy Kirpes - Overhauser		01:39:35	00:11:00 (6)	01:06:56 (7)	01:17:56 (7)	00:21:38 (2)

Mtn. Bike Mixed Team 110 & Over (combined ages)

Rank	Bib	Name	City	Time	Swim	Bike	Swim+Bike	Run
Short Course Team 110+								
1	357	Hurst Konek-Oak		01:12:33	00:09:43 (1)	00:38:24 (1)	00:48:08 (1)	00:24:25 (1)

Rank	Bib	Name	City	Time	Swim	Bike	Swim+Bike	Run
Mtn. Bike Mixed Team Under 110 (combined ages)								
Rank	Bib	Name	City	Time	Swim	Bike	Swim+Bike	Run
Short Course Team <110								
1	733	Herzer Longden - Yanik		01:25:53	00:07:26 (1)	00:49:41 (1)	00:57:08 (1)	00:28:45 (1)
2	797	Terzien Andrea - Thelin		01:43:23	00:10:39 (2)	01:02:19 (2)	01:12:59 (2)	00:30:24 (2)
<i>Race Wizard© P.J Chernis</i>				<i>8/1/2003 9:36:01 PM</i>				<i>PAGE 15 OF 16</i>
<i>1996</i>								

Lake to Forest 2003

Garfield Bay

Sunday, July 27, 2003

Chief of Competition: Missi Balison

Chief of Course: Missi Balison

Technical Delegate: Missi Balison

Jury: Don Helander SWAC

Jackie Gillis Advance PT

8/1/2003 9:36:01 PM