

## Overall Winners - Lake to Forest 2003 - 7/27/2003

### Long Course Individuals

#### Female:

1	Maria Berger (Long Course Female 25-29)	02:34:45
2	Allison DeLong (Long Course Female 35 -39)	02:39:30
3	Teresa A Watson (Long Course Female 20-24)	02:52:33

#### Male:

1	Brian Hadley (Long Course Male 25-29)	02:06:52
2	Roger Thompson (Long Course Male 30-34)	02:10:58
3	Charles Gallagher (Long Course Male 40-44)	02:10:59

### Long Course Team by Gender

#### Female:

1	Kalemba Kalemba -Kalemba (Long Course Women's Team)	Sisters K	02:39:53
2	Pennick Sanborn-Hume (Long Course Women's Team)	Smokin' Humes	02:47:17
3	Repp Lobb - Shelby (Long Course Women's Team)	Sporty Fortys	02:50:21

#### Male:

1	Hinds Moore -Allen (Long Course Men's Team)	Ancient Ones	02:13:50
2	Woodard Elliot -McPherson (Long Course Men's Team)	Forward Motion	02:14:36
3	Repp Bozich-Wichman (Long Course Men's Team)	Out of Hope	02:18:58

### Long Course Family Team

#### Male:

1	DeHart DeHart-DeHart (Long Course Family Team)	DeHart & Sole	02:11:17
2	Lohstroh Lohstroh -Lohstroh (Long Course Family Team)		02:36:56

### Long Course Mixed Team 110 & Over (combined ages)

#### Male:

1	Collar Simpson-Bryant (Long Course Team 110+)		02:11:55
2	Smith Smith - Peckham (Long Course Team 110+)	Sneak Attack	02:23:29
3	Otis Raockwell - Bensen (Long Course Team 110+)	Team Otis	02:26:27

### Long Course Mixed Team Under 110 (combined ages)

#### Male:

1	Petersen Cranc - Walker (Long Course Team <110)	Silver Valley Ve	02:44:48
2	Cadnum Herdman-Flannigan (Long Course Team <110)	All Jimmied up	02:53:01
3	Piel McGregor - Simko (Long Course Team <110)	A guy, a gal &	02:58:31

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### Mtn. Bike Individuals

#### Female:

1	Danya Rumore (Short Course Female <=19)		01:16:03
2	Sara Haagenson (Short Course Female 20-24)		01:16:38
3	Mara Abbott (Short Course Female <=19)		01:17:48

#### Male:

1	Jamey Yanik (Short Course Male 25-29)		01:02:15
2	Lien David (Short Course Male 30-34)		01:11:49
3	Jeff Collins (Short Course Male 20-24)		01:12:26

### Mtn. Bike Team by Gender

#### Female:

1	McCabe Schumaker-Phillips (Short Course Women's Team)	Comets	01:30:39
2	Scrimsher Dunn - Gagnon (Short Course Women's Team)		01:36:20
3	Skonord Quine - Grebe (Short Course Women's Team)	Nothing to Lose	01:44:10

#### Male:

1	Wilson Oedewaldt -Veseculu (Short Course Men's Team)	The DW Creekers	01:20:52
2	Thompson Wichman - Bozich (Short Course Men's Team)	Young Hope	01:34:43

### Mtn. Bike Family Team

#### Male:

1	Klein Klein - Klein (Short Course Family Team)	Klein X3	01:15:08
2	Newton Devine-Newton (Short Course Family Team)	Irish Intensity	01:19:29
3	Sachmidt Smith - Schmidt (Short Course Family Team)	Schmittys Smiths	01:24:47

### Mtn. Bike Mixed Team 110 & Over (combined ages)

#### Male:

1	Hurst Konek-Oak (Short Course Team 110+)	Coldwater Creek	01:12:33
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### Mtn. Bike Mixed Team Under 110 (combined ages)

#### Male:

1	Herzer Longden - Yanik (Short Course Team <110)		01:25:53
2	Terzian Andrea - Thelin (Short Course Team <110)	Inspiration	01:43:23